

THE CORNERSTONE
OF CLINICAL CARE:
Mind, Body & Soul

**20
24**
**IMPACT
REPORT**





Home Base is shifting our focus to include HealthSpan, allowing us to continue healing invisible wounds while addressing exposures like toxic environments and physical injuries. By integrating cancer and cardiovascular screenings, we aim to better assess risk and detect issues early. We also recognize that identifying unseen trauma is crucial to their overall health and well-being, and we are committed to providing this life saving care and support they have earned and deserve. We sincerely thank all of our partners including Suffolk and Wounded Warrior Project for providing the support, vision and expertise to take this from a concept and turn into a meaningful space to heal our Heroes.

- Retired Brigadier General Jack Hammond
Executive Director, Home Base



Helping Heroes Heal

Home Base is a not-for-profit National Center of Excellence dedicated to healing the invisible wounds of war for Veterans, Service Members, their Families, and Families of the Fallen. Thanks to a Grateful Nation, these brave Heroes and their Families have access to 21st century technology and nationally renowned clinicians who provide world class clinical care, wellness, training, and research, all at no out-of-pocket cost, regardless of service era or discharge status.

Home Base Programs

DIRECT CLINICAL CARE FOR SERVICE MEMBERS, VETERANS, FAMILIES & FAMILIES OF THE FALLEN

Providing timely, quality, and compassionate clinical care is one of the most critical components of healing the invisible wounds. Home Base has developed three clinical models to serve Veterans and Families who live around the globe:

NATIONAL INTENSIVE CLINICAL PROGRAM (ICP)

This first-of-its-kind 2-week ICP compresses 2 years of mental health, brain injury, and/or substance use treatment into a 2-week program. A special iteration for Families of the Fallen is also offered to those who have experienced the suicide of their loved Veteran. In 2023 Home Base added a number of specialty cohorts for underserved Veterans, such as Native American and Women Veterans, who often lack access to care.

NATIONAL SPECIAL OPERATIONS CLINIC

The Comprehensive Brain Health and Trauma (ComBHaT) Program provides coordinated, integrated, multi-disciplinary specialist evaluation, treatment, and care coordination for Special Operations Service Members and Veterans across the country.

REGIONAL OUTPATIENT CLINICAL CARE

With clinics located in Massachusetts, Florida, and soon to be in Arizona, Home Base provides advanced in-person and telehealth care to Veterans, Service Members, and their Families in their local communities.

WARRIOR HEALTH & FITNESS

Warrior Health & Fitness is designed to improve physical health and well-being through supervised exercise, nutrition, mind-body medicine, stress management, and sleep. Combined with a Veteran & Family Adventure Series that hosts our Military community through skiing, museum visits, apple picking, and more, the wellness mission recognizes the holistic importance of healing.

TRAINING IN UNDER-RESOURCED COMMUNITIES

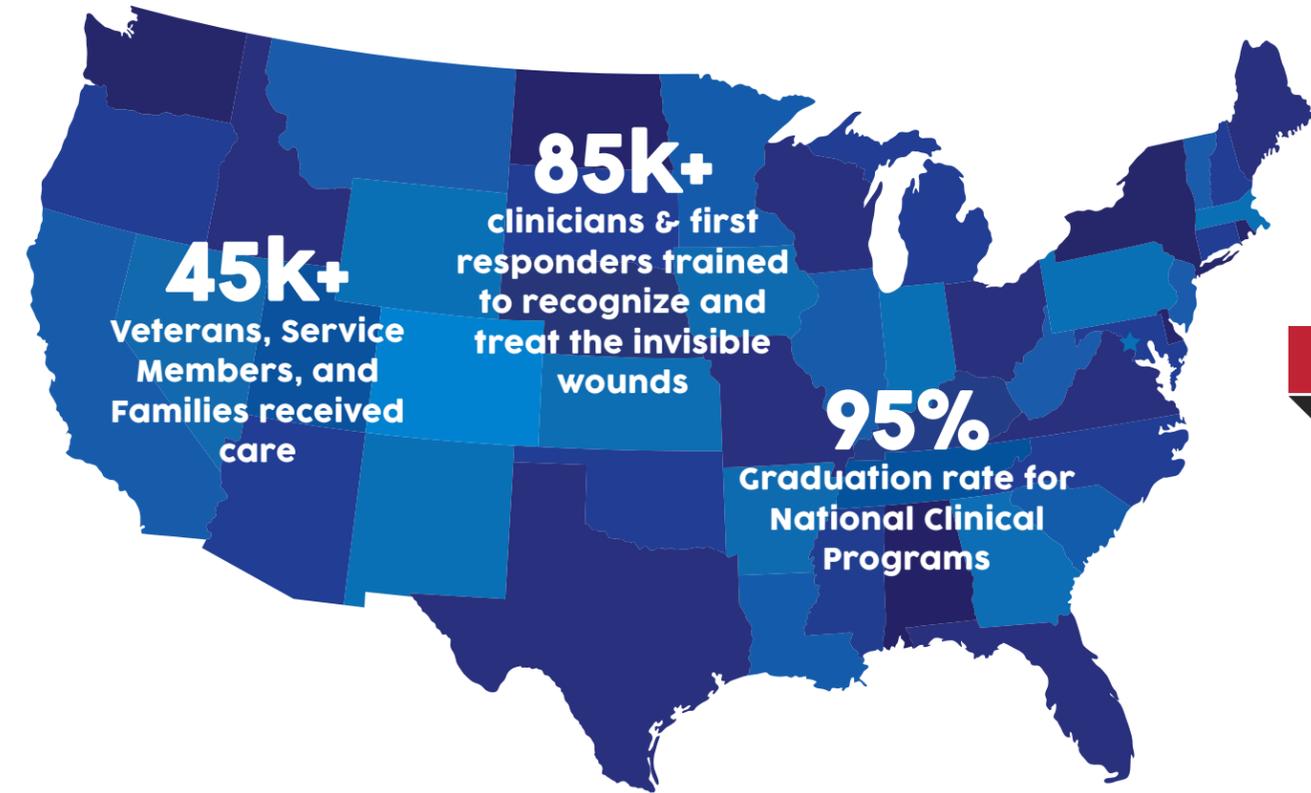
The Home Base Training Institute has educated over 85,000 clinicians and first responders to recognize and treat the invisible wounds of war. This training propels strategic partnerships to address care in under-resourced community health centers caring for our Veterans of Color and a new initiative with Native American Veterans.

INNOVATION & FINDING NEW TREATMENTS

Through leveraging 21st century technology to discover new treatments in healing the invisible wounds of war, Home Base harnesses the scientific community of Mass General Brigham, Harvard, and other national partners to find the most innovative solutions of tomorrow.

AWARENESS

The Home Base Nation Podcast reaches audiences across the country and features personal stories and topics that have an important impact on our Veteran, Military, and patriotic communities. Highlighted guests include Jake Tapper, Spike Lee, David "Big Papi" Ortiz, Sebastian Junger, and topics include things like art therapy, psychedelics research, and the USS Intrepid with Prince Harry.



HELP OUR HEROES

Since 2009, Home Base has served over 45,000 of the most injured U.S. Veterans and Service Members, and their Families. Our reach spans across all 50 states, 5 territories, and 13 countries.

20

Veteran suicides per day

150k

Suicides since 9.11

20%

Increase in Military suicides since 2020

93%

of Veterans would recommend Home Base to a fellow Veteran

Letters From Leadership

2024 marked a defining inflection point for Home Base.

After caring for more than 700 Special Operators, we identified a critical operational gap: traditional, diagnosis-driven models of care were failing to address the cumulative, systemic toll of blast exposure, repeated head trauma, psychological stress, toxic environments, and relentless operational tempo. The consequence was predictable and preventable—progressive cognitive, cardiovascular, and musculoskeletal decline, with escalating downstream risk.

In response, Home Base made a decisive shift to a HealthSpan-based model of care, launching the Nation's first fully integrated traumatic brain injury and polytrauma program purpose-built for Special Operations Forces—and scalable to all Service Members and Veterans. This system delivers coordinated, evidence-based care through advanced diagnostics, integrated specialty treatment, and continuous outcomes tracking—designed to restore function, preserve readiness, and reduce the risk of suicide, early cognitive decline, and chronic disease.

Built on clinical insights derived from the evaluation and care of more than 3,000 NFL players with repetitive concussive injury, this work represents not incremental improvement, but a fundamental reimagining of how we care for those who have borne the heaviest burden of service.

Sincerely,



Retired Brigadier General Jack Hammond
Executive Director, Home Base

Home Base exists because of the determination of those who believe that our Veterans, Service Members, and their Families deserve the very best care—care that heals, restores, and saves lives. In 2024, supporters from across the country enabled Home Base to bring that promise closer to home, expanding access to world-class clinical services, establishing programs in new states, and removing barriers for those who have already given so much in service to our nation.

Through strategic partnerships made possible by a grateful nation, Home Base broadened its reach and deepened its impact across the country. This year, Home Base proudly announced new efforts in Tampa and Pensacola, Florida and Phoenix, Arizona. We merged with the Massachusetts Military Heroes Fund (MMHF) into Home Base thus strengthening our ability to walk alongside Families of the Fallen to ensure they receive compassionate, sustained support after unimaginable loss. And with our partners at the University of Massachusetts Lowell, we extended Veteran care services directly onto campus—meeting Veterans where they live, study, and build their futures.

Generous private support also advanced preventive and life-saving care. A transformative gift from John Hancock provided cancer screening kits now integrated into care for select at-risk Veterans and Service Members in our Special Operations clinical programs—allowing earlier detection, faster intervention, and better long-term outcomes.

On the federal level, Home Base was invited to provide expert testimony to the Senate Armed Services Committee to discuss effective approaches to blast overpressure and brain health overall. Our senior clinical experts were also in the process of discovering new treatments for PTSD through a rigorous scientific approach.

And finally, our enduring strong partnership with Wounded Warrior Project and the Warrior Care Network continues to transform lives. This collective work was recognized with the International Award for Clinical Excellence in Mental Health Care—a testament to what is possible when generosity and innovation come together.

Every advancement this year reflects the power of partnership and a grateful nation. Home Base is profoundly thankful to the individuals, organizations and local, state and federal leaders who stand with us in this mission. Because of you, state-of-the-art, life-saving care is not only available—it is accessible, enduring, and growing.

Their Mission is Complete.

Ours—made possible by your support—has Just Begun.

Sincerely,



Michael Allard
Chief Operating Officer, Home Base

Features

Harvard Institute of Politics Hosts Panel Featuring Home Base Executive Director, Brigadier General (ret.) Jack Hammond

The event, titled [“Stranger At Home: Finding Policy Solutions to End the Mental Health Crisis in the United States Armed Forces”](#), took place on April 17, 2024 at the JFK Jr. Forum at Harvard University’s Kennedy School. The timely conversation focused on the mental health crisis in the United States Military, and the concrete steps that can be taken to address it. The discussion was centered around the documentary “Stranger At Home,” which aired nationally on PBS. The film follows the story of three Veterans and their unified message of the urgent need for mental healthcare reform.

PANELISTS INCLUDED:



Jack Hammond
Brigadier General (U.S. Army, Retired), Executive Director, Home Base



Rosalind Atkins Green
Army veteran and Wounded Warriors Project representative



Dr. Jack Brooks
Women’s Trauma Recovery Team at VA Boston



Dana Helen Born (Moderator)
Lecturer in Public Policy, Faculty Chair, Senior Executive Fellows Program, and Faculty Advisor for the Black Family Graduate Fellowship, Brigadier General (US Air Force, Retired)



Beth Dolan (Moderator)
Producer and Director of “Stranger At Home” documentary



We are incredibly proud to have partnered with General Hammond and Home Base on a project that will have such an enormous impact on military Veterans in need. We owe our freedom and quality of life to these wounded warriors and heroes, so it has been a distinct honor and privilege to be associated with the Home Base team that cares deeply about the wellbeing and future of our Veterans who have sacrificed so much for all of us.

- **John Fish**
Chairman and Chief Executive Officer, Suffolk



Features

Senator Warren Hosts Forum with Spaulding Rehabilitation and Home Base to Spotlight Blast Overpressure Injuries

As part of ongoing efforts to highlight the critical need to advance the care and research of traumatic brain injuries and possible connections to overpressure blast injuries, Senator Elizabeth Warren (D-Mass.) hosted a forum at Spaulding Rehabilitation Hospital in Charlestown in collaboration with Home Base.

The public forum welcomed from the Department of Defense Kathy Lee, Director of Warfighter Brain Health Policy; Dr. David Smith, Deputy Assistant Secretary of Defense for Health Readiness Policy and Oversight; Dr. Ross Zafonte, President of Spaulding Rehabilitation and Chief of Traumatic Brain Injury; and Health & Wellness for Home Base and Veteran with 22 years in the U.S. Army and Home Base participant Dennis Hernandez.

Blast overpressure injuries and the connection to traumatic brain injury in the military and Veterans have shown a strong correlation in recent studies. The injuries caused by blast waves through the body from armaments and other means can be devastating. However, many of the longer-term impacts including co-morbidities related to mental health, cancers, Parkinson's and other chronic diseases is still not fully understood, limiting the care options available.



[CLICK FOR ARTICLE](#)

“The consequences of blast exposure have been devastating: suicide, depression, seizures, and more,” said Senator Warren. “Congress has an obligation to use every tool we have to give Service Members the care they deserve and continue to study the long-term effects of exposure to blast overpressure.”

The ongoing research building on understanding of blast waves and impacts in the military has been growing, however significant gaps still exist on the longitudinal understanding. There is also a need to understand the impact of repetitive exposure.

Dr. Zafonte shared with the forum, “While we cannot change our Service Members prior brain injury and bodily exposures, we have an opportunity to affect change and improve long-term brain and body health by identifying risk factors and creating methods to improve health outcomes. We need to treat and prevent what we can now, while innovating further to create more impactful mitigation measures for our nation’s heroes. Thus, we need a comprehensive approach. We look forward to working with the Department of Defense to provide care to those already affected and most in need, while using the breadth and depth of the Mass General Brigham to build out research-based mitigation measures that the Department of Defense can use to support all Service Members.”

According to a July 2024 Department of Defense Report on Incidence of Military Suicides by Military Job Code, service members whose jobs exposes them repeatedly to blasts have among the highest suicide rates. Between 2011 and 2022, the Department of Defense identified 5,997 Service Members who died by suicide. Explosive ordnance disposal team



I was lucky enough to be referred to Home Base. My journey has shown me the critical importance of proper diagnosis, treatment, and support for those suffering from blast-related injuries. I stand before you not just as a veteran, but as a testament to the resilience and recovery that is possible with the right care.

- Dennis Hernandez
Home Base participant

members had the highest in training and on deployment, Special Operations personnel operate heavy weaponry that exposes them to blast overpressure and mild to moderate traumatic brain injuries that may go undiagnosed, untreated, and otherwise not mitigated.

Mr. Hernandez shared, “My career took me to various countries, combat zones, and training events around the globe. Throughout my time in service, I was repeatedly exposed to blast overpressure from a range of sources, including being struck by multiple IEDs, application of breaching charges and various environments in which exposure was expected, if not guaranteed. The cumulative effects of blast overpressure led to challenges that I, like many others, found difficult to navigate on my own. It has affected my physical and mental health. I would black out at times and have no recollection of events that I had participated in. These incidents would lead to feelings of confusion and frustration, which would lead to feelings of anger and doubt, as if I wasn’t in control of my own life. I was lucky enough to be referred to Home Base. My journey has shown me the critical importance of proper diagnosis, treatment, and support for those suffering from blast-related injuries. I stand before you not just as a veteran, but as a testament to the resilience and recovery that is possible with the right care. However, for every success story like mine, there are countless others who continue to struggle in silence.”





Features

Home Base and Massachusetts Military Heroes Fund (MMHF) Announce Merger

Home Base and the Massachusetts Military Heroes Fund (MMHF), two leading nonprofits supporting bereaved Military Families throughout the Commonwealth, formally merged in April 2024, creating a powerful joint effort to coordinate and enhance services to the Families of the Fallen.

The merger formally cements the longstanding partnership between Home Base and MMHF and the program will be renamed MMHF at Home Base.

“Home Base is tremendously thrilled and honored that MMHF is now officially a permanent program within the Home Base Family,” Home Base Leadership, Retired General Jack Hammond, Executive Director and Michael Allard, Chief Operating Officer said. “Families of the Fallen are too often overlooked and the services available to them are often egregiously narrow. This partnership solidifies our commitment to provide much needed services to Massachusetts’ Military Bereaved Families and ensure services for them will not only be supported but strengthened for years to come.”

“We have been honored to serve Families of the Fallen in Massachusetts for more than 15 years, through direct support and large-scale public displays of honor and remembrance,” said Thomas Crohan, President of the Massachusetts Military Heroes Fund. “On behalf of the MMHF Board, we are incredibly grateful to Home Base for its years of partnership and for ensuring this critical work continues and expands, through this merger, so bereaved Families in Massachusetts continue to have all the support they need for as long as they need it.”

MMHF has been proud to provide a place of community and belonging to more than 300 local Families of the Fallen since it launched in 2009 and, through the support of a generous community, has assisted many of these Families with direct grant assistance nearly 270 times in the last 15 years.

Since November 2022, Home Base has provided MMHF with administrative, program and operational oversight. While Massachusetts Military Heroes Fund will no longer continue as a standalone non-profit, [MMHF at Home Base](#) is committed to providing enhanced clinical mental health care resources, financial support and assistance to Families of the Fallen, as well as continuing the tradition of hosting important community building events, including the annual Memorial Day Flag Garden on Boston Common and the 9/11 care package service project – all with the goal of honoring and remembering our fallen while providing meaningful support to their Families.

HOME BASE PROVIDES A FULL SPECTRUM OF PROGRAMS AND SERVICES FOR FAMILIES OF THE FALLEN, INCLUDING:

- » Intensive clinical therapy for certain types of grief (available to Families nationwide)
- » Traditional outpatient counseling for grief
- » Bereavement and adjustment issues (available to Massachusetts Families of the Fallen)
- » Skills-based workshops on parenting, trauma and resiliency (accessible virtually Nationwide for Families of the Fallen)
- » Peer support for New England Families through the Adventure Series program
- » Financial assistance

for post 9/11 Massachusetts Families of the Fallen needing extra help with funeral costs and basic needs. As part of the merger, Home Base will now be a beneficiary of the Massachusetts “United We Stand” license plate. Since 2008, **these license plates have generated nearly \$1.4 million to support MMHF.**

MMHF’s respected Director, Diane Nealon, will continue to lead the day-to-day operations of the program.

“It has been my sincere pleasure to work with the Home Base team for the past year and a half to transition the Families of the Fallen program from MMHF to Home Base,” said Diane Nealon, Director, Families of the Fallen at Home Base. “The opportunity to lead MMHF at Home Base while expanding services to Massachusetts Families ensures our commitment to support all areas of need for Families of the Fallen.”



Expansion of Care for Special Operations Forces

Home Base, Suffolk and Wounded Warrior Project celebrate grand opening of the Home Base National Center of Excellence expansion

On October 23, 2024, Home Base, in partnership with Suffolk and Wounded Warrior Project, proudly celebrated the grand opening of the Home Base National Center of Excellence expansion, featuring the Suffolk Innovation Clinic and Wounded Warrior Project Brain Health and Special Operations Performance Clinic.



[CLICK FOR ARTICLE](#)

This state-of-the-art facility is dedicated to providing clinical support for Special Operators and Veterans affected by traumatic brain injuries (TBI) and polytrauma from both combat and training. The expansion will enhance Home Base's ability to serve Veterans and their Families, offering comprehensive evaluations and treatments for neurological, psychological and physical conditions related to TBI, musculoskeletal injuries and mental health challenges faced by Special Operators.

In addition to clinical services, the enhanced space is dedicated to innovation and research aimed at developing new treatment modalities, including studies on improving the HealthSpan and brain health of our Warriors, and the effectiveness of psychedelic therapies. This initiative represents a significant advancement in care for those who have bravely served our Nation, ensuring they receive the support and treatment they need and deserve.

Featured speakers included former participant Michelle Ekoniak as well as Suffolk Chairman and Chief Executive Officer John Fish, Wounded Warrior Project Chief Executive Officer Retired Lieutenant General Walt Piatt, Massachusetts Senator Edward Markey, Mass General Brigham Chief Integration Officer and Executive Vice President Dr. O'Neill Britton, Secretariat for Special Operations Principal Deputy Assistant Secretary of Defense Dr. Sandra Hobson and Blue Angels Foundation President Scott "Intake" Kartvedt.

Brain Health Care

Home Base Hosts Inaugural Brain Health Summit

The inaugural Home Base Brain Health Summit — a live, interactive, hybrid, two-day conference — was hosted at the Massachusetts General Hospital (MGH) Institute of Health Professions in the Charlestown Navy Yard September 11-12, 2024, in recognition of the September 11 attacks. The summit, co-chaired by Home Base Senior Director of Medical Services [Dr. Sofia Matta](#) and Senior Director of Clinical Services [Dr. Joe Bonvie](#), examined the latest research and treatment innovations in Special Operations Forces, Veterans and Military Families suffering from the invisible wounds of war.

The first day highlighted the evolution of military medicine since 9/11, with a focus on traumatic brain injury evaluation, brain health and cognitive performance in Special Operations Forces (SOF) and Veterans. Discussions emphasized the U.S. Special Operation Command’s

innovative brain health initiatives, the impact of invisible wounds on SOF personnel and emerging healthcare technologies like AI and digital health. The day concluded with insights into HealthSpan, resilience, early cancer detection and the connection between posttraumatic stress disorder, cardiovascular disease, toxic exposures and repeated blast brain injury in Service Members.

The second day was led by Mass General Brigham’s (MGB) Military and Veterans Initiatives at the interface of performance and community. Highlights included discussions on human performance optimization, mental health strategies for Special Operations Forces and Veterans, collaborations with the Boston Bruins Alumni Association and Warrior For Life Fund and updates from Home Base on our Intensive Clinical Programs,



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brain health and substance use disorders. The day concluded with a focus on family, featuring communal coping among Military Families and the vital role of benevolent organizations in advancing operator wellness.

Home Base sincerely thanks our friends at the American Psychiatric Association (APA) Foundation for generously sponsoring the summit. We also extend special thanks to the APA Foundation’s Executive Director, Rawle Andrews, Jr., Esq., for his support and participation as one of our speakers.

Home Base also thanks our keynote speakers for their interactive and inspiring presentations and for setting the stage for impactful, future collaborations:

- Dr. Maurizio Fava**, Chair of Psychiatry, MGH, who presented on the future of digital tools in mental health care.
- Mr. Frank Larkin**, Chief Operating Officer, Troops First Foundation, who presented his work as a national advocate for Veteran suicide prevention and traumatic brain injury research.
- Dr. Ross Zafonte**, President, Spaulding Rehabilitation Hospital, who presented on HealthSpan and exposures in Special Operations Forces and Veterans.
- Retired U.S. Army Major General George F. Bowman**, who presented on generations of service.
- Dr. Jordan Smoller**, Professor of Psychiatry, Harvard Medical School and Professor of Epidemiology, Harvard T.H. Chan School of Public Health, who presented on the role big data, coupled with AI, has on mental health and suicide prevention.
- Dr. Eric Goralnick**, Associate Professor of Emergency Medicine, Harvard Medical School, who presented on collaboration through MGB’s Military and Veterans Initiatives.



Brain Injury Awareness Month

Throughout Brain Injury Awareness Month 2024, Home Base had the unique opportunity to address Military-connected brain injury treatment with our nation’s policymakers and industry leaders.

FEBRUARY 28

Dr. Ross Zafonte testifies in front of U.S. Senate Committee on Armed Services subcommittee



Senator Elizabeth Warren (D-MA) invited Ross D. Zafonte, DO, Chief of Traumatic Brain Injury (TBI) and Health and Wellness Programs at Home Base and President of Spaulding

Rehabilitation, to testify in front of the U.S. Senate Committee on Armed Services’ Subcommittee on Personnel. A renowned expert on TBI, Dr. Zafonte spoke to the impacts of TBI and blast exposure care on active duty U.S. Special Operations Forces personnel.

Click below to watch the hearing, and [click here](#) to read Dr. Zafonte’s statement.



[CLICK FOR VIDEO](#)

MARCH 4

Retired Brigadier General Jack Hammond and Kate Weinograd meet with Senator Jack Reed (D-RI)



Retired Brigadier General Jack Hammond, Executive Director of Home Base, and Kate Weinograd, Director of Government Relations and Network Development at Home Base, had the honor of meeting with Senator Jack Reed (D-RI), Chairman of

the U.S. Senate Committee on Armed Services, to discuss the pressing need for a longitudinal study on blast injury and brain health at the New England Council’s “Connecting New Englanders Across the Region with Washington, DC” event.

This study would revolutionize our understanding of these complex injuries and significantly enhance our ability to provide lifesaving care to Veterans and active duty Service Members. By identifying chronic illnesses early and proactively mitigating injuries, we can extend the lives and health spans of those who have sacrificed so much for our country.

MARCH 12

Dr. Ron Hirschberg moderates South by Southwest panel

Ron Hirschberg, MD, Medical Director of Brain Health at Home Base, moderated a panel at South by Southwest titled “Humans Over Hardware: Do Better and Do More... For Whole Warrior Health,” which included Dr. Gina Adam of Army Futures Command, Dr. Alison Brager of the John F. Kennedy Warfare Center and School, Dr. Sandi Chapman of the University of Texas at Dallas Center for Brain Health, Dr. TJ Doty of the Walter Reed Army Institute of Research and Chris McNamara of Evolution Athletics.



The panel discussed brain health, resilience and performance of the 1% of the 1% who serve and protect us, and how we can best serve them and their Families.

Pivotal Partnerships

John Hancock Provides Multi-Cancer Early Detection Tests to Special Operations Veterans in Collaboration with Home Base

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56,000

Veterans are diagnosed with cancer every year

16%

of those diagnosed cancers are rare and often discovered at later stages

[John Hancock](#), a unit of Toronto-based Manulife, announced it is providing free access to [Galleri®](#), GRAIL's multi-cancer early detection (MCED) test, to special operations Veterans receiving care through [Home Base](#) in collaboration with the [Massachusetts General Hospital \(MGH\) Cancer Early Detection and Diagnostics Clinic](#) (EDDx) as part of the insurer's mission to help people live longer, healthier, better lives.

According to the [American Cancer Society](#), many military Veterans have been exposed to substances, chemicals, and other hazards during their service that can lead to long-term health problems, and in some cases, cancer. In fact, the US Department of Veterans Affairs reports that [approximately 56,000 Veterans are diagnosed with cancer each year, 16% of which are rare cancers](#) often discovered at later stages and [many](#) of which are

John Hancock

commonly unscreened, including head and neck, pancreatic, and reproductive cancers.

"Our work with GRAIL goes beyond making MCED testing accessible to our customers. We believe there is a critical need to expand awareness of and access to this type of groundbreaking technology, especially to communities and populations at higher risk of getting cancer," said Brooks Tingle, President and CEO of John Hancock.

In partnership with MGH's EDDx, Home Base will add cancer screening, including the MCED tests sponsored through John

Hancock, to their Special Operations Forces (SOF) Comprehensive Brain Health and Trauma (ComBHaT) evaluation.

"Home Base is expanding our focus of healing the invisible wounds of our Nation's Heroes to a wider aperture of addressing not only the trauma they face but other exposures, such as toxic burn pits, that present risk to the lives of those who have returned home. Our new Home Base HealthSpan approach will enable our Veterans to live healthy productive lives for as long as possible and free of disease, brain injury and mental health challenges," said retired General Jack Hammond, Executive Director of Home Base. We are truly grateful for the collaboration, funding and technology provided by John Hancock, which allow us to continue offering the best care possible to our Nation's Heroes."

Pivotal Partnerships

UMass Lowell and Home Base Collaborate to Support Veterans' Health and Well-Being

Home Base, has announced a partnership with UMass Lowell as its next location to expand its regional footprint. This new site, situated within the [Lowell Innovation Network Corridor \(LINC\)](#), will offer critical resources to Veterans and Military Families across northern and western Massachusetts, southern New Hampshire, Vermont, and Maine.

This collaboration — which will also include LINC partner Mass General Brigham — aims to expand access to essential services, address the unique needs of Veterans and Military Families across the region, and contribute to ongoing efforts to improve care for those impacted by traumatic brain injury, post-traumatic stress and other unseen injuries.

The UMass Lowell site will offer both in-person and telehealth services, expanding Home Base's reach to underserved areas. It will be located near the university's ROTC program and HEROES (Harnessing Emerging Research Opportunities to Empower Soldiers), a collaborative center with U.S. Army Combat Capabilities Development Command (DEVCOM) that focuses on advanced research to support military personnel. This strategic location will create a collaborative environment supporting future innovations in Veterans' health and national security.

The partnership will also scale up its efforts by engaging with Mass General Brigham, the U.S. Department of Health and Human Services Advanced Research Projects Agency for Health, the Advanced Regenerative Manufacturing Institute (ARMI) / BioFabUSA, the National Institutes of Health (NIH), and other leading organizations.

"UMass Lowell is deeply committed to supporting our Veterans and advancing research that addresses their unique challenges," said UMass Lowell Chancellor Julie Chen. "Partnering with Home Base allows us to take our strengths in many areas such as psychology, physical therapy and kinesiology, nutrition, medical sensors/devices, and virtual and augmented reality, and apply them to make a meaningful impact on the lives of those who have served our nation."

Retired Brigadier General Jack Hammond, Executive Director of Home Base, also praised the partnership.

"Home Base is broadening our mission to heal the invisible wounds of our Nation's Heroes by addressing the wider range of challenges they face from their service, including blast injury, trauma, and a range of associated risks," said Hammond. "Our new HealthSpan approach is designed to empower Veterans to lead healthy, productive lives, free from brain injury, mental health struggles, Pain, and chronic health issues and injuries. We are excited to collaborate with UMass Lowell and deeply value their expertise and resources, which will help us continue providing best-in-class care to the Veterans we serve."

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Home Base is broadening our mission to heal the invisible wounds of our Nation's Heroes by addressing the wider range of challenges they face from their service.

- Retired Brigadier General Jack Hammond
Executive Director, Home Base



Wounded Warrior Project

Wounded Warrior Project Invests \$100 Million More in Mental Health and Brain Injury Care

Wounded Warrior Project® (WWP) is investing over \$100 million in evidence-based care for Veteran mental health and brain injuries. The funding will make it possible for more post-9/11 Veterans to attend a program that can significantly reduce depression, anxiety, and substance use disorder in two weeks.

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This is the latest investment by WWP™ in Warrior Care Network®, bringing the **total to \$336 million**. Launched in 2015, Warrior Care Network is a national partnership between WWP and four clinical partners: Emory Healthcare Veterans Program in Atlanta, **Massachusetts General Hospital Home Base Program in Boston**, Rush University Medical Center Road Home Program in Chicago, and UCLA Health Operation Mend Program in Los Angeles.

The Warrior Care Network aims to make it easier for Veterans to get mental health and brain injury care. It offers a customized two-week program at no out-of-pocket cost that is faster and more effective than traditional treatments.

More than

95%

of Warrior Care Network participants would recommend it to others

RESULTS FROM MORE THAN 4,000 PARTICIPANTS SHOW:

- » Veterans entering Warrior Care Network with severe post-traumatic stress disorder (PTSD) can **reduce their symptoms to moderate or mild levels in two weeks**, on average. Research estimates typical therapy takes 3-4 months for similar results.
- » **9 in 10 Veterans finish the treatment**, a much higher rate than traditional treatments.
- » This program is **just as good at reducing depression symptoms** as a standard three-to-four-month program.
- » Veterans **use fewer substances to manage their mood or symptoms**. Warrior Care Network treats substance use disorder alongside PTSD.

WWP funding for Warrior Care Network also supports research in virtual reality, repetitive transcranial magnetic stimulation, artificial intelligence, and more to improve treatment for mental health and traumatic brain injuries.

Wounded Warrior Project

Wounded Warrior Project's Warrior Care Network Honored with International Award for Clinical Excellence in Mental Health Care

Warrior Care Network®, a partnership between Wounded Warrior Project® (WWP) and four leading academic medical centers, received the 2024 Sarah Haley Memorial Award for Clinical Excellence by the International Society of Traumatic Stress Studies.

This global honor recognizes a clinician or group that demonstrates exceptional care for traumatized individuals. It was founded in honor of Sarah Haley, a pioneering social worker who dedicated her career to understanding and treating the complex needs of Vietnam Veterans, paving the way for countless others in the field.



We are committed to offering the highest-quality direct care for the Veterans and their Families we serve, and to building a community of excellence that advances the field of mental and brain health. The Sarah Haley Memorial Award affirms our work, and we are incredibly honored to be recognized.

- **Dr. Erin Fletcher**
Wounded Warrior Project's Warrior Care Network Director

[LEARN MORE ABOUT DR. ERIN FLETCHER](#)

WWP™ and Warrior Care Network offer highly effective accelerated brain health programs to Veterans and Service Members who seek healing from the disruptive symptoms of post-traumatic stress disorder and [other mental health concerns](#). The world-renowned network is led by teams of experts in Veteran brain health at Emory Healthcare Veterans Program, **Home Base (Massachusetts General Hospital)**, Operation Mend (UCLA Health), and The Road Home Program (RUSH).

Since 2015, more than 5,000 participants have completed a program within the Warrior Care Network, which includes innovative clinical treatment, collaborative wellness workshops, and peer-to-peer support that helps Veterans and Service Members realize lasting healing significantly faster than conventional approaches. Participants attend in small groups in completely confidential and individualized one- to three-week programs.

“Going to the Warrior Care Network was probably one of the greatest decisions I made,” said Chris Hoff, an Army veteran living with [post-traumatic stress disorder](#) who had previously faced thoughts of suicide. “For so long I had struggled. I got so much from the experience and I’m in such a better place.”

Warrior Care Network programs are provided at no cost to participants because of the [investment by](#) Wounded Warrior Project and generous donors.

More than
90%
of participants have successfully completed their programs

More than
95%
of participants would recommend Warrior Care Network to their peers

WWP and its partners accepted the award at the [International Society of Traumatic Stress Studies'](#) 40th annual meeting in September 2024.

The Training Institute at Home Base

The Training Institute at Home Base provides healthcare professionals, first responders, Military Families and community members access to brief online, on-demand, free courses on topics such as military culture, PTSD, traumatic brain injury, substance use disorders, complicated grief and supporting suicide survivors.

Approximately
40%

of returning Iraq and Afghanistan Veterans will seek care outside of the VA healthcare system

To expand access to evidence based mental health treatment among Veterans, Home Base collaborates with and provides training to community healthcare centers to help identify, refer, and provide needed services to Veterans with invisible wounds.

In 2024, The Training Institute added three innovative courses to address emerging topics:

- » [Traumatic Brain Injury: Overview and Clinical Practice Guidelines for Patients with Military Backgrounds](#)
- » [Mental Health Considerations for Military Families](#)
- » [Psychopharmacology for PTSD in Military Populations](#)

These courses are offered free of charge, and some courses provide continuing education credits for nurses, social workers, mental health professionals, and psychologists.

Home Base Doctoral Psychology Training Programs

Home Base is proud to offer two extended training programs for pre-and-post doctoral Psychology candidates. Both programs offer:

- » Extensive training in Home Base's Outpatient Clinic and Intensive Clinical Program (ICP)
- » Allocated clinical hours of direct patient care per week
- » Participation in weekly Didactics trainings relating to relevant topics such as Military Culture, Traumatic Brain Injury, Substance Use Among Veterans, Family Systems and Treatments, and much more.

Home Base Pre-Doctoral Advanced Psychology Practicum

The Home Base Practicum for Advanced Doctoral students in clinical/counseling psychology provides training in the evaluation, assessment, and clinical care of post-traumatic stress disorder, depression, anxiety, substance use comorbidity, and complicated grief in Veterans, active duty Service Members, and their loved ones.

Our training program emphasizes a scientist-practitioner approach, wherein current scientific knowledge informs the development and implementation of evidence-based practices. Our program is rooted in our core values of honoring individual differences in diversity, collaboration, and education. This mission extends beyond preparation for service delivery, and we strive to create an individualized training plan in collaboration with the practicum trainee that meets their training goals.

Home Base Post-Doctoral Fellowship

The Home Base Post-Doctoral Fellowship program provides clinical training opportunities related to Veteran and Military Family mental health for Fellows to develop skills required to function as an independent clinical psychologist.

The program is rooted in our core values of honoring individual differences in diversity, collaboration, and education. This mission extends beyond preparation for service delivery, and we strive to create an individualized training plan in collaboration with the fellow that meets their training and career goals.

Through training experiences that include didactics, supervision, clinical rounds, observation, and participation in Home Base and Massachusetts General Hospital (MGH) Departmental opportunities, Fellows participate actively in selecting opportunities that will further their professional development. Our program aims to foster the fellow's development of a healthy professional identity and core competencies that will allow them to function independently in the field.



Memory Reconsolidation PTSD Study

Home Base's Chief Medical Officer Dr. Kalo Tanev, MD, MPH launched a study on Memory Reconsolidation sponsored by the National Institute of Mental Health (NIMH)

The study, officially titled, **Mismatch vs. standard intervention during memory reconsolidation blockade with propranolol: effect on psychophysiological reactivity during traumatic imagery** will test the effect of a novel intervention based on memory reconsolidation blockade on the participants' physiological reactivity during script-driven imagery of the traumatic event. The project will test two interventions, MisMatch ("MM") memory recall vs. standard ("STD") memory reactivation, under the influence of an FDA-approved anti-adrenaline drug called propranolol (a pharmacological agent that blocks memory reconsolidation). This project will serve as a proof-of-concept study for further clinical propranolol mismatch studies in the future.

Recruitment for the study continued in 2024 and remains ongoing.



The mission of research at Home Base is to heal the invisible wounds for Veterans, Service Members, and Families through scientific development of new treatments, prevention interventions and clinical model delivery.

Home Base Intensive Clinical Program: Specialty Cohorts Built to Serve

Inaugural Spanish-Speaking Cohort

Home Base hosted its inaugural Spanish-Speaking [Intensive Clinical Program \(ICP\)](#) from November 10-22, 2024. In this groundbreaking effort, Home Base clinicians and support staff provided the full programming of the ICP in Spanish, with the assistance of both in-person and technology-based interpreters to 13 Veterans and 8 support persons.

In this cohort, participants received mental and physical care, including:

- » Daily individual and group therapy, focused on PTSD, TBI, anxiety, depression, relationship skills, substance use concerns, and more as needed
- » Nutrition, fitness, yoga, wellness, and resilience programming
- » Art therapy
- » Family programming
- » Case management and other consultations as needed

Home Base is proud to continue its mission to provide access to our world-class clinical care by breaking down barriers to access and entry.



Native Veterans Cohort

Our innovative [Native Intensive Clinical Program \(ICP\)](#) was built upon [our flagship ICP](#) through consultation with Native American Veterans, tribal leaders and healthcare administrators. The Native ICP provides long sought after healing and lifesaving care to Native American Veterans, Service Members and their Families at no out-of-pocket cost to them.

With its inaugural cohort held in December 2023, the Native Intensive Clinical Program (ICP) at Home Base hosted the second cohort in June 2024 at its National Center of Excellence in Charlestown, MA. The team was thrilled to report positive outcomes and feedback from participants, including Veterans, Service Members, and their support persons.



The Home Base Intensive Clinical Program was truly an answer to a prayer. Home Base should take pride that they found a way to gain the trust of Native Veterans which is not an easy task.

- Virginia Salazar-Halfmoon
Tribal Veteran Service Officer, Santa Clara Pueblo, Veteran Support Person

Women Veterans Cohort

Home Base is proud to support and honor Women Veterans and Service Members, acknowledging the invaluable contributions that women have made in service to our nation and in caring for our wounded warriors. In alignment with our mission to provide equitable access to care, Home Base offers female-exclusive cohorts of the [Intensive Clinical Program](#) to serve women seeking care for their invisible wounds. These cohorts are offered twice annually in the Spring and Fall.

Special Operators Cohort

In 2019, answering the call to the unprecedented rise in suicides in the Special Operations Community, Home Base established the country's first private sector special operations clinic for physical and traumatic brain injuries. The Special Operators Cohort of the Intensive Clinical Program provides the Special Operations (SO) community an integrated, multidisciplinary specialist evaluation, treatment and care coordination for Veterans and active duty Service Members across all services.

About the Veteran Outreach Team

Home Base's Veteran Outreach Team is comprised of Veterans across the Armed Forces with a variety of backgrounds, eras of service and unique experiences. In conjunction with the [Family Support Team](#) at Home Base, Veteran Outreach Coordinators (VOCs) help to connect Service Members, Veterans and their Families with the programming Home Base provides, offer peer support for those going through clinical care, and develop community partnerships and resources to provide a whole person approach to those that have served. The Family and Outreach Teams also provide support through programming such as [Adventure Series](#), [Resiliency Programs](#), [Parenting Educational Support](#), and the [Outpatient Clinic](#) in Charlestown, MA.

2024 Highlights:

RAISING NATIONAL AWARENESS AND SUPPORT

Home Base Outreach team has expanded its national efforts to raise awareness of Home Base programming while also gaining insights into the resources available in these regions and establishing relationships with local communities. These efforts have included participation in events such as the Operational Medicine Symposium in San Antonio, Texas, Gathering of Nations pow-wow in Albuquerque, New Mexico, the Special Operations Medical Association Convention, and SOCOM SOF week in Tampa, Florida to name a few.

BUILDING BRIDGES WITH LOCAL VSOS

The Outreach Team has fostered ties with Veteran Service Organizations (VSOs) throughout New England. These community roles are essential for addressing the needs of the Veteran population and raising awareness of mental health issues among our cohorts throughout Massachusetts.

MAKING CONNECTIONS THROUGH THE ADVENTURE SERIES

The Home Base Adventure Series brings Veterans, Service Members, Military Families and Families of the Fallen together to enjoy an exciting activity and meet peers with shared experiences while learning about the world-class, direct clinical care, wellness, education and research offered by Home Base.

ESTABLISHING VETERAN VOLUNTEERS WITH TREAD LIGHTLY!

Through a partnership with [Tread Lightly!](#), the VOC team established a Veteran-based volunteer corps. This corps will work alongside the U.S. Forestry Service and other local organizations throughout the nation on various land stewardship tasks, ensuring the preservation and maintenance of our natural resources. These initiatives will not only provide Veterans with new avenues for self-expression but also foster a sense of camaraderie and purpose.



Home Base Arizona

Home Base is changing the landscape of equitable, accessible care for Native American Veterans, Service Members, and their Families. Hear more about our work in Arizona and Native communities from Marcus Denetdale, Regional Director of Southwest and Tribal Relations at Home Base, and Rachel Larson, Director of the Military and Veteran Resilience and Health Collaborative at Arizona State University.



[CLICK FOR VIDEO](#)

Announcing the Mobile Native Intensive Clinical Program

In Fall 2024, the San Carlos Apache Tribal Council unanimously passed a resolution for Home Base to partner with the San Carlos Apache Health Corporation. This partnership will allow Home Base to host a 7-day [Intensive Clinical Program](#) for Native Veterans onsite in Peridot, AZ from February 14-21, 2025.

This highly specialized program will provide personalized mental health care and wellness support for Native Veterans and their family at no out-of-pocket cost.



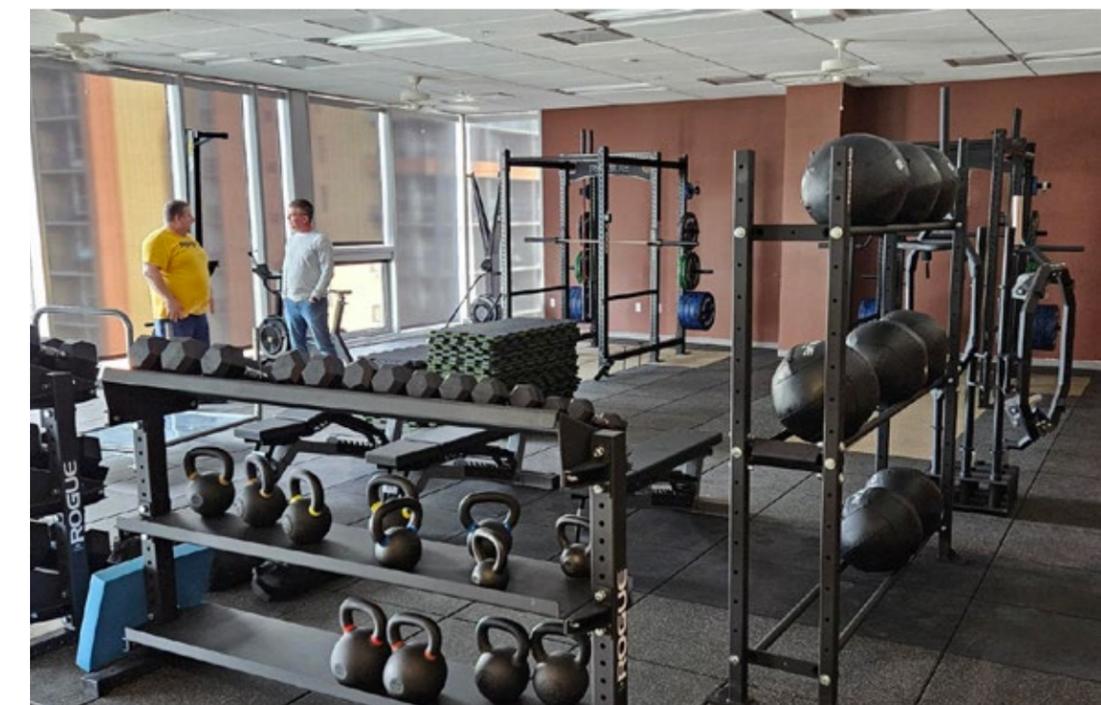
Home Base Partners with Arizona State University to Expand Warrior Health & Fitness

Home Base, in partnership with the Arizona State University College of Health Solutions' Military and Veteran Resilience and Health Collaborative, launched the inaugural Arizona-based Warrior Health & Fitness program in April 2024.

Warrior Health and Fitness is a 90-day strength and conditioning program that connects Veterans and their Families to experts who help them improve health and wellbeing through physical exercise, and education about healthy eating, living, stress management and the benefits of physical activity. During the program, participants are connected with one another and build lasting connections with their peers, providing them with community and connection.



In alignment with Home Base's mission to provide equitable access to healthcare, regardless of ability, era of service, or discharge status, Warrior Health and Fitness is offered at no cost to participants. The first cohort of Arizona WHF participants graduated in August 2024.





Home Base Arizona

Home Base presents to Veterans at the Indian Gaming Association's Indian Gaming Tradeshow and Convention

Marcus Denetdale, Air Force Veteran and Regional Associate Director for Home Base Arizona, and Kate Weinograd, Director of Government Affairs and Network Development for Home Base, presented to a group of tribal leaders and industry executives that included Veterans during the Indian Gaming Association's 37th Annual Indian Gaming Tradeshow and Convention in Anaheim, Calif in April 2024. The talk called "Coffee and Conversation: Supporting Native Veterans" marks the first time that Home Base has partnered with the IGA to provide outreach to Veterans during the convention.

"Native Americans serve in the United States Military at higher rates than any other ethnic group. However, Native American Veterans, Service Members and their Families face unique challenges with geography, infrastructure and access creating barriers to care for those impacted by the invisible

wounds," said Denetdale (Diné). "We are grateful to the IGA for allowing us to talk directly to Veterans, their Families and tribal leaders about the services that Home Base offers. More importantly, recognizing all who served in the military within Indian gaming."

The largest gathering of tribal leaders and casino executives in the country, the Indian Gaming Tradeshow and Convention is both the meeting place where the community gathers to learn, network and exchange industry-specific ideas and a cultural celebration of success, strength and self-reliance.

"IGA is happy to collaborate with Home Base during the Indian Gaming Tradeshow and Convention," said Ernie L. Stevens, Jr. (Oneida Nation of Wisconsin), Chairman of the Indian Gaming Association. "IGA recognizes the many Veterans within our association

and in Indian gaming and we look at this as just the beginning of an effort to ensure Native American tribes and those that work with tribal businesses have the knowledge to share information about mental and behavioral healthcare resources to Veterans."

Home Base addresses the unique needs of Native American Veterans, Service Members, Military Families and Families of the Fallen to help heal their invisible wounds of war at no cost to them. Veterans, Service Members, and their Families are eligible to receive treatment from Home Base through our National Center of Excellence's Intensive Clinical Program (ICP) for Veterans and Families of the Fallen. Travel, lodging, meals, and care are provided at no out of pocket cost to the Veteran.

Stories of Hope: Adam Engelhart

Army Veteran, First Sergeant Adam Engelhart, knows firsthand the wounds of war—both visible and invisible. He has lived through them in ways that few can imagine.

While being deployed, Adam watched as his Commander and fellow Soldiers were lost to enemy attacks. Though he survived, the weight of those memories followed him home, unshakable and ever-present.



[CLICK FOR VIDEO](#)



It didn't really hit me until a few years ago... You bottle everything up, and then it just comes crashing down on you.

- Adam Engelhart
Army Veteran, First Sergeant

The sacrifices our Veterans make extend far beyond the battlefield. Their service impacts not only their own lives but also the lives of their Families.

Since 9/11, over 150,000 Veterans have tragically taken their own lives. Countless Families have been torn apart by the invisible wounds of war. Since 2009, Home Base has been at the forefront of supporting these heroes and their loved ones, serving over 45,000 Veterans, Service Members, and Families through world-class clinical care, holistic treatment, and pioneering research. Home Base is dedicated to helping our heroes heal and keeping their Families whole.

Adam found his way to Home Base through our Adventure Series program and Outpatient Care in Florida. Eventually, he participated in our **flagship Intensive Clinical Program (ICP)**, an outpatient treatment that **condenses two years of therapy into just two weeks**, combining evidence-based therapies with complementary medicine. **Because of this life-saving care, Adam is now thriving**, and we are expanding our services to reach even more Veterans, Service Members, and Families across the country.

As Adam courageously shares, "I probably wouldn't be here right now if it wasn't for Home Base. The tools Home Base has given me have helped me cope. They've provided me a path forward." His story is a testament to the power of seeking help and the impact of Home Base's comprehensive, evidence-based care.



Signature Events: Run to Home Base

On Saturday, July 27, 2024, Home Base hosted its **15th annual Run to Home Base presented by RTX** at historic Fenway Park. It was the most successful Run to Home Base yet, as 2,759 in-person and virtual runners and walkers, including 1,030 members of our armed forces and military community, helped raise critical awareness and nearly \$3.4 million to heal the invisible wounds of war for Veterans, Service Members, Military Families and Families of the Fallen.

2,759

In-person and virtual runners and walkers

1,030

members of our armed forces and military community

RAISED NEARLY \$3.4M

to heal the invisible wounds of war



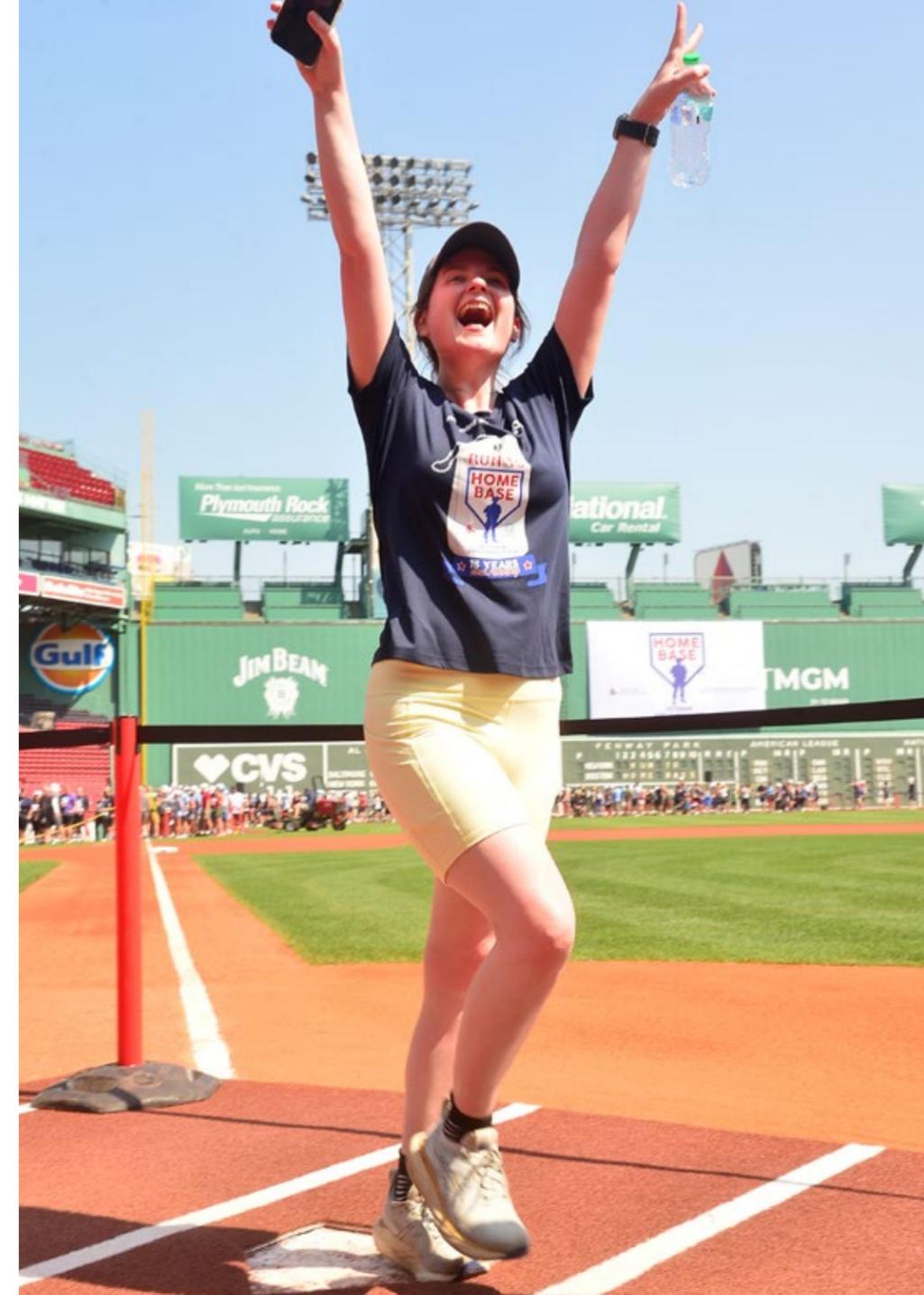
15TH ANNUAL RUN TO HOME BASE PRESENTED BY RTX

The 2024 Run to Home Base kicked off with an opening ceremony honoring Women Veterans and Service Members, emceed by NESN Host of Red Sox Studio Coverage Tom Caron and featured a moving testimony from Home Base Graduate, Lieutenant Colonel (Promotable) Amy Kalow.

The speaking program included a video message from Massachusetts Governor Maura Healey and was concluded by WCVB Channel 5 Investigates Reporter Karen Anderson, who also interviewed participants as they ended the race with the unforgettable experience of crossing “home base” of America’s Most Beloved Ballpark, which was displayed on the jumbotron.

Following the race and before the evening’s Red Sox vs. Yankees game, 400 Women Veterans, Service Members, and their Families were honored on the field in a pregame ceremony, sponsored by Home Base Board of Overseers Member Jean C. Tempel and GovX.

[PREGAME CEREMONY VIDEO](#)





ALL-STAR FORUM HONORING WOMEN SERVICE MEMBERS AND VETERANS

The day prior to the 2024 Run to Home Base, Home Base and the Red Sox Foundation celebrated military women at the All-Star Forum Honoring Women Service Members and Veterans, sponsored by Home Base Board of Overseers Member Jean C. Tempel and the Hanscom Federal Credit Union Charitable Foundation.

The panel discussion, which was [livestreamed on Facebook](#), was moderated by Emmy Award-Winning Journalist Dr. Jennifer Ashton and featured:

- » Army Surgeon General Lieutenant General Mary Izaguirre
- » Army Ranger Major Sidney Jaques
- » Army Veteran & Former 160th Special Operations Aviation Regiment (Airborne) Pilot Kaci Clark
- » Army Veteran & Wounded Warrior Project Chief Program Officer Jennifer Silva
- » Air Force Academy Graduate & Miss America 2024 Lieutenant Madison Marsh



Signature Events: 9/11 Service Project

Home Base once again partnered with Hanscom Federal Credit Union Charitable Foundation and Project 351 to host its annual 9/11 Service Project on Rose Kennedy Greenway. Names of the 206 Massachusetts residents who lost their lives 23 years ago in the 9/11 terrorist attacks were read in a moving ceremony. Massachusetts Governor Maura Healey, among other leaders of our Commonwealth, was in attendance.

Over 450 volunteers supported the event, building over 1,000 care packages for Veterans and Families in need.



Thank you to the generous sponsors who made this event possible:

PRESENTING SPONSOR

Hanscom Federal Credit Union Charitable Foundation

SPONSORS & SUPPORTERS

- John Hancock
- BAE Systems
- CFG
- Mimecast
- Building Impact
- Stop & Shop
- Hope & Comfort
- Rose Fitzgerald Kennedy Greenway Conservancy
- New England Center & Home for Veterans
- United Brotherhood of Carpenters and Joiners of America

Event Statistics:



Volunteers
450+



Student Volunteers
150



Care Packages Assembled
1000



250
for deployed troops



250
mental health kits for Home Base participants



500
backpacks for New England Center & Home for Veterans



Total \$ Raised
\$37,600





Community Fundraisers - \$5,000+

SIGNATURE EVENTS

- 15th Annual Run to Home Base presented by RTX
- 9/11 Service Project
- Home Base No Shave
- Memorial Day Flag Planting

COMMUNITY FUNDRAISERS

- 8th Annual Bruins Bfit Challenge
- Boston Bruins Military Appreciation 50/50 Raffle
- 1st Lieutenant Derek Hines Flag Day 5K
- Hanscom Federal Credit Union Alan M. Hart Memorial Golf Tournament
- Home Base Golf Tournament at Pocasset Golf Club
- Home Base Push-Up Challenge, presented by PTC

- R.W. Sullivan Engineering's St. Patrick's Day Charity Auction
- Liverpool Futbol Club (LFC) Foundation Run to Anfield
- Run to Remember 5K in Virginia Beach
- SEAL Legacy Foundation Patriot Dinner

- Sudbury for Wounded Warriors Golf Tournament
- WCVB 'Helping Veterans Heal' Televent

RACE FOR HOME BASE

- Berlin Marathon
- 52nd Annual ASICS Falmouth Road Race
- TCS NYC Marathon
- Boston Marathon
- Chicago Marathon

FLORIDA EVENTS

- Home Base Golf Tournament at The Nest Golf Club
- Quail Creek's Salute to Service Golf Tournament & Concert
- Valspar PGA Championship Hospitality Event
- Kensington Golf & Family Day
- The Patriot Fund's Stars & Stripes Gala
- Naples Lakes Golf Tournament
- Copperleaf Foundation Golf Tournament
- 23rd Annual Blue Angels Foundation Golf & Tennis Classic

Save a Life September

In honor of **National Suicide Prevention Month** in September 2024, Home Base hosted the **Save a Life September** campaign to increase awareness and financial support for military-connected and first responder suicide prevention. Throughout the month, "life savers" were encouraged to work within their communities by participating in our annual Home Base No Shave campaign and Push-Up Challenge presented by PTC, and donating directly to the Save a Life September campaign.

Save a Life September raised
\$120,830
 to support Home Base's mission

4th Annual Home Base Push-Up Challenge

In its 4th year, the Home Base Push-Up Challenge encouraged participants to pledge \$25 and commit to 20 push-ups per day for one week to help us stop the stigma and promote mental wellness for all. **A total of \$44,446 was raised**, marking another successful year.



10th Annual Home Base No Shave

Home Base No Shave was founded and is championed by MBTA Transit Police/Boston Gang Unit Detective Kurt Power, U.S. Army Veteran, Purple Heart recipient and proud graduate of Home Base.

Home Base partners with local police, fire, and other emergency service across New England to raise awareness and funds for the critical, life-saving care that Home Base provides to Veterans and their Families to heal from the invisible wounds, such as post-traumatic stress and traumatic brain injury. Participants pledge \$100 to forego shaving or wear a special token to raise awareness and support for Home Base.

In 2024, donors and participants who contributed \$100+ received a limited-edition Home Base Life Saver pin.



Police Departments

58



Community Partners

3



Donations

720



Total \$ Raised

\$73,678



2024 Highlights

Memorial Day Flag Garden

On May 22, 2024, Home Base along with more than 600 volunteers came together to create the **iconic garden of flags on Boston Common**. The following day, Thursday, May 23, Home Base Executive Director **Brigadier General (Retired) Jack Hammond, Boston Mayor Michelle Wu**, and other leaders from Massachusetts, attended the Name Reading Ceremony, where the names of all Fallen Heroes from Massachusetts since 9/11 were read aloud while a flag representing each of them was planted. New this year, members of Gold Star Wives of Greater Boston were invited to read the names of their fallen loved ones from earlier generations, and to place a gold wreath in their memory at the Flag Garden.

Each of the 37,000+ flags planted at the Soldiers and Sailors Monument represents every brave Massachusetts Service Member who gave their lives defending our Nation since the Revolutionary War. The completed garden is a breathtaking tribute to the true meaning of Memorial Day and a powerful message of community support to the Families of these Fallen Heroes that their sacrifices will never be forgotten.



Run to Anfield

With support and collaboration from Home Base, Liverpool Football Club (LFC) hosted its inaugural Run to Anfield 5k on Sunday, September 8, 2024. The five-kilometer run featured a scenic circuit around Stanley Park, with an unforgettable grand finish inside Anfield by the Kop, where runners were able to get their souvenir photo, mirroring the run to home plate at Fenway at the finish line of the Run to Home Base. Home Base is proud to partner with LFC to support local Veterans and Families. **The event raised \$20,000 to help cover the expenses for Allied Veterans traveling to Home Base for care.**



WCVB Helping Veterans Heal Televent

On November 13, 2024, Home Base and WCVB Channel 5, Boston's news and community leader, once again partnered to host the sixth annual "Helping Veterans Heal" televent in honor of Veterans Day.

The televent began at 4:30 a.m. ET during the EyeOpener newscast and ran until 8 p.m. ET, with live reports throughout the day's regularly scheduled newscasts and programming.

During the afternoon, Wally and Tessie the Green Monsters, the official mascots of the Boston Red Sox, joined the broadcast to announce the opening of early-bird registration for the 16th Annual Run to Home Base, on Saturday, July 26, 2025.

Home Base thanks WCVB Channel 5 for our wonderful, impactful partnership as well as this year's sponsors, donors and volunteers for their incredible generosity and unwavering commitment to our mission to heal the invisible wounds of war for Veterans, Service Members, Military Families and Families of the Fallen.



[VIDEO STORY LINKS](#)

The event raised total of
\$234,420
 to support Home Base, with over
700 donations processed
 during the day-long coverage.

Race for Home Base

The Race for Home Base Team is proud to have participated in five races worldwide, raising vital funds to heal the invisible wounds of war for Veterans of all eras, Service Members, Military Families and Families of the Fallen. In 2024, the team took on the Boston Marathon, Falmouth Road Race, Bank of America Chicago Marathon, TCS New York City Marathon, and for the first time ever, the BMW Berlin Marathon. We are excited about the growth and impact that Race for Home Base achieved in 2024!

2024 Marathon Highlights



Total runners

90



Total \$ raised

\$549,000+



Marathons Completed

5



Miles Run

2070



Marathon Features

BOSTON MARATHON

In the 128th Boston Marathon, 20 runners on Team Home Base raised a staggering \$281,892 to support Home Base's mission. One runner, Heather Diamond, ran in memory of her late brother, Navy Veteran Scott Diamond, who lost his life to suicide in 2009.

"I have no doubt that if Home Base had been around when Scott was struggling with the pain of post-traumatic stress disorder (PTSD), he would still be here," says Heather. Unfortunately, our story is not unique. There are so many other Heathers and Scotts out there," Heather says. "But if all this pain can lead to helping save even one struggling Veteran, it will have been worth it," she says.

[Read more about Heather's Story](#)

BMW BERLIN MARATHON

Team Home Base, comprised of 25 runners, completed the BMW Berlin Marathon in September 2024, becoming the first Home Base race team to go international! This group excelled on the course and in fundraising, raising over \$90,000. This marathon also opened the door to other international races, as Home Base plans to tackle Sydney in August 2025.

BANK OF AMERICA CHICAGO MARATHON

The Race for Home Base team returned to the 2024 Bank of America Chicago Marathon, accomplishing an amazing goal! The team of 10 raised \$41,000 – quadrupling the total from 2023. This small but mighty group proved that lacing up to race for an important cause, like Home Base, can inspire incredible results!

Home Base Florida

New Funding Makes Expansion Possible

Home Base Florida is grateful for the significant support from the Pensacola-based [Blue Angels Foundation](#) and the [Florida legislature for allocating \\$2 million in the Fiscal Year 2025](#) state budget to support the launch of this program.

At the launch ceremony and reception, local and state dignitaries, community partners and stakeholders gathered to commemorate the milestone. Blue Angels Foundation representatives were on hand to celebrate the partnership and share with the audience its importance.

The outpatient services complement Lakeview Center’s 60+ programs from crisis support and outpatient treatment to community-based care and residential programs and improves access to Home Base Florida’s Warrior Health and Fitness Program, Adventure Series, education and wellness programs as well as Home Base’s intensive clinical program in Boston.

“Home Base provides direct services to Veterans in the mental health and wellness space, and the Blue Angels Foundation brings a strong brand of trust and respect,” said Scott Kartvedt, a former Blue Angel and President of the Blue Angels Foundation. “The partnership just makes sense. Pensacola is the cradle of naval aviation, and Blue Angels is the hometown team. It’s the right time for the right cause.”



Jon Fay, a Navy Veteran, former Blue Angel and Pensacola resident who utilized Home Base’s clinical programs in Boston and Florida, shared his personal story. “In the military, we spend years in high pressure environments, trained to be at peak performance each day,” he said. “And yet when we transition out, that same intensity often turns inward. For many like me, it becomes a battle fought in silence.”

After receiving evaluation, diagnosis and treatment for PTSD, anxiety, TBI and other mental health challenges, Fay found relief knowing he wasn’t alone. He told the audience that the Veteran transition process is a huge process, but it should be rewarding and enjoyable.



I would encourage any Veteran to seek help at Home Base. We need to remove the stigma of mental health challenges. If you need help, seek it.

- Jon Fay
Navy Veteran, former Blue Angel and Pensacola resident

Home Base Florida

Home Base Florida Launches Outpatient Clinical Services in Northwest Florida through a New Clinical Partnership with Lakeview Center

Home Base Florida has been working hard to improve the mental health and wellness of the more than 1.5 million Veterans - including over 400,000 who have served post 9/11 who call Florida home - since it launched in Southwest Florida in 2014 with its flagship Warrior Health and Fitness Program and later adding outpatient clinical care in 2019. Through the continued and growing support of donors, in 2022 it expanded to Tampa and in 2023 began providing outreach services in Puerto Rico. But with thousands of U.S. Veterans taking their own lives each year, including over 500 in Florida, Home Base Florida knew more needed to be done to expand in other parts of the state.

With more than six military installations in Northwest Florida including Tyndall Air Force Base, Naval Air Station Panama City, Eglin Air Force Base, Hurlburt Field, Naval Air Station Whiting Field and Naval Air Station Pensacola, there are over 39,117 active duty military in the region and Veterans represent 12% of the region's workforce, twice the average US rate. As a result, Home Base Florida set its sights to expand into the Panhandle to better serve Veterans and Military Families who live and work in Northwest Florida.

Lakeview Center Outpatient Clinical Partnership

Home Base Florida is able to improve the lives of those affected by military service-related trauma and promote overall well-being through its world-class strategic partnerships with universities, treatment centers and wellness companies across the state. Modeled after their successful clinical partnerships with [David Lawrence Centers](#) and [Lee Health](#) in Southwest Florida, Home Base Florida officially expanded into Pensacola in November 2024 with the launch of a new outpatient clinic in partnership with [Lakeview Center](#), the largest, most comprehensive non-profit provider of behavioral health care in Northwest Florida with more 70 years of experience serving children, adults, and Families.

Through the partnership, outpatient clinical care is now available at no cost for Veterans and Military Families in Northwest Florida for a variety of behavioral health needs including post-traumatic stress, depression, anxiety, anger, grief and loss and co-occurring substance use issues. Each of Home Base Florida's partner clinics receives extensive training in evidence-based therapies and military-informed care from our clinical experts at the country's leading Psychiatry Department at [Massachusetts General Hospital](#).

The outpatient services complement Lakeview Center's 60+ programs from crisis support and outpatient treatment to community-based care and residential programs and improves access to Home Base Florida's Warrior Health and Fitness Program, Adventure Series, education and wellness programs as well as Home Base's intensive clinical program in Boston.

Home Base Florida

State of Florida Allocates \$2 Million to Expand Home Base Clinical Programs Throughout the State

Home Base Florida received a \$2M allocation in state funding, representing a \$500,000 boost in funding over the previous fiscal year. The additional funds will sustain and expand Home Base Florida's critical clinical programs. The allocation was sponsored by Naples-based Florida House of Representative Lauren Melo and Tampa-based US Army Veteran and amputee Florida State Senator Jay Collins.

"The State of Florida is committed to upholding the promises made to the men and women in our military and working with partners like Home Base allows the state to ensure everyone receives the care they deserve," said Representative Melo. Together, we can do our part to make sure Florida is the best place to live for our active duty and former Military Families."



The extra funding will support Home Base's expansion into Pensacola, Florida's Outpatient Clinical Services, Warrior Health and Fitness, and the launch of Traumatic Brain Injury Services. These invaluable resources will give Florida Veterans and their Families access to free mental and behavioral healthcare, significantly enhancing their opportunities to receive the support they need.

TBI Programs Expands into Tampa

Expanding on that model, with this funding, Home Base will expand clinical programming in our newest locations in Tampa and the Panhandle, where we have been providing our flagship Warrior Health and Fitness program. The existing collaboration with Tampa General Hospital will now include a Traumatic Brain Injury Program, which will provide specialized care for military personnel and Veterans who have experienced Traumatic Brain Injury (TBI). The comprehensive program combines evaluation, integrated treatment, and care coordination for Active Duty Members and Veterans with mild to moderate TBIs. By leveraging the expertise of a multi-disciplinary team at Tampa General, we are dedicated to delivering the highest level of care and support to individuals affected by TBIs, ensuring their well-being and successful recovery.

Partnerships Make Care Possible

Home Base Florida's clinical programs are made possible through collaborations with our partners such as [David Lawrence Centers](#) and [Lee Health](#) in Southwest Florida. These partnerships provide Veterans access to free outpatient therapy, providing crucial mental health support. The funding will, in part, continue to support those services. The Warrior Health and Fitness Program, which provides a free, comprehensive 90-day physical fitness and wellness experience tailored to the personal health needs of Veterans and their Family Members, is made possible in Southwest Florida in partnership with [Florida Gulf Coast University](#) and in Tampa through [Tampa General Hospital](#).

Outpatient Clinical Care in the Florida Panhandle

In Pensacola, Home Base partnered with the team at [Lakeview Center](#) to bring high-quality, evidence-based behavioral health services to Veterans in the region in November 2024.

"This funding from the state of Florida is a testament to its commitment to the well-being of our Veterans and their Families," said Senior Director of Home Base Florida Armando Hernandez. "It empowers Home Base to expand our evidence-based programs and reach more Veterans in need, ensuring they receive the care and support they deserve."

With this additional state funding and ongoing community support, Home Base Florida will continue to expand its programs, provide vital care, and make a lasting difference in the lives of those who have served to protect our freedoms.

Florida Key Events

Kensington Salute to Home Base Florida Veterans and Families: A Record-Breaking Success

The 2024 Kensington Salute to Home Base Florida Veterans and Families was an extraordinary event, reflecting the unwavering dedication to fulfilling the trust of our Veterans and Their Families.

Over 60 Veterans and Family Members enjoyed a sun-soaked day by the pool, which included a fun cookie-making contest and a Pickleball Social later in the day. While Families enjoyed these activities, golfers had an excellent day on the course, filled with impressive shots and great camaraderie.

The event's success was the result of the combined efforts of the volunteer committee, the Kensington team, and the Home Base Florida team. **Fundraising efforts brought in nearly \$320,000**, making the **total contributions for the Kensington campaign to nearly \$2 million** since its inception. The **2024 proceeds also included a generous \$50,000 gift from Jean C. Tempel**, Home Base Board of Overseers, to rename the tournament "The General Fred Franks Golf and Family Day" in honor of Home Base Florida's Honorary Executive Director.



Fall Events Spark Support for Veterans and Families in Florida

In Fall 2024, Home Base Florida brought the community together through a series of inspiring events, to raise awareness and support for local Veterans and their Families. These events highlighted the generosity and dedication of individuals and organizations committed to honoring those who have served our country.

The 9th Annual Home Base Golf Tournament at The Nest Golf Club raised an incredible \$325,000. The sold-out event was a day to remember, starting with a moving performance of "God Bless America" and the National Anthem by Reina Ozbay. The energy and enthusiasm carried through the day of golfing, culminating in a dinner and auction that showcased the true spirit of community and philanthropy. Co-chairs Basil Bennett and Charlie Young played an instrumental role in making this record-breaking event possible.

Equally meaningful was the **5th Annual Naples Lakes Golf Tournament**, where participants came together for a day of golf and camaraderie. The tournament, which has raised \$225,000 over its five-year history, began with a spectacular three-plane flyover that paid tribute to our nation's heroes. Veterans were welcomed as players in the tournament, fostering a powerful sense of connection and gratitude. The event concluded with lunch, leaving everyone inspired by the impact of their support.

The Copperleaf Charitable Foundation (CCF) hosted an Adventure Series for 30 Veterans to participate in a day of golf with Copperleaf Golf Club members followed by lunch, drinks and prizes for the top winning teams. This annual tournament is held in remembrance of the September 11th terrorist attacks and honors Veterans for their valued service. To date, CCF has contributed \$172,000 to our mission through a variety of annual fundraising activities and gives back to Veterans in our programs through this tournament as well as free golf lessons.

This season of events demonstrated the profound impact of collective generosity and a shared commitment to making a difference. Home Base Florida is deeply grateful for the support of its partners, participants, and volunteers who made these events possible. The funds raised will go directly toward providing critical programs and services for Veterans and their Families, ensuring a brighter future for those who have given so much.



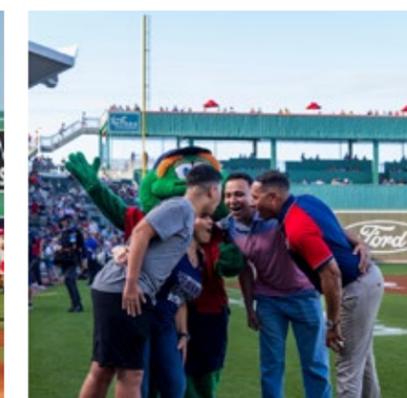
Florida Key Events

Home Base Florida Celebrated at Spring Training Game Presented by Suffolk and Suffolk Cares

During the Red Sox's final Spring Training game at JetBlue Park, Home Base Florida honored over 170 Veterans and their Families on the field during the opening ceremony. This event was generously sponsored by Suffolk and Suffolk Cares, and it wouldn't have been possible without the Red Sox Foundation, which donated all the tickets for our Veterans and their Families, providing a once-in-a-lifetime opportunity to walk onto the field and be acknowledged for their selfless sacrifices.

As the participants lined the field, the announcer recognized Home Base and all those who served, including retired U.S. Air Force Veteran and father of an active duty Airman, Alberto Padron, and his family. Padron threw out the first pitch while his family stood by, ready to announce the official "play ball."

Immediately following the pre-game ceremony, Padron joined Home Base Florida and Suffolk senior leadership and over 90 community champions for a special reception where he shared his military experience, the challenges he faced transitioning to civilian life.



Home Base Florida helped Alberto carry the weight of that void, offering a renewed sense of belonging and community through their Warrior Health and Fitness Program and Adventure Series. The impact of Home Base extended beyond Alberto, as his wife also joined the Warrior Health and Fitness Program, and his eldest son received crucial mental health support after serving in Afghanistan in 2021.

"Home Base is a haven for all Veterans in need of support, regardless of their individual journeys," said Padron. "What I enjoy most about Home Base events is the sense of community. With Veterans, the connection is often instantaneous. Home Base creates these community-building opportunities, bringing with it a sense of belonging that we all need for our overall wellness. I'm better for it. I believe Southwest Florida is better for it too."

Our Leaders

Home Base Leadership 2024-2025

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Michael Allard, Chief Operating Officer
Kalo Tanev, Chief Medical Officer

Gregory Acampora,
Outpatient Clinic Co-Director

Joe Bonvie, Sr. Clinical Director
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Louis Chow, PhD, Senior Director
Partnerships & Training

Jessica Covitz, Director of Outreach

Bill Davidson, Senior Director of
Outreach & Peer Support

Marcus Denetdale,
*Regional Associate Director, Regional
 & Tribal Relations, Home Base Arizona*

Joyce Donadio, Administrative Director

Laura Harward, MSW, LICSW,
National Clinical Programs

Armando Hernandez, Sr. Program Director
Home Base Florida

April Hirschberg, MD,
Medical Director Heath & Wellness

Ron Hirschberg, MD,
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Director, Family Clinical Services

Sofia Matta, Sr. Medical Director
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At Wounded Warrior Project we help rebuild lives for the latest generation impacted by war and military service. It should not be harder for people to come back from war than to go to war, but it is. Home Base is a founding member of our Warrior Care Network partnership because they are leaders in caring for those who serve. We have many more warriors to bring home, so let's keep the promise and work together to support those who kept us free.

- Retired Lieutenant General Walt Piatt
Chief Executive Officer, Wounded Warrior Project

Financial Summary



Home Base Program Financials

3rd Party Revenue	\$ 1,723,147
Contributions	\$ 24,834,960
Government Contracts	\$ 6,891,626
Investment Income/Other	\$ 575,772
Total Revenue	\$ 34,025,505
Sub-total Program Costs	\$ 28,551,124
Indirect Costs	\$ 2,490,237
Total Costs	\$ 31,041,361
Sub-total Gain/(Loss) from Operations	\$ 2,984,144
Prior Year Cash Balance	\$ 3,147,149
Total Gain/(Loss) from Operations	\$ 6,131,293
In-Kind Support	\$ 2,713,565

Total revenue
\$34,025,505

Total costs
\$31,041,361

Total gain
\$6,131,293



Get Involved: How to Support Home Base

How to make a gift to Home Base

- ✓ One-Time Donation
- ✓ Monthly Donation
- ✓ Employer Matching Gifts
- ✓ Wire/Stock Transfer

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Contact our team at mghdevhomebase@partners.org

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