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## Postdoctoral Fellowship 2026-2027 Brochure

Massachusetts General Hospital  
Home Base Program for Veterans, Service Members and Military Families

**WELCOME to the Red Sox Foundation/Massachusetts General Hospital Home Base Program Clinical Postdoctoral Fellowship Program!**

**Thank you for considering the Home Base Program for your clinical psychology postdoctoral training experience! This brochure describes the training opportunities available for our 1-year clinically focused postdoctoral fellowship.**

### Director of Training

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### Clinical Supervisors:

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### PROGRAM PHILOSOPHY AND GOALS:

Home Base, a Red Sox Foundation and Massachusetts General Hospital program, is dedicated to healing the invisible wounds – including post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), anxiety, depression, co-occurring substance use disorder (SUD), and family relationship challenges – for Veterans of all eras, Service Members, Military-Connected Families, and Families of the Fallen through evidence-based clinical care, wellness, education, and research.

Our postdoctoral fellowship program provides clinical training opportunities in the area of Veteran and military family mental health for fellows to develop skills required to function as an independent clinical psychologist. Our training program emphasizes a scientist-practitioner approach, wherein current scientific knowledge informs the development and implementation of evidence-based practices. Our program is rooted in our core values of honoring individual differences in diversity, collaboration, and education. This mission extends beyond preparation for service delivery, and we strive to create an



individualized training plan in collaboration with the fellow that meets their training and career goals. Through training experiences that include didactics, supervision, clinical rounds, observation, and participation in Home Base and MGH Departmental opportunities (see below), fellows participate actively in selecting opportunities that will further their professional development. Our program aims to foster the fellow's development of a healthy professional identity and core competencies that will allow them to function independently in the field.

### TRAINING SITE DESCRIPTION

Home Base is staffed by a multidisciplinary team of Veteran and non-Veteran staff including psychologists, neuropsychologists, psychiatrists, social workers, physical medicine and rehabilitation physicians, nurses, nurse practitioners, nutritionists, exercise physiologists, and speech and language pathologists. Home Base's mission is to improve access to evidence-based mental health treatment, with an emphasis on developing and implementing effective and innovative clinical programs.

#### Outpatient Clinic

Home Base's outpatient clinic provides individual therapy, group therapy, pharmacotherapy and couples therapy to Veterans, service members and their families who are struggling with PTSD, mood and anxiety disorders, substance use disorders, deployment- and military-related adjustment concerns, and traumatic brain injuries (TBI).

#### Intensive Clinical Program (ICP)

The ICP is an innovative 2-week, daily intensive program for Veterans and active-duty service members with moderate-to-severe PTSD and/or TBI, as well as comorbid substance use disorders. During the two weeks, patients receive daily individual and group therapy, weekly pharmacotherapy, and daily fitness and wellness activities. Home Base also offers a 2-week intensive outpatient program for suicide bereaved family members.

#### Families of the Fallen (FoF)

The Intensive Clinical Program for Families of the Fallen (ICPFF), established in 2017 with the Tragedy Assistance Program for Survivors (TAPS), is a groundbreaking outpatient treatment program designed to treat Survivors of Fallen Warriors with up to two years of treatment in a two-week program, combining evidence-based therapy with complementary and alternative medicine.

What sets the ICPFF apart from other programs is that it is staffed not only by Massachusetts General Hospital clinicians and fitness and nutrition experts — all trained in Military culture and specialize in treating invisible wounds — but also by Veterans, Service Members and Military Family Members who are subject-matter experts and able to provide high-level peer support through their shared life experiences.

#### Comprehensive Brain Health and Trauma Program (ComBHaT) Program



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In addition to our clinical mission, Home Base promotes research focused on the prevention, diagnosis, and treatment of TBI and stress-related disorders for those who have served in Special Operations. The program also supports physical health and wellness, provider and community education, and community outreach initiatives.

## FELLOWSHIP DESCRIPTION

This one-year clinical psychology post-doctoral fellowship program begins August 24<sup>th</sup>, 2026 and ends August 23<sup>rd</sup>, 2027. Clinical fellows in this program will devote 25 hours per week to direct patient care, with the remaining time dedicated to supervision, didactics, training, and program development. The Postdoctoral salary is \$71,750 per year plus benefits and vacation. Additionally, fellows are eligible to apply for up to \$1,250 of Home Base professional development funding and up to \$5,250 of tuition assistance from Mass General Brigham. There are also opportunities to become involved in research depending on interest and availability of current projects (see below).

## TEACHING METHODS

### Clinical Activities:

- 25 hours of direct patient care per week, including:
  - Conducting intake assessments and providing daily massed PTSD care to 3 individual patients in the ICP
  - Co-leading group psychotherapy in the ICP (e.g., Skills group, In Vivo Exposure group, and family psychoeducation groups)
  - Providing outpatient therapy to a caseload of 3-7 patients in the Outpatient Clinic
  - Providing clinical care in additional clinical programs including family, couples, brain health, depending on need and training goals
- 3-4 hours of indirect patient care activities including record reviews, documentation of treatment plans, assessment reports, and progress notes and participation in weekly multidisciplinary treatment team meetings to support clinical care

### Supervision:

Postdoctoral Fellows receive a minimum of two hours of individual clinical supervision per week by one or more licensed clinical psychologists. Fellows may also receive group supervision, with a maximum of three trainees.

### Didactics:

Postdoctoral Fellows participate in Home Base's didactics series that occurs weekly on Wednesdays in-person at the Home Base clinic throughout the course of the year. The Didactics series is presented in collaboration with the Warrior Care Network (WCN) sites, including UCLA, Rush University, and



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Emory University. Didactic content is designed to further the fellows' breadth and depth of competency, with a specific focus on topic areas that impact the veteran and military community. All didactic offerings include diversity, equity and inclusion content that may include, but are not limited to, the following topics:

- Military Culture
- Mandated Reporting
- Suicide and Safety Planning
- Military Sexual Trauma
- Eating Disorders and the Military
- Traumatic Brain Injury
- Sleep Disturbances in Veterans
- Substance Use among Veterans
- Group Dynamics
- Family Systems and Treatment
- Cultural Humility

Postdoctoral Fellows will also have the opportunity to obtain other didactic learning experiences through attending department-wide lectures (e.g., MGH Department of Psychiatry Grand Rounds, MGH Psychology Postdoctoral Professional Development Series). Fellows may participate in other department and/or hospital wide seminars and mentoring opportunities based on availability and interest.

Fellowship Training and Development Experiences:

The fellowship aims to foster professional growth and competence in the area of Veteran and Military Connected family mental health through the provision of the following training experiences:

- Comprehensive clinical assessment and care of general mental health concerns in Veterans, including PTSD, mood and anxiety disorders, adjustment disorders, grief disorders, TBI, and substance use co-occurrence.
- In depth training in at least one evidence-based treatment (e.g., Prolonged Exposure Therapy, Cognitive Processing Therapy, Unified Protocol).
- Comprehensive assessment and clinical care of general mental health concerns in family members of Veterans, including impact of Veterans' mental health challenges.

Research Opportunities:

Postdoctoral Fellows interested in research will have the opportunity to pursue studies of interest as a collaborator alongside a current Home Base PI. These opportunities will be determined in collaboration with supervisors based upon fellows' interests and available bandwidth. Opportunities could include manuscript preparation and submission, panel/poster preparation and submission to regional or national conferences, or becoming involved with ongoing research projects including developing clinical interventions, grant writing etc. There is potential to extend the fellowship into a second year to continue



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work on a funded research study; this must be discussed and approved by supervisors and clinical/research leadership prior to pursuing.

Core Competencies:

- I. Ethical and Legal standards: Fellows will demonstrate the ability to respond professionally in complex situations with a greater degree of independence in accordance with the APA Code and relevant state and federal laws, regulations, rules and standards.
- II. Individual and Cultural Diversity and inclusion: Fellows will demonstrate the ability to approach all professional activities with cultural humility.
- III. Assessment: Fellows will enhance competency in diagnostic interviewing with a variety of diagnoses including scoring and interpreting self-report measures of psychological functioning.
- IV. Intervention: Fellows will develop competence in the provision of evidence-based interventions for adults with a variety of concerns. Fellows will implement these interventions in outpatient and intensive program settings.
- V. Communication and interpersonal skills: Fellows will enhance competence in effective communication and collaboration within a multidisciplinary team in a fast-paced academic medical center setting.
- VI. Professional Attitudes and Behaviors: Fellows will develop professional identities as psychologists and foster awareness of growth areas.

**ELIGIBILITY**

1. Have received a Doctorate from an APA or CPA accredited graduate program in Clinical, Counseling, or Combined Psychology or PCSAS accredited Clinical Science Program. Persons with a doctorate in another area of psychology who meet the APA or CPA criteria for respecialization training in Clinical, Counseling, or Combined Psychology are also eligible.
2. Have completed an internship program accredited by the APA or CPA.
3. Must be legally permitted to work in the U.S. for the duration of the fellowship.

**EVALUATION METHODS AND GRIEVANCE PROCEDURES**

Evaluation Methods

Postdoctoral Fellows receive a formal written evaluation of their progress by their primary supervisor a minimum of three times per year (at 3 months, 6 months, and 12 months). Fellows provide written evaluations of their supervisors on an annual basis. Additionally, each Fellow meets with the Training Director a minimum of three times per year to provide feedback on their experience.

Due Process Policy



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In the event of a grievance, the Fellowship Program has a due process policy that outlines both remediation procedures and procedures for Fellows to follow if they have a concern about the review process or their experience in the Home Base Program.

### APPLICATION INSTRUCTIONS

#### Required Experience:

- Applicants should have prior training in at least one evidence-based psychotherapy (e.g., CBT, DBT, CPT, PE)

#### Preferred Experience:

- Prior training in at least one evidence-based trauma focused psychotherapy (e.g., PE or CPT)
- Supervised experience treating a variety of clinical presentations, including mood, anxiety, and substance use disorders
- Clinical training in couples and other family treatments
- Clinical training in therapies for insomnia and/or chronic pain
- Research interests related to Veterans and military family functioning

Interested applicants should forward a letter of interest (addressed to Dr. Lauren Richards-Donagan, Director of Education and Training), along with curriculum vitae and the names of 3 references to Monique Hashimoto, [mshashimoto@mgh.harvard.edu](mailto:mshashimoto@mgh.harvard.edu). Rolling application review will begin December 1st, 2025, with interviews taking place in December 2025 and January 2026. Offer notifications will occur following the completion of interviews.

For general questions about the fellowship, please contact [educationathomebase@mgb.org](mailto:educationathomebase@mgb.org).

Home Base is part of Massachusetts General Hospital, an Equal Opportunity Employer. By embracing diverse individuals, skills, perspectives, and ideas, we choose to lead. Applications from protected Veterans and individuals with disabilities are strongly encouraged.