



2023 IMPACT REPORT

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I asked for a reset on my life, and Home Base and every single staff member made it happen. There are really no ways to express my gratitude for the gift of life given to me.

INTRODUCTION



HELPING HEROES HEAL

Home Base is a not-for-profit National Center of Excellence dedicated to healing the invisible wounds of war for Veterans, Service Members, and their Families. Thanks to a Grateful Nation, these brave Heroes and their Families have access to 21st century technology and nationally renowned clinicians who provide world class clinical care, wellness, training, and research, all at no out-of-pocket cost, regardless of service era or discharge status.

NOTEWORTHY NEWS RESEARCH & INNOVATION CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

HOME BASE PROGRAMS

DIRECT CLINICAL CARE FOR SERVICE MEMBERS, VETERANS, FAMILIES & FAMILIES OF THE FALLEN

Providing timely, quality, and compassionate clinical care is one of the most critical components of healing the invisible wounds. Home Base has developed three clinical models to serve Veterans and Families who live around the globe:

NATIONAL INTENSIVE CLINICAL PROGRAM (ICP)

This first-of-its-kind 2-week ICP compresses 2 years of mental health, brain injury, and/or substance use treatment into a 2-week program. A special iteration for Families of the Fallen is also offered to those who have experienced the suicide of their loved Veteran. In 2023 Home Base added a number of specialty cohorts for underserved Veterans, such as Native American and Women Veterans, who often lack access to care.

NATIONAL SPECIAL OPERATIONS CLINIC

The Comprehensive Brain Health and Trauma (ComBHaT) Program provides coordinated, integrated, multi-disciplinary specialist evaluation, treatment, and care coordination for Special Operations Service Members and Veterans across the country.

REGIONAL OUTPATIENT CLINICAL CARE

With clinics located in Massachusetts, Florida, and soon to be in Arizona, Home Base provides advanced in-person and telehealth care to Veterans, Service Members, and their Families in their local communities.

WARRIOR HEALTH & FITNESS

Warrior Health & Fitness is designed to improve physical health and well-being through supervised exercise, nutrition, mind-body medicine, stress management, and sleep. Combined with a Veteran & Family Adventure Series that hosts our Military community through skiing, museum visits, apple picking, and more, the wellness mission recognizes the holistic importance of healing.

TRAINING IN UNDER-RESOURCED COMMUNITIES

The Home Base Training Institute has educated over 85,000 clinicians and first responders to recognize and treat the invisible wounds of war. This training propels strategic partnerships to address care in under-resourced community health centers caring for our Veterans of Color and a new initiative with Native American Veterans.

INNOVATION & FINDING NEW TREATMENTS

Through leveraging 21st century technology to discover new treatments in healing the invisible wounds of war, Home Base harnesses the scientific community of Mass General Brigham, Harvard, and other national partners to find the most innovative solutions of tomorrow.

AWARENESS

The Home Base Nation Podcast reaches audiences across the country and features personal stories and topics that have an important impact on our Veteran, Military, and patriotic communities. Highlighted guests include Jake Tapper, Spike Lee, David "Big Papi" Ortiz, Sebastian Junger, and topics include things like art therapy, psychedelics research, and the USS Intrepid with Prince Harry.



40k+ Veterans, Service Members, and **Families received** care

clinicians & first responders trained to recognize and treat the invisible wounds

HELP OUR HEROES

Since 2009, Home Base has served over 40,000 of the most injured U.S. Veterans and Service Members, and their Families. Our reach spans across all 50 states, 5 territories, and 13 countries.

20 **Veteran suicides** per day



Suicides since 9.11

20% **Increase in Military** suicides since 2020

93%

of Veterans would recommend Home Base to a fellow Veteran

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES HOME BASE ARIZONA

STORIES OF HOPE

HOME BASE NATION PODCAST

95%

Graduation rate for

National Clinical

Programs

SIGNATURE EVENTS

COMMUNITY FUNDRAISERS

HOME BASE HOME BASE FLORIDA

RACE FOR

LETTERS FROM LEADERSHIP

Home Base's success rests on three pillars: **PASSION, INNOVATION,** and **PARTNERSHIPS.** The year 2023 highlighted these three pillars in new, exciting, and innovative ways that help us continue our mission.

We would like to take the opportunity to honor our fervent supporter and dear friend, Tim Wakefield. Tim was a champion and catalyst for Home Base's mission to heal the invisible wounds of war for Veterans, Service Members, and their Families. We continue to honor his legacy through a passion to serve those who need us most.

Home Base strives to pioneer innovative treatments to offer Warriors and their Families a brighter future. Our commitment to serving underserved Military communities has propelled us to expand our innovative approach to Veteran care into the State of Arizona.

Looking ahead to the coming year, we will embark upon a strategic initiative called Healthspan, aiming to transform Veteran care from reactive to proactive, to mitigate potential reduced lifespan and the debilitating effects of chronic illness that result from invisible wounds such as traumatic brain injuries.

This is truly an exciting time for Home Base as we expand, innovate, and catalyze to serve even more Veterans, Service Members, and Military Families in the ways they need most. We could not be better poised to remain a world-class leader, thanks to the support of our partners and Grateful Nation. As you will see in this Impact Report, our work is only beginning.

Their mission is complete. Ours has just begun.

Sincerely,



BRIGADIER GENERAL (RET.) JACK HAMMOND Executive Director, Home Base

INTRODUCTION

Partnerships drive our success. From Veterans Service Organizations to governmental agencies and beyond, Home Base relies on our partners to deliver world-class care and to expand our services to underserved communities. 2023 was a year of amazing partnership successes and triumphs.

Government partnerships led to a landmark year of funding for Home Base, beginning with the announcement of **\$5 million** in federal funding for Home Base's Signature Clinical Programs Serving Families of the Fallen and Active-Duty Special Operations Forces experiencing Traumatic Brain Injury in February. Additionally, in March, Home Base Florida received approval from the Collier County Board of Commissioners for expansion of a mental healthcare facility in partnership with David Lawrence Centers (DLC). In July, Home Base Florida received approval to be granted **\$1.5 million in funding from the** Florida State Legislature in support of its mission.

Organizational partnerships made significant impacts in Home Base's expansion of care. In March, <u>Home Base and TAPS</u> <u>visited Liverpool Football Club</u> to honor Families of the Fallen from the U.S. and U.K. In Fall 2023, <u>Raytheon, an RTX business</u>, <u>provided Home Base a \$100,000 grant</u> in support of Home Base's programs to care for Veterans and their Families, with an emphasis on Native American Veterans in Arizona. Additionally, Home Base received a \$1 million commitment from the Yung Family Foundation. And, thanks to our partners at <u>Tampa General Hospital</u>, Veterans in Florida have access to Home Base's wellness and mental health care resources.

Lastly, in December, we announced the addition of 6,000 square feet of clinical space for our **Comprehensive Brain Health and Trauma Program (ComBHaT)** for Special Operators, led by our partners at Suffolk Construction and Wounded Warrior Project.

Many other partnerships helped Home Base expand its care, embolden its mission, and empower its supporters to help raise \$2.2 Million across local events, national campaigns, and marathon races.

Home Base is proud to partner with like-minded organizations and individuals to ensure that our state-of-the-art, life-saving care continues to be accessible to those who need it most.

Their mission is complete. Ours has just begun.

Sincerely,

Michael D. allow



MICHAEL ALLARD Chief Operating Officer, Home Base

RESEARCH & INNOVATION

CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS

COMMUNITY FUNDRAISERS RACE FOR HOME BASE

HOME BASE FLORIDA

SUCCESSFUL PARTNERSHIPS

Wounded Warrior Project makes 3-year commitment to Home Base

Wounded Warrior Project has awarded Home Base an astounding \$40 Million+ in its recent 3-year commitment. Funding from this gift will support three key areas: the Intensive Clinical Program (ICP), the Comprehensive Brain Health and Trauma (ComBHaT) program, and the Outpatient Clinic at Home Base's National Center of Excellence.

In addition to this incredible 3-year commitment to fund clinical care, WWP provided \$1.5 million in initial capital funding for Home Base's Brain Health expansion. Home Base extends its deepest thanks to Wounded Warrior Project for its steadfast commitment and support.





NOTEWORTHY NEWS



Home Base receives \$5 million in federal funding for clinical programs

On February 22, 2023, Senators Elizabeth Warren (D-Mass.), and Edward J. Markey (D-Mass.), and Representatives Stephen Lynch (MA-08) and Ayanna Pressley (MA-07) joined leadership from the Red Sox, Massachusetts General Hospital, and Home Base, in celebration of \$5 million in federal funding for Home Base's signature clinical programs serving Families of the Fallen and Active-Duty Special Operations Forces experiencing traumatic brain injury.

This marks the first ever federal funding support for Home Base's clinical programs and will be used to support Home Base's Intensive Clinical Program for Families of the Fallen and Resilient Youth Program for Child Survivors and to support the work Home Base does with active-duty Special Operations Forces with traumatic brain injury (TBI). These funds will enable adult survivors in Massachusetts, and across the United States, to participate in Home Base's 2-Week Intensive Clinical Program (ICP) for Families of the Fallen a

groundbreaking outpatient treatment program designed to treat Survivors of Fallen Warriors with up to two years of treatment in a two-week program.

This funding will also enable activeduty special operators from across the country to attend Home Base's **Comprehensive Brain Health and Trauma Program (ComBHaT)**: a fourday program that provides coordinated, integrated, multi-disciplinary specialist evaluation, treatment initiation, and care coordination for Active-Duty special operations forces with mild and moderate TBIs.

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NOTEWORTHY NEWS RESEARCH & INNOVATION CLINICAL FEATURES

HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

FIRM FOUNDATIONS FOR FAMILIES OF THE FALLEN

Home Base Intensive Clinical Program for Families of the Fallen is a recipient of Bob Woodruff Foundation Grant

Home Base received a grant from the Bob Woodruff Foundation (BWF) for the Intensive Clinical Program for Families of the Fallen (ICPFF) in January 2023.

The ICPFF, established in 2017 in partnership with the Tragedy Assistance Program for Survivors (TAPS) and Fisher House, is a groundbreaking outpatient treatment program designed to treat survivors of Fallen Warriors with up to two years of treatment in a two-week program, combining evidence-based therapy with complementary and alternative medicine. BWF leverages its expertise and collaborative network to find, fund, and shape innovative programs that help our impacted Veterans, Service Members, and their families thrive. As a nonpartisan leader in the Military-Veteran community, BWF brings transparency and credibility to its partners and complements their efforts. Receiving a grant from BWF is an honor that recognizes the dedication, focus and effectiveness of our staff, volunteers and supporters.



This generous grant will allow Home Base to continue to fill the gap in Military Family care by expanding our first and only in its class program specifically for Families of the Fallen that provides care and resources for these Families.



ANNE MARIE DOUGHERTY, CHIEF EXECUTIVE OFFICER, BOB WOODRUFF FOUNDATION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS

COMMUNITY

RACE FOR FUNDRAISERS HOME BASE HOME BASE FLORIDA

FIRM FOUNDATIONS FOR FAMILIES OF THE FALLEN

Home Base & TAPS visit Liverpool Football Club

Over the past 100+ years, much has been said in the newspapers and in government about the special relationship between the U.S. and Great Britain. In March 2023, Home Base and TAPS joined forces with Liverpool Football Club (LFC) to bring special meaning to this characterization.

Leaders from Britain's National Heath Services, U.K. Armed Forces Football Association, and Angela Ruskin University joined us and TAPS with LFC and the LFC Foundation to honor Families of the Fallen from the U.S. and U.K. through a series of events, culminating in LFC's Charity Legends Game versus Celtic Football Club. The high point of the weekend occurred on Saturday morning, when the British Legion hosted a wreath laying ceremony at the Liverpool Cenotaph at St. George's Hall — a memorial to those who had fallen in the First World War — where the Families laid a wreath to honor their loved one.

The bonds of war, sacrifice, and loss transcend continents, realized through Home Base's care of U.S. Veterans over the past 13 years and, more recently, British Veterans over the past four years.

"Since 9/11, more than 20 times the number of Veterans from the U.S. and U.K. have died by suicide than the two countries' combined combat casualties of the past 20 years," said Home Base Chief Operating Officer Michael Allard. "This has left a wake of traumatized and grieving Families throughout our two countries. Shockingly, resources for these Families are typically slim and those who have had Family Members from the Military who have died by suicide traditionally have not had a lot of options."

"Since 2017, Home Base has partnered with TAPS to fill this gap by creating the first of its kind Intensive Clinical Program to care for these Families — all at no cost. We are sincerely grateful to LFC and the LFC Foundation for their dedication to Veterans and their Families."

NOTEWORTHY NEWS

"Nothing captures this bond of sacrifice more than our U.S. and British Families who have lost loved ones to suicide. Home Base has served as a beacon of hope and healing to our survivor community and we are grateful for our partnership with TAPS along with a growing partnership LFC to reach new communities who need our care and support."

– Michael Allard, COO



NOTEWORTHY NEWS RESEARCH & INNOVATION

CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS COMMUNITY FUNDRAISERS

RACE FOR HOME BASE HOME BASE FLORIDA FINANCIAL SUMMARY

11

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This was first class. Every single person was absolutely amazing. Home Base was a warm blanket for my soul. Thank you, thank you, thank you.

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HOME BASE HIGHLIGHTS

WCVB Boston 5 Fixer Upper

Home Base was a proud participant of WCVB News Center 5's most recent "5 Fixer Upper" segment in an effort to upgrade and refresh the patio space at the National Center of Excellence in Charlestown, MA. The revitalization included the addition of stylish patio furniture, fresh plants and shrubs, and a cuttingedge sound system. These upgrades will allow Home Base participants to have a place to rest, relax, and take in the beautiful scenery of Constitution Wharf as they receive care. The new patio officially opened with a ribbon-cutting ceremony on Friday, October 6, 2023 with Home Base Executive Director Retired Brigadier General Jack Hammond and leadership from WCVB News Center 5 and Bernie & Phyl's Furniture.

NOTEWORTHY NEWS



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NOTEWORTHY NEWS RESEARCH & INNOVATION

CLINICAL FEATURES

HOME BASE ST ARIZONA OF

STORIES HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA FINANCIAL SUMMARY

13

HOME BASE HIGHLIGHTS

Home Base marks Army-Navy game's first New England matchup with events at its National Center of Excellence

For the first time in its 124-year history, the iconic Army-Navy Game took place in New England at Gillette Stadium in Foxborough, MA on Saturday, December 9, 2023.

Ahead of the famed weekend, Home Base hosted a clinic expansion kickoff on Wednesday, December 6, followed by an open house and Families of the Fallen reception on Thursday, December 7, at its National Center of Excellence in Charlestown, MA.

On Wednesday afternoon, in partnership with Suffolk and the Wounded Warrior Project, Home Base hosted an expansion kickoff of the Suffolk Innovation Clinic and Wounded Warrior Project Brain Health and Special Operations Performance Clinic. Featured speakers included Home Base Executive Director, Retired Brigadier General Jack Hammond and Chief Operating Officer Michael Allard, Suffolk Chairman and Chief Executive Officer John Fish, Wounded Warrior Project Chief Financial Officer Eric Miller, and Massachusetts' first Secretary of the Executive Office of Veterans' Services Jon Santiago. Senator Elizabeth Warren and House Minority Whip Katherine Clark of Massachusetts generously provided video messages for the attendees to watch at the event.

The following evening, Home Base hosted an open house and reception to honor Families of the Fallen, presented by the Ben Franklin Global Forum and Hanscom Federal Credit Union (HFCU) Charitable Foundation. Welcome remarks were provided by General Hammond, Michael Allard, Ben Franklin Global Forum Chairman Bob Daniels, HFCU President and Chief Executive Officer Peter Rice, and the Honorable Carlos Del Toro, the 78th Secretary of the Navy.



NOTEWORTHY NEWS

Additionally, on Friday, Home Base attended the Army-Navy Gold Star Tailgate at PKL Boston hosted by the Derek Hines Soldiers Assistance Fund, which provides financial assistance for Massachusetts soldiers who have incurred serious, careerending and life-altering injuries while on active duty, and their families. The Fund generously donated \$30,000 to Home Base in honor of the militaryfocused weekend.

Thanks to our generous partners, RTX and Suffolk Construction, Home Base hosted over 100 military family members at the Army-Navy game at Gillette Stadium on Saturday.



RESEARCH & INNOVATION CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE C EVENTS F

COMMUNITY FUNDRAISERS RACE FOR HOME BASE

HOME BASE FLORIDA



HOME BASE HIGHLIGHTS

Home Base at the Tom Clancy's Jack Ryan Season Premiere

In June 2023, Prime Video and Jack Ryan honored Veterans and their Families from Home Base at the Tom Clancy's Jack Ryan fan screening for The Final Season at MGM Music Hall at Fenway. Home Base Executive Director, Retired Brig. Gen. Jack Hammond presented to over 1,000 attendees about Home Base and its mission, and then moderated a Q & A session with stars John Krasinski, Michael Kelly, and Wendell Pierce.

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NOTEWORTHY NEWS



General Fenton visits Home Base

Executive and Clinical Leaders from Home Base hosted United States Special Operations Command (SOCOM) Commander General Bryan P. Fenton and Command Sergeant Major Shane W. Shorter for a tour of the National Center of Excellence.

During the visit, the SOCOM Command Team experienced a behind the scenes look at Home Base's Special Operations Poly Trauma -TBI Program exclusively for Special Operations Forces. This first of its kind 5-day program, in which Special Operations Forces (SOF) members receive a head-to-toe multidisciplinary evaluation for Traumatic Brain Injury across 14+ specialties, has served more than 350 SOF Veterans and Active Duty Service Members.

NOTEWORTHY NEWS RESEARCH & INNOVATION CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

RESEARCH & INNOVATION

AWARDS & HONORS



TOM WERNER Navy SEAL Foundation Patriot Award Recipient

Red Sox Chairman and Home Base Co-Founder, Tom Werner, received the Navy SEAL Foundation Patriot Award for his work with Home Base, which has provided innovative and transformational mental health care for tens of thousands of Veterans, Service Members, Military Families, and Families of the Fallen from across the country — all at no cost to them.

Each year, the NSF Patriot Award is awarded to an individual, group, or organization that has made significant contributions to the advancement of our nation and its citizens while exemplifying the ideals and ethos of the SEAL community that NSF serves.

Deepest thanks to Tom for his continued service and dedication to Home Base and our military community!

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RESEARCH & INNOVATION



DR. ROSS ZAFONTE Ben Franklin Global Forum Award Recipient

Ross Zafonte, DO, President of Spaulding Rehabilitation, was presented with the 2023 Admiral Charles LeMoyne Distinguished Healthcare Professional Award at an event in Cambridge on December 8, 2023. Dr. Zafonte received this honor for his groundbreaking research in the understanding of the mechanisms of recovery after brain and spinal cord injury and his commitment and dedication in directing the Home Base Brain Injury and Warrior Health and Fitness programs.

The Ben Franklin Global Forum recognizes that Dr. Zafonte has worked tirelessly for the last 15 years in research while also providing hands-on care of our nation's uniformed Military and their Families to address the invisible wounds of war.



LAURA HARWARD Clinical Excellence Award Recipient

The Massachusetts General Hospital Department of Psychiatry named Laura Harward, LICSW as recipient of the September 2023 Clinical Excellence Award.

Laura was highlighted for her ability to deftly juggle so many duties as the Director of the Home Base Intensive Clinical Program (ICP) and for her desire to continue to push the envelope of what services Home Base can provide, such as leading a recent strategic planning effort to build a 5-day rural intensive program to serve Native American, Hawaiian, and Alaskan Veterans.

NOTEWORTHY NEWS RESEARCH & INNOVATION

CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS F

COMMUNITY FUNDRAISERS RACE FOR HOME BASE

HOME BASE FLORIDA

INSPIRING INNOVATION

Featured Project: Home Base launches new research study for post-traumatic stress symptoms

During the third quarter of 2023, Home Base began a new study funded by the National Institute of Mental Health called Mismatch vs. standard intervention during memory reconsolidation blockade with propranolol: effect on psychophysiological reactivity during traumatic imagery. The goal of the study is to develop a novel intervention for post-traumatic stress (PTS) symptoms inspired by the science of memory reconsolidation. The project is led by Home Base Senior Director of Research Kaloyan Tanev, MD, and Scott Orr, PhD, of Massachusetts General Hospital. The goal of the proposed study is to test whether intentionally incorporating an unexpected MisMatch (MM) into traumatic memory reactivation can improve physiological outcomes. Throughout the trial, the standard group participants will read the narrative the same way each time, while the MM group participants will be instructed to read the narrative in different, unexpected ways, such as by changing the chair they sit on while reading. The focus of the project is to assess whether the MM group shows lower physiological responses to traumatic reminders than the standard group. To our knowledge, the use of psychophysiological techniques to elucidate the role of MM in human memory reconsolidation and its blockade has not yet been attempted.

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It was the first time in a very long time that I felt normal. It was great to see and know that I was not the only person sharing the same difficulties.

NOTEWORTHY NEWS RESEARCH & INNOVATION CLINICAL FEATURES

55

HOME BASE ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS COMMUNITY FUNDRAISERS RACE FOR HOME BASE

HOME BASE FLORIDA

RESEARCH & INNOVATION

INSPIRING INNOVATION

Home Base Catalyst Fund

Home Base, a Red Sox Foundation and Massachusetts General Hospital Dept. of Psychiatry Program, provides catalyst funding to be used toward innovative, military-focused research. The purpose of this funding is to stimulate new ideas and exciting approaches to research designed to yield meaningful impact for Veterans, Active-Duty Service Members, and Military-Connected Families. Data from catalyst awards can then be used to seek larger-scale funding from other entities to conduct additional research. Proposals should relate to advancing one or more of the following areas of clinical or translational research:

Post-traumatic stress and comorbidities

Traumatic Brain Injuries and comorbidities

Impacts of Invisible Wounds

Wellness Interventions

Fiscal Year 2024 Catalyst Awards

Award Notices issued August 2023. Anticipated project-start dates October 2023.

Blast Exposure in U.S. Military Special Operators: Examining Associations with Brain White Matter Microstructure and Neuropsychological Functioning

PI: Scott Sorg, PhD

This project seeks to leverage a large set of existing data collected within the scope of special operators' clinical care to evaluate potential associations between blast exposure and white matter microstructure and neurocognitive functions. We will analyze diffusion-weighted imaging (DWI) data from over 200 veteran or active-duty Special Operations Forces (SOF) who participated in the Home Base Comprehensive Brain Health and Trauma (ComBHaT) program, and who meet inclusion criteria. We will use the Generalized Blast Exposure Value (GBEV) measure to estimate aggregate lifetime blast exposure, and we will integrate results of clinical neuropsychological assessments as measures of cognition, in addition to measures of psychiatric symptoms.

Sleep pre- and post-cognitive behavioral therapy for PTSD in military service members and veterans

PI: Edward Pace-Schott, PhD

This project seeks to advance scientific knowledge about sleep problems and their relationships with PTSD symptoms before and after treatment for PTSD in veterans and active-duty military service members. We will investigate sleep quality and physiology before, during, and after trauma-focused cognitive behavioral therapy (tf-CBT) for PTSD, and the relationship between sleep and PTSD symptoms, using sleep diaries, wrist actigraphy, and polysomnography (PSG). We will compare our subjects before tf-CBT with sleep data from age-matched healthy controls in an existing database, and will also examine the relationship between pre- to post-treatment improvements in PTSD symptoms and sleep quality. We expect our study to identify treatment targets that will become the focus of future studies, and spur sleep medicine advocacy initiatives directed at veterans and service members. We expect our results to lead to broader use of this technology by the medical community that would result in higher quality care for this vulnerable population.

RESEARCH &

CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS F

COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

BRAIN HEALTH EXPANSION

Expanding Space

In December 2023, Home Base and Suffolk Construction announced a partnership to expand Brain Health services at the National Center of Excellence in Charlestown, MA. Suffolk, a national contractor and real estate enterprise that invests, innovates, and builds, assumed management of the construction at the clinic, adding a third floor dedicated to Brain Health services.

In addition to renovating and expanding Home Base's Charlestown, Massachusetts headquarters, Suffolk has donated approximately \$1.5 million of in-kind construction management and Suffolk Design services to the project. Suffolk also collaborates with Home Base on mental health and suicide prevention initiatives, including joint efforts to increase mental health awareness in the construction industry, as veterans are a vital segment of the industry and a vulnerable population to mental health challenges.







JOHN F. FISH Suffolk Chairman & CEO



GENERAL RICHARD CLARKE

Expanding Leadership

In tandem with the clinical expansion partnership, Suffolk Chairman and CEO John F. Fish joined Home Base's Board of Overseers alongside existing board members Tom Werner, Chairman of the Boston Red Sox and Red Sox Foundation, Massachusetts General Hospital President Dr. David F.M. Brown, Jean Tempel, Managing General Partner at First Light Capital LLC, and Mike Gordon, President of the Fenway Sports Group. The board provides strategic guidance and support to Home Base's programs.

General (ret.) Richard Clarke also joined Home Base's Honorary Board. With years of Special Operations expertise as Commander of the United States Special Operations Command, Clarke is instrumental in ensuring Home Base's clinical service for PTSD and Traumatic Brain Injury reaches the Special Operations Community at all levels.



NOTEWORTHY NEWS RESEARCH &

CLINICAL H FEATURES

HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA



BRAIN HEALTH EXPANSION

Expanding Leadership

Home Base's Dr. Ron Hirschberg and Dr. Lauren Brenner were named Co-Directors of Brain Health. Dr. Hirschberg and Dr. Brenner continue to lead the charge in providing the best-in-class medical and clinical services to implement, evaluate, and advance the Brain Health team in the Intensive Clinical Programs and Outpatient Clinic at Home Base.

Dr. Hirschberg focuses on the medical services provided in Home Base's Brain Health Services, whereas Dr. Brenner manages the Neuropsychological, Cognitive Rehabilitation, and Cognitive Health programs at Home Base. Both leaders collaborate to oversee the recruitment, hiring, and training of new Brain Health staff as well as monitor and develop best practices.

With these new roles, Home Base is poised and equipped to better serve the Veterans and Service Members needing specialized Brain Health treatment.



DR. RON HIRSCHBERG



DR. LAUREN BRENNER

Expanding Reach

In October, WBZ - CBS News Boston visited Home Base's National Center of Excellence to highlight the Comprehensive Brain Health and Trauma (ComBHaT) program for Special Operators on the heels of an announcement of a \$1.25 million gift to Home Base from the SEAL Legacy Foundation.

The segment featured Home Base Nurse Manager, Mary O'Meara, Home Base ComBHaT participant and SEAL Veteran, Ed Thelander, and SEAL Legacy Foundation Founder, Retired Navy SEAL Jacob Newbold.

Home Base thanks SEAL Legacy Foundation for their continued support and to WBZ for sharing about the life-changing, life-saving care available to all Veterans, Service Members, Military Families and Families of the Fallen – all at no cost to them.



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NOTEWORTHY NEWS RESEARCH & INNOVATION CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

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My group of women [in the All-Female ICP Cohort] helped me so so much with trust and inclusiveness. The support they gave was so important to my overall health here.

DIVERSITY, EQUITY & INCLUSION

Year in Review

In 2023, Home Base launched the inaugural Diversity, Equity, and Inclusion Stand Down: Continuing the Work; Diversity, Equity, and Inclusion Everyday. This oneday all staff engagement was dedicated to reflecting on the success and challenges of integrating diversity, equity, and inclusion principles into our workflows, and renewing our commitment to prioritizing DEI while supporting the Service Member/Veteran and Military Family community. The keynote address was given by the Massachusetts Executive Office of Veterans' Services (EOVS) Deputy Secretary Andrea Gayle Bennett. Additionally, engagement with key stakeholders to inform the development of an intensive clinical program for Native Veterans included consultation with leadership from Indian Health Services and urban Indian health programs, and a range of providers (including a psychologist and a native healer) from tribal communities possessing expertise in native culture, to inform the development and adaptation of evidence based mental health care for native veterans.

Home Base also conducted trainings and outreach to members in tribal communities and Indian health organizations to help recruit 12 Native Veterans and 6 Native Hawaiians for the Native cohort in December 2023.

Finally, our training and education efforts including Didactics, Grand Rounds, and the expansion of Home Base's clinical education library included trainings for providers to augment services to patients from traditionally marginalized backgrounds.

NOTEWORTHY NEWS RESEARCH & INNOVATION CLINICAL FEAT<u>URES</u> HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE CON EVENTS FUN

COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

DIVERSITY, EQUITY & INCLUSION

All-Female Intensive Clinical Program Cohort

In March 2023, Home Base hosted the first ever all-female ICP. The innovative, intensive 14-day program for PTSD, in which 24 of the most injured warriors and Veterans are flown to Boston, occurs every two weeks for transformational care — at no cost to them. Women Veterans and Service Members face unique issues and challenges related to their service, and are considered an underserved demographic. The All-Female ICP Cohort provides specialized care to better serve women in service.

Home Base Grand Rounds: The State of Native Health

On July 24, 2023 Home Base hosted a Grand Rounds session, The State of Native Health: Developing Public & Private Partnerships, with the Indian Health Service featuring Rear Adm. Michael D. Weahkee. The presentation centered around pathways to develop important collaborations between public and private entities and the Indian Health Service to serve more Natives in need of care.

Rear Adm. Michael D. Weahkee, an enrolled member of the Zuni Tribe, is an Assistant Surgeon General, United States Public Health Service and Deputy Area Director, Phoenix Area Indian Health Service (IHS), an agency within the U.S. Department of Health and Human Services. He formerly served as director of the IHS.



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NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

HOME BASE ARIZONA

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

COMMUNITY FUNDRAISERS

RACE FOR HOME BASE

HOME BASE FLORIDA

HOME BASE ARIZONA

Introducing: Home Base Arizona

Nearly 500,000 Veterans call Arizona home. It is estimated that **1 in 3 Veterans returns home with an invisible wound** including post-traumatic stress, traumatic brain injury and co-occurring substance use disorder. **There have been more than 4,000 Veteran suicides in Arizona since 9/11** and according to the U.S. Department of Veterans Affairs, 65 percent of Arizona's Veterans were not seen as patients at a VA healthcare facility in FY21. With as many as 320,000 Veterans in Arizona and beyond not utilizing VA healthcare, Home Base's goal is to meet the growing need for innovative community-based solutions for Veteran care.

To help meet this need, **Raytheon, an RTX business, provided Home Base a \$100,000 grant** in support of Home Base's programs to care for Veterans and their Families, with an emphasis on **Native American Veterans in Arizona.** This generous gift enabled Home Base to begin building programs to support Veterans and their Families in the areas of wellness and mental health care in Arizona. The funds also helped Home Base to expand the shared vision of Home Base and Raytheon to improve mental health care access for rural and Native American Veteran communities in Arizona and the Southwest.

As part of this initiative, Home Base appointed a new Regional Associate Director for Home Base Arizona focusing on Southwest & Tribal Relations, Marcus Denetdale. Denetdale is a citizen of the Navajo Nation and an Air Force Veteran with extensive experience in developing programs from the ground up.



HOME BASE ARIZONA



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At Home Base we know that the mental health care needs of Veterans and their Families remains great, and that is why we focus on finding innovative ways of directly delivering care to underserved communities, with Arizona Veterans, in particular Native American Veterans as a priority.

RETIRED BRIG. GEN. JACK HAMMOND, EXECUTIVE DIRECTOR, HOME BASE



HOME BASE ARIZONA

Inaugural Native American Intensive Clinical Program

In December 2023, Home Base launched its inaugural 5-day Native American Intensive Clinical Program (ICP), which provides Native American Veterans and their Families access to Home Base's world-class clinical care to heal their invisible wounds, all at no cost to them.

18 Veterans and 10 Family Support Persons from 6 states received care at the National Center of Excellence in Charlestown, MA. The group was split into 2 cohorts, the first representing 6 Native Hawaiian Vietnam Veterans and 1 family member, and the second representing 12 Veterans from various eras and 9 support people from the Navajo, White Mountain Apache, Nez Perce, Pueblo, Passamaquoddy, Taíno tribes. **72% of the Veterans in attendance were diagnosed with PTSD** while 80% of the support persons endorsed anxiety symptoms.

At the conclusion of the program, 100% of participants agreed or strongly agreed that:

They **felt satisfied** with the clinical care received at Home Base.

They **had confidence and trust** in the clinician(s) they met with.

The care they received at Home Base has **helped them function better** in their life.

Their **support person's involvement** contributed to the progress that they made during the program.

Other highlights of the program include an opening blessing from Larry Spotted Crow Mann, a performance from the Iron River Singers, and a visit to the USS Constitution.

Home Base plans to host its second Native ICP Cohort in June 2024.

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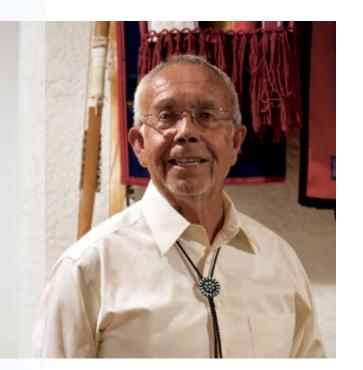
COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

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It was very revealing of some things that I never spoke about. And, having it brought to the surface and talked about really took something off of my shoulders that I never did before.

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STORIES OF HOPE



STORIES OF HOPE: JOSEPH SUINA

Vietnam and Marine Corps Veteran Joseph Suina, a member of the Cochiti Pueblo in New Mexico, knows firsthand how the physical — and invisible wounds of war impact daily life.

Central to its mission, Home Base strives to proactively reach communities nationwide through training and capacity building to provide access to care without barriers for Veterans of all eras. What sets Home Base apart is equitable access to world-class care for the entire Military Family because we know that healing takes the whole family. "Now that I have gone through the program and have gone home, I could see the difference in myself, I was able to speak about my previous experiences things that I had never talked to anybody about. I faced some of those things that I had put into the background. I also spoke to my sister about things she and I had suffered together in our own family. It seemed like both of us were healing."

Joseph found hope and healing at Home Base that will change the legacy of his family.

1 in 3 VETERANS RETURN HOME WITH AN INVISIBLE WOUND **150,000** VETERANS HAVE BEEN LOST TO SUICIDE SINCE 2001

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ABOUT HOME BASE NATION

Home Base Nation (HBN) is the official podcast of Home Base, a national nonprofit dedicated to healing the invisible wounds of war for Veterans, Service Members and their Families. Currently in its sixth season, HBN has delivered over 85 intriguing conversations around hot topic issues in the Military community — primarily around the mental health and wellness of our Nation's Warriors and their Families — with Veterans, Military Family Members, high-ranking Military officials, politicians, industry leaders, and celebrities.



RON HIRSCHBERG MD, Home Base Director of Health & Wellness

About the Host

The host of HBN is Ron Hirschberg, MD, Director of Health and Wellness at Home Base, Director of the Physical Medicine and Rehabilitation (PM&R) Consultation Service at Massachusetts General Hospital, and Assistant Professor of PM&R at Harvard Medical School. Dr. Hirschberg is also a cofounder of the Boston Music Award-winning podcast Above The Basement.

CONTACT US:

Homebasenationpod@massgeneralbrigham.org

LISTEN & SUBSCRIBE: Homebase.org/Podcast/

HOME BASE NATION PODCAST

FEATURED EPISODES

SEASON 6 Premiere:

Unbroken Code, Unbroken Love (For Country) – With WWII Marine Veteran and Navajo Code Talker Peter MacDonald, Sr.

The Home Base Season 6 premiere launched on Monday, August 14 – National Navajo Code Talkers Day. This featured episode includes an incredibly special conversation with World War II Veteran and Navajo Code Talker Hon. Peter MacDonald.

EXCLUSIVE VIDEO

PODCAST EPISODE



SEASON 6, Episode 5:

"Speak Openly and Speak Out!" – A Conversation with The Honorable Carlos Del Toro, Secretary of the Navy

The Honorable Carlos Del Toro, the 78th Secretary of the Navy. Dr. Ron Hirschberg and Home Base COO Michael Allard visit the Pentagon and have the opportunity to sit with SECNAV and staff and discuss how great leaders need to know what their troops are going through, they need to be empathic and above all - know that mental health IS health.

PODCAST EPISODE

NOTEWORTHY NEWS RESEARCH & INNOVATION CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAS<u>T</u>

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COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

A RECORD-BREAKING RUN TO HOME BASE

On Saturday, July 22, 2023, Home Base hosted its **<u>14th Annual Run to Home Base</u>** presented by Raytheon Technologies at historic Fenway Park. It was the most successful Run to Home Base yet.

The 2023 Run to Home Base kicked off with a moving Opening Ceremony honoring our Special Operations Forces (SOF) community, and featured a moving testimony from Home Base Intensive Clinical Program Graduate, Colonel Kevin Trujillo.

2,609 IN-PERSON & VIRTUAI RUNNERS & WALKERS

1,113 MEMBERS OF OUR MILITARY & MILITARY FAMILIES



Special on-stage guests included Retired Navy SEAL Kirk Herrick, World War II Veteran and Navajo Code Talker Peter MacDonald, U.S. Coast Guard First District Commander Rear Admiral John Mauger, Red Sox Executive Vice President of Social Impact and Red Sox Foundation Executive Director Bekah Salwasser, Red Sox Hall of Famer and Red Sox Foundation Honorary Chairman Tim Wakefield, and U.S. Public Health Service Assistant Surgeon General and Phoenix Area Indian Health Service Deputy Area Director Rear Admiral Michael Weahkee.

The speaking program was wrapped up by WCVB NewsCenter 5 Traffic Anchor and Transportation Specialist Katie Thompson, who also interviewed participants as they ended the race with the unforgettable experience of crossing "home base" of America's Most Beloved Ballpark, which was displayed live on the jumbotron. Following the race, SOF Veterans of all eras, Active-Duty Service Members, and members of their Families were honored on the field in a Pregame Ceremony prior to the Red Sox versus Mets game that evening.

Additionally, during the seventh inning stretch, ABC News Correspondent and Good Morning America's Stephanie Ramos **performed "God Bless America"** in front of the crowd of 36,505 that watched the home team win an 8-6 thriller.

Home Base extends its sincerest appreciation to all involved in this inspiring event, including our generous participants, donors, partners, sponsors, local media, photographers, and volunteers. We look forward to seeing everyone again at our 15th Annual Run to Home Base in 2024.

SIGNATURE EVENTS



NOTEWORTHY NEWS RESEARCH & INNOVATION

CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS

COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

2023 COMMUNITY FUNDRAISERS

Home Base Community Fundraisers - \$5,000+

Blue Angels Foundation Golf & Tennis Classic WCVB "Helping Veterans Heal" Televent Hanscom Federal Credit Union Charitable Foundation's Alan M. Hart Memorial Golf Classic Home Base No Shave Home Base Golf Outing presented by LABUR 22K Push-Up Challenge presented by PTC Mass Military Heroes Fund's Memorial Day Flag Planting R.W. Sullivan Engineering's St. Patrick's Charity Auction Sudbury for Wounded Warriors' 11th Annual Drive Fore Our Troops Golf Event Mass Military Heroes Fund's 9/11 Service Project GovX Gives Back July Charity Fundraising

Boston Bruins' Military Appreciation Night 50/50 Raffle

Peaks With A Purpose II

1st LT Derek Hines Flag Day 5K

Fitness Within's Operation Run to Heal 5K

8тн Annual Home Base Golf Tournament at The Nest Golf Club

12th Annual Home Base Veteran and Family Day at Kensington Golf and Country Club

Quail Creek Country Club's Salute to SWFL Veterans

Naples Lakes & Home Base Florida Veteran's Golf Outing

Patriot Fund Annual Stars & Stripes Gala & Patriot Invitational

Naples Pickleball Center (NPC) Mini Pickleball Tournament

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There is so much work to be done here and so many people, so many Operators, so many Active-Duty Veterans can benefit from this. And I encourage folks to do so.

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NOTEWORTHY NEWS RESEARCH & INNOVATION CLINICAL I FEATURES

HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS COMMUNITY FUNDRAISERS

RACE FOR SHOME BASE HOME BASE FLORIDA



VETERANS DAY CAMPAIGNS

Home Base No Shave

Throughout November 2023, police officers and first responders across New England participated in the 9th annual Home Base No Shave campaign by pledging \$100 to forgo shaving or wearing a No Shave patch and/or hair tie for the duration of the month. The campaign raises awareness and funds for the lifesaving care that Home Base provides to Veterans, Service Members and their Families.

Nearly 80 police departments raised over \$106,000 — helping Home Base surpass \$1.5 million raised throughout the lifetime of this campaign — in support of Home Base's mission to heal the invisible wounds of war for Veterans, Service Members, Military Families, and Families of the Fallen at no cost to them.

Home Base Push-Up Challenge presented by PTC

During the week of Veterans Day 2023 — from Monday, November 6, to Saturday, November 11 — Home Base and PTC teamed up to host the 3rd Annual Home Base Push-Up Challenge presented by PTC to raise awareness for and funds to support Home Base and its mission to heal the invisible wounds of war for Veterans, Service Members, Military Families, and Families of the Fallen.

Each participant committed to 20 or more push-ups per day and were encouraged to fundraise throughout the week. A total of 321 participants and 28 teams nationwide accepted the challenge and helped raise \$73.4K to support Warriors and their Families.

Home Base thanks PTC for its continued generosity and support of the challenge as its presenting sponsor. PTC donated a \$25,000 gift and Team PTC was the top fundraising team, raising \$11,850.

CLICK FOR VIDEO

WCVB Helping Heroes Heal Veterans Day Televent

On November 9, 2023, WCVB Channel 5 partnered with Home Base on the 5th annual day-long "Helping Veterans Heal" televent in honor of Veterans Day.

The televent began at 6am during the EyeOpener newscast and ran until 8pm, with periodic live reports throughout the day's regularly scheduled newscasts and programming and live interviews with Retired Brigadier General Jack Hammond, Executive Director of Home Base, among others. NewsCenter 5's special coverage included an interview with the wife of a Veteran who is running the 2024 Boston Marathon to raise money for Home Base, plus an inside look at the expansion and renovations underway at the Home Base National Center of Excellence in Charlestown. MA to meet increased need, and much more.

Bekah Salwasser, Executive Vice President of Social Impact of the Boston Red Sox and Executive Director of the Red Sox Foundation, was joined in-studio by Red Sox official mascots Wally and Tessie, the Green Monsters, to announce the date of the highlyanticipated 15th annual Run to Home Base, July 27, 2024, prior to the Red Sox-Yankees game that evening.



Home Base thanks WCVB for our wonderful, impactful partnership as well as this year's sponsors (Hanscom Federal Credit Union Charitable Foundation. Sullivan Tire. a member of the Home Base Board of Overseers, the Ludwig Family, Ducommun, and National Grid), donors and volunteers for their incredible generosity and unwavering commitment to our Nation's heroes and their loved ones. A total of \$377.830 was raised.

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES HOME BASE ARIZONA OF HOPE

STORIES

HOME BASE NATION PODCAST

SIGNATURE EVENTS

COMMUNITY FUNDRAISERS

RACE FOR HOME BASE HOME BASE FLORIDA



COMMUNITY EVENTS & FUNDRAISERS

Memorial Day Flag Garden

From May 24-29, 2023, Home Base partnered with the Massachusetts Military Heroes Fund to create its iconic garden of flags on Boston Common. Each of the 37,000+ flags planted at the Soldiers and Sailors Monument represents every brave Massachusetts Service Member who gave their lives defending our Nation since the Revolutionary War. The completed garden is a breathtaking tribute to the true meaning of Memorial Day and a powerful message of community support to the Families of these Fallen Heroes that their sacrifices will never be forgotten.



9/11 Service Project

Home Base, Massachusetts Military Heroes Fund, and Project 351 hosted the 15th Annual 9/11 Service Project to Support Our Troops and Families. Nearly 300 volunteers joined together to package 1,000+ care packages for our military community, including 280 boxes for local active-duty Service Members, 500 backpacks for Veterans served by the New England Center and Home for Veterans, and 250 mental health and wellness kits for Veterans and Families receiving care at Home Base.

The Blue Angels Foundation Classic

The Blue Angels Foundation (BAF) held its 78th Annual BAF Golf and Tennis Classic in Amelia Island, FL in September 2023.

Home Base Executive Director, Retired Brigadier General Jack Hammond, was a keynote speaker, while former participants of our program, brothers Julian and Brian Kitching, shared their stories of hope with attendees.

Additionally, Home Base received an incredibly generous \$250,000 donation from BAF, adding to their several years of multimillion dollar contributions to our program through Wounded Warrior Project.

NOTEWORTHY NEWS RESEARCH & INNOVATION

CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS F

COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

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RACE FOR HOME BASE

2023 Marathon Highlights

TOTAL MARATHONS 7 TOTAL RUNNERS 80 TOTAL \$ RAISED 347,000

The Race for Home Base Team is proud to participate in seven races worldwide — Rock 'n' Roll Arizona in January, the Boston Marathon® in April, Rock 'n' Roll San Diego in June, the ASICS Falmouth Road Race in August, the Bank of America Chicago and Marine Corps Marathons in October, and the TCS New York City Marathon in November — raising vital funds to heal the invisible wounds of war for Veterans of all eras, Service Members, Military Families and Families of the Fallen.

MARATHON FEATURES

Boston Marathon

In the 127th Boston Marathon, 20 runners on Team Home Base raised an overwhelming \$188,401 to support Home Base's mission. One runner, Navy Veteran Yuma Haidara, shared her incredible story of overcoming adversity, finding hope, and running for a cause.

<u>Stories of Hope: Meet Yuma Haidara, Navy Veteran and</u> <u>Home Base Marathon Team Member</u>

Navy Veteran Yuma Haidara is a past participant who now Races for Home Base. Yuma has completed 4 races for Home Base, the most recent being the 2023 Boston Marathon.

"Home Base saved my life because they were the first step in my healing," said Yuma. "The more funds we get, the more Veterans we can help, and there's a lot of Veterans in this country suffering. So for me, it's all about giving back and making sure everyone knows it's OK not to be OK."

Check out Yuma's journey in this video from the 2022 WCVB Veteran's Day Televent, "Helping Veterans Heal": **'OK not to be OK': Veteran laces up for marathon for Home** Base (wcvb.com)

RACE FOR HOME BASE



Bank of America Chicago Marathon

The Race for Home Base team excitedly participated in the 2023 Bank of America Chicago Marathon, in partnership with <u>Salute, Inc</u>., an organization that provides everyday essentials at the most critical time, offering assistance with housing costs, utility bills, car expenses and food to Veterans, Service Members, and their Families. The 5 runners of 2023 Chicago Marathon team raised over \$10,600 to support Home Base!

TCS New York City Marathon

Team Home Base, comprised of 21 runners, completed a remarkable TCS New York City Marathon in November 2023. This group excelled on the course and in fundraising, raising over \$105,000. This incredible feat set a new fundraising record for the NYC Marathon team!

NOTEWORTHY NEWS RESEARCH &

CLINICAL HC FEATURES A

HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS I

COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

HOME BASE FLORIDA HIGHLIGHTS

Major Funding

Home Base Florida Receives \$1.5 Million in State Funding: Home Base Florida was grateful for the approval of \$1.5 million by the Florida legislature to support our mission. This increase of \$500,000 from the previous year sustained and expanded our critical clinical programs in Southwest Florida and statewide.

We commend Governor DeSantis and lawmakers for their commitment to Veterans and Their Families. This funding greatly impacts the lives of those we serve and allows us to continue delivering high-quality care.

The additional funds support our outpatient clinical services, Warrior Health and Fitness, education/training, and the launch of traumatic brain injury services for Florida Veterans and their Families at no cost. This ensures equal access to care for all Veterans and their loved ones, fostering healing and wellbeing within our community.

We extend our deepest thanks to Senator Jay Collins and Representative Lauren Melo for sponsoring the bill and their dedication to veterans' well-being. We also appreciate House Speaker Paul Renner and other supporters for their unwavering commitment. We also extend our gratitude to our partners at the Blue Angels Foundation for their tremendous support.

At Home Base Florida, we remain focused on healing the wounds of war and supporting Veterans and their Families. With this funding and ongoing community support, we continue to expand our programs and make a lasting difference in the lives of those who have served.





Major Events

Hurricane Ian Effort: Following the devastating impact of Hurricane Ian on Southwest Florida, the Home Base Florida family united to support our community during this challenging time. As families grappled with the physical and mental toll of the storm, our staff and Veterans joined forces to provide essential assistance and mental health support. We initiated a Hurricane Resources page on our website, offering resources ranging from transportation to disaster relief and healthcare for Veterans, Service Members, and Military Families.

Partnering with organizations like the YMCA, Veteran MWR, and the Naples Vet Center, our team actively engaged in hands-on support efforts, including debris removal and cleanup. During this time, our volunteers, including Veterans in our program, contributed over 200 hours to assist storm survivors, aiding families in Bonita Springs, Naples, Fort Myers, and beyond.



NOTEWORTHY NEWS RESEARCH &

CLINICAL FEATURES HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS COMMUNITY FUNDRAISERS RACE FOR HOME BASE

HOME BASE FLORIDA

HOME BASE FLORIDA HIGHLIGHTS

Major Events

Honoring Home Base Florida Veterans and Families at the Red Sox Spring Training Game 2023:

Thanks to the generous support of the Red Sox Foundation, the day at Fenway South at JetBlue Park in Fort Meyers during the Red Sox spring training season opener against Tampa Bay was truly special and memorable for Home Base Florida. The Red Sox Foundation donated over 130 tickets for our Veteran and Family participants, providing them with a oncein-a-lifetime opportunity to be part of this celebration honoring their service.

We are incredibly grateful to the Red Sox Foundation for their donation, which made this meaningful experience possible for our Veterans and their Families. This partnership highlighted the Red Sox Foundation's commitment to supporting our military community, and we deeply appreciate their dedication to honoring and recognizing those who have served.

During the pre-game ceremony, one of our distinguished Veterans, Matt Loebs, was honored to throw out the ceremonial first pitch. His family had the honor of officially announcing "play ball," marking a touching moment that symbolized the unity and spirit of this special occasion.





2023 Golf Community Events: In 2023, Home Base Florida was honored to be the beneficiary of several community events held at prestigious venues including:

Quail Creek Country Club

Kensington Golf & Country Club

The Nest Golf Club

Naples Lake Country Club

Copperleaf Golf Club

These remarkable events collectively raised over \$720,000 in critical funds to support Home Base Florida's programs and services for Veterans and Their Families. Additionally, these tournaments provided over 100 opportunities for Veterans to participate in golf, offering them a day of camaraderie and enjoyment.

We extend our deepest gratitude to the communities and organizations that generously supported and organized these impactful events. Their continuous commitment and dedication to our mission have made a significant impact on the lives of our Veterans and Their Families.

FLORIDA IMPACT IN FY2O23





53

HEALTH & FITNESS

INTENSIVE CLINICAL PROGRAM





RACE FOR

HOME BASE

65

BEHAVIORAL HEALTHCARE

142

NOTEWORTHY NEWS RESEARCH &

CLINICAL FEATURES

HOME BASE STORIES ARIZONA OF HOPE HOME BASE NATION PODCAST

SIGNATURE EVENTS

Heritage Palms Golf

Naples Pickleball Center

The Patriot Fund Veterans

& Country Club

Honor Invitational

COMMUNITY FUNDRAISERS HOME BASE FLORIDA



OUR SUPPORTERS

\$100,000+

Nancy W. Adams & Scott A. Schoen American Online Giving Foundation Anonymous **Blue Angels Foundation** Bob Woodruff Family Foundation, Inc. Boston Red Sox Foundation Mr. & Mrs. Michael Campbell Mr. & Mrs. Paul J. Ferri Ferri Family Foundation Fidelity Charitable Gift Fund The Firefly Trust Fisher House Foundation Dr. & Mrs. Kenneth R. French Hanscom Federal Credit Union Charitable Foundation. Inc. Home Base Golf Tournament at The Nest Golf Club: 8th Annual Home Base No Shave Campaign: 9th Annual John Hancock Kelleher Family Charitable Trust Nancy S. & Richard M. Kelleher Kensington Golf & Country Club's 12th Annual Salute to SWFL Veterans **KRFrench Family Foundation** Ludwig Family Charitable Fund Mr. Edward & Mrs. Kathleen Ludwig Mr. Kevin & Mrs. Kerry Ludwig Mr. Michael & Mrs. Julia Ludwig

NanoDx. Inc. Navy SEAL Foundation New England Sports Network (NESN) Raytheon Technologies Corporation Ruby W. & LaVon P. Linn Foundation **SEAL Legacy Foundation** Mr. Gregory P. Spier & Ms. Kathryn Crane-Spier Spier Family Foundation Mr. & Mrs. Peter H. Smyth Suffolk Construction WCVB PROJECT COMMUNITY: Helping Veterans Heal Televent Mr. Thomas C. Werner Werner Family Foundation Wounded Warrior Project Yung Family Foundation

\$50,000+

American Endowment Foundation Anonymous Anonymous GoodNation Foundation Fund Brett Conaway's Family & Friends Mr. & Mrs. Richard S. Brown Daymark Solutions Draper Labs Dion Family Foundation Foglia Family Foundation

Mr. & Mrs. Vincent W. Foglia, Sr. Mr. & Mrs. Robert T. Friedman The Robert & Diana Friedman Donor Advised Fund General Dynamics New England Goldman Sachs Philanthropy Fund Gordon Family Foundation Mr. Michael S. Gordon & Ms. Christina M. Gordon Home Base Golf Outing at Pocasset presented by LABUR: 10th Annual Home Base Push-Up Challenge presented by PTC: 3rd Annual Mass Military Heroes Fund Memorial Day Flag Planting Naples Lakes Country Club Homeowners Assn., Inc. The Patriot Fund **Pritzker Military Foundation** Col. Jennifer N. Pritzker & Ms. Erin E. Solaro Quail Creek Country Club's Salute to SWFL Veterans **Robert & Alice Strobel Foundation** Takeda Pharmaceuticals U.S.A., Inc.

FINANCIAL SUMMARY

\$25,000+

Amazon Arizona Community Foundation **BAE** Systems The Boston Foundation Bowlers to Veterans Link Mr. & Mrs. Patrick Ciniello Cluett's Crew Mr. & Mrs. Gerald Colangelo Copperleaf Charitable Foundation, Inc. **Digital Federal Credit Union** Eugene & Mary E. Dooner Foundation First Lieutenant Derek S. Hines Memorial Fund Dan & Kathy Grubb Family Foundation Fund Mr. & Mrs. Dan L. Grubb Headpinz Entertainment Center JDM Real Estate Funds, LLC Mr. & Mrs. Pliny Jewell IV Karpus Family Foundation marshalls4vets James Marshall Mr. & Mrs. Michael J. Meehan Mimecast Mr. & Mrs. Roger T. Morgan Jean C. Tempel PTC Foundation, Inc. PTC, Inc. R.W. Sullivan Engineering's St. Patrick's Charity Auction

Schwab Charitable Fund Sudbury for Wounded Warriors Team GJH Valerie Tews The TJX Companies, Inc. Wasabi Technologies, Inc. We Run for Heroes The Frank & Paula Zavrl Charitable Foundation Frank E. & Paula D. Zavrl

\$10,000+

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HOME BASE FLORIDA

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\$10,000+ CONT.

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Lack & Cogan Anonymous Donor Mr. Darrin M. Lang Evan Langfeldt Mr. Brendan T. Mahoney Major League Baseball Charities, Inc. Marchetti Family Gift Fund Mr. & Mrs. Edward R. Marchetti Mass Military Heroes Fund's 9/11 Service Project Mr. Joe McClung Mr. Stephen Melz Mercury Systems The Michael T. Sherman Foundation Mildred's Dream Foundation Mimecast Charitable Fund Ms. Cathy Minehan Morgan Stanley - Eaton Vance Morgan Stanley Smith Barney **Global Impact Funding** National Christian Foundation Tampa Bay Rear Adm. & Mrs. Roger T. Nolan, USN (Ret.) **Optum Serve** Organogenesis Mr. & Mrs. Victor J. Paci Peaks With A Purpose II Pickleball Enterprises, LLC. Providence VA - Trauma & Readjustment Clinic

Rae of Hope Raging Bulls Rebuild Southwest Florida -Coordinating a Resilient Region **Recorded Future** Mr. & Mrs. James F. Regan RSM Jeffrey Rushton The Ruth Lilly Philanthropic Foundation Service Credit Union SEVITA (NeuroRestorative) Peter Sheeran The Sorgini & Wolkon Family Charitable Fund Col. John P. Sorgini & Ms. Shari H. Wolkon Southwest Florida Community Foundation Spotfund Technologies, Inc. Stop & Shop Supermarket Company, LLC Team Michael Hogan Smith Team Santos, Oorah! Team TCC The Wampatuck Country Club of Canton, Inc. Jason Thompson Tito's Handmade Vodka **Turner Construction Company** Mr. Peter A. Wilson The Young Family Charitable Fund Mr. & Mrs. Charles E. Young YouthBridge Community Foundation

\$5,000+

102nd MDG Affirmed Cyber Anonymous Bank of America Charitable Gift Fund Donor Anonymous Benevity Donor Anonymous YouthBridge Community Foundation Donor Mr. & Mrs. Adrien Aube Col. & Mrs. William A. Bachman The Bank of America Charitable Foundation Mr. & Mrs. Charles Bardelis. Jr. Ms. Anna Barker Bay State Physical Therapy Mr. & Mrs. Michael Beebe Blue Cross Blue Shield Veteran's ERG Ms. Andrea Braciska Mr. Matthew Cannata Wendy Casey **Bradley** Cashin Chris's Crusaders Dave Clark Mr. Stephen R. Clark **Cousin Brothers Russell Dennis** Mr. & Mrs. David J. DeRita Dockendorff Family Charitable Gift Fund Dr. Clark LaChapelle Family Philanthropic Foundation DraftKings

FINANCIAL SUMMARY

\$5,000+ CONT.

Stacey Drubner The Dude Squad (for Alex) **Dunford Family Gift Fund** Mr. & Mrs. Michael Dunford Mr. & Mrs. Robert M. Emfield Enterprise Bank Mr. & Mrs. Lawrence Feiler III Fitness Within's Operation Run to Heal 5K Josh Fleming Florida Gulf Coast University Foundation Framingham Police Department Friends of Natalie & Shuley Mr. John J. Furanna The Gardner V. McCormick Trust 1997 Germain Lexus of Naples Gilley's Clan Google Mr. Sean M. Gray Bryant Guerin The High Pointe Foundation Home Base Staff Hope Strengthens Foundation, Corp. Mr. & Mrs. Lionel G. Hurwitz Income Research & Management Charitable Fund Ms. Carley James Mr. Ron W. Jones & Ms. Carole C. Loveland Jones JP Morgan Chase Bank, N.A.

Klosterman Charitable Fund Mr. James Koser Dr. & Mrs. Clark F. LaChapelle Ladies in Bureaucracy Gretchen Langfeldt Lexus Motor North America. Inc. Loomis Valor The Loveland Jones Charitable Fund Lyon Strong Mass General Brigham Health Plan Robert Mayo Mr. Gardner V. McCormick McMahon Truck Centers Charlotte McMillan Education Jimmy Murray Gary Newell Newton Police Memorial Assn. Mr. & Mrs. G. Michael Novak. Jr. NSCC Veterans Office of the Sheriff, Lee County Operating Account Ms. Patricia A. O'Keefe Oliver Giving Fund Mr. Derek Oliver & Ms. Carrie Preston Ms. Kathleen Oreilly Isabella Pagani The Peters Group Mr. & Mrs. Gary J. Peters **Plymouth Police**

Mr. Walter Rausch Red Sox Team 9 The Regan Family Foundation Inc. Mr. Robert W. Rose, Jr. & Mrs. Corinne Rose Rock 'n' Roll Running Series San Diego: Race for Home Base Mr. Jimmy Russo Section 41 Mr. & Mrs. Douglas Shaw Daniel Spinney Mrs. Margaret A. Strawser Mr. & Mrs. Jay B. Stephens Mr. & Mrs. David T. Swallow Team Biogen Team Cotuit Team HAVAS TEAM J.A.M. Team Jenkins Team Lactic Acid Trip! Team Suffolk Construction Team VanDalinda TnT **Deborah Tremblay** Tridents United States Marine, Inc. Valor@Liberty Vanguard Charitable Vetbase@Quickbase

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COMMUNITY FUNDRAISERS RACE FOR HOME BASE

HOME BASE FLORIDA

DONOR HIGHLIGHT

Securing a Sustainable Future: Karen & Rob Hale's Gift to Home Base Endowed Funds

The transformative power of philanthropy has never been more evident than in the generous gift from Karen and Rob Hale to support the Home Base Endowed Fund and the Home Base Florida General Frederick M. Franks Endowed Fund. The Hale's gift helps ensure that our National and Florida programs are on a path to longterm sustainability, further solidifying that Home Base will continue to serve Veterans and Military Families for generations to come.

A VISION FOR LASTING IMPACT

Karen and Rob Hale, known for their strategic and impactful giving, have once again demonstrated their commitment to creating enduring change. Their gift, supporting existing endowed funds, reflects a deep understanding of the challenges faced by organizations in maintaining financial stability and expanding their reach. "We love knowing we're making a difference," Karen has said about their philanthropic efforts. This sentiment is clearly reflected in the structure of their gift, which strengthens our organization's ability to provide consistent, reliable support for our programs year after year.



STRENGTHENING ESTABLISHED PROGRAMS

As a well-established organization with a significant footprint both Nationally and in Florida, Home Base has a proven track record of impact. The Hales' contribution to our endowed funds builds upon this foundation, allowing us to enhance and expand our existing programs while ensuring their longevity.

SUSTAINABLE FUNDING FOR VITAL SERVICES

By supporting the Home Base Endowed Fund and the Home Base Florida General Frederick M. Franks Endowed Fund, Karen and Rob have helped secure a consistent annual income to support our programs. This predictable funding source enables us to:

Expand our reach to more Veterans and Service Members and Military Families in need

Invest in long-term initiatives with confidence

Innovate and adapt our services to meet evolving community needs

Meet the needs of underserved Veteran and Military Connected Families

A MODEL FOR FUTURE GROWTH

The Hales' gift does more than provide financial stability; it serves as a model for sustainable philanthropy. By supporting established endowed funds, they've demonstrated the importance of building on existing foundations to create long-term impact.

LOOKING AHEAD

Thanks to Karen and Rob's generosity and foresight, Home Base is poised for a future of even greater impact and reach. We are deeply grateful for their trust in our mission and their commitment to ensuring that our vital work continues and expands for years to come. As we move forward, strengthened by this contribution to our endowed funds, we remain dedicated to honoring the Hales' vision by maximizing the impact of every dollar in service of our communities. This gift will allow us to build on our strong foundation and take our programs to new heights, touching more lives and making an even more significant difference in the areas we serve.

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FINANCIAL SUMMARY

OUR LEADERS

Home Base Leadership 2023-2024

- Brigadier General (USA ret.) Jack Hammond, Executive Director Michael Allard, Chief Operating Officer Kalo Tanev, CMO
- Ross D. Zafonte, DO, Chief of Traumatic Brain Injury, Health & Fitness Programs
- Gregory Acampora, Outpatient Clinic Co-Director Joe Bonvie, Sr. Clinical Director of Clinical Services
- Lauren Brenner, PhD, Clinical Director Brain Health
- Louis Chow, PhD, Director of Home Base Training Institute & Network Development
- Jessica Covitz, Director of Outreach
- Marcus Denetdale, Regional Associate Director, Regional & Tribal Relations, Home Base Arizona
- Laura Harward, MSW, LICSW, Director, Intensive Clinical Program
- Armando Hernandez, Sr. Program Director, SWFL

April Hirschberg, MD, Medical Director Heath & Wellness

- Ron Hirschberg, MD, Medical Director, Brain Health
- Gabrielle Hoover, Outpatient Clinic Co-Director
- Karianne Kraus, Chief Development Officer
- Rene' Lento, PhD, Director of Addiction Services
- Daria Mamon, PsyD, Director, Family Clinical Services
- Sofia Matta, Sr. Medical Director of Medical Services
- Rachel Millstein, PhD, Clinical Director, Heath & Wellness
- Steve Monaco, Chief Marketing Officer
- Diane Nealon, LICSW, Director, Family Outreach and Volunteer Program
- Mary O'Meara, Director, Nursing
- Lauren Richards, Director of Education
- Ann Stewart, LICSW, Director, Social Work
- Melissa Turgeon, Sr. Administrative Director
- Kate Weinograd, Director of Government Relations & Network Development

BOARD OF OVERSEERS

David F.M. Brown, MD John Fish Michael Gordon Jean Tempel Thomas Werner

HONORARY BOARD

General (Ret.) Richard Clarke General (Ret.) Frederick Franks, Jr. Maj. General (Ret.) Elder Granger, MD Lt. General (Ret.) Patty Horoho CAPT Tom Kelley Ambassador Caroline Kennedy Victori Kennedv First Lady Michelle Obama John Parrish, MD Lt. General (Ret.) James Peake, MD Staff Sqt. Ryan Pitts Laurence Ronan. MD Command Chief Master Sgt (Ret.) Gregory A. Smith Sgt. Kyle White Lee Woodruff

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LEADERSHIP COUNCIL

| Christopher R. Anderson | Donald Dion |
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| Patricia Aube | Michael H Douvadjian |
| The Honorable John E. Baldacci | Joseph Feaster |
| Stephen Brackett | Paul Ferri |
| James T. Brett | William Fine |
| David F. M. Brown, MD. | John Fish |
| David Bruce | Daniel Foley |
| Holly Bruce | Robert Friedman |
| John Casey | Michael Gordon |
| Karen Corrigan Tate | Derek Haught |
| Kathryn Crane-Spier | Lt. General (Ret.) Patricia Horoho |

RED, WHITE & BLUE ALLIANCE

| William Bachman | Alfred H |
|---------------------|-----------|
| Christopher Bencal | Michele |
| Cindy Brown | Robert k |
| Seth Burr | Robert k |
| Thomas Crohan I | Laura La |
| Jonathan Curran | Darrin L |
| Alexa Demarco | Michael |
| Michael Dunford | Julia Luc |
| Paula Goldfarb Resh | Brendar |
| Carl Guild | Robert N |
| Robert Haarde | Max McI |

Alfred Hammond Aichele Jalbert Robert Kinder Robert Knight Laura Lakin Darrin Lang Aichael Ludwig Ulia Ludwig Brendan Mahoney Robert McDonald Max McMillan Stacia McMillan Stephen Melz Derek O'Brien Derek Oliver Jeff Pardo Rich Rollins R. William Rose Samanth Sullivan James Wylie David Zabetakis Dan Ziniti

Carole Huntsman

Jeffrey Kaneb

Nancy Kelleher

Stacey Lucchino

Cathryn Morton

Donna Murphy

James Peake, MD

Jerome R. Rossi

Michael Salter

Kim Olson

Dr. Patricia A. Jacobs, PhD

Rebekah Salwasser Scott Alan Schoen Peter Smyth Col. John Sorgini Diane Sullivan Jean Tempel Thomas Werner Shari Wolkon Jesse Wong Lee Woodruff Paula Zavrl

2023 FLORIDA COUNCIL

Darrell Adams Brigadier General Ed Dyer, Chair Bryan Herrick Jean Tempel Peter Smyth Richard Brown Heidi Raphael Roger Morgan Darrell Adams Cathy Morton Michael Klein Sharon Klein Roger Nolan Charlie Young

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COMMUNITY FUNDRAISERS RACE FOR HOME BASE HOME BASE FLORIDA

FINANCIAL SUMMARY



TOTAL REVENUE 22,693,736

TOTAL COSTS 25,936,612

TOTAL GAIN 3,147,149

Home Base Program Financials

| 3rd Party Revenue | \$ 1,330,006 |
|---------------------------------------|----------------|
| Contributions | \$ 17,928,354 |
| Government Contracts | \$ 3,072,542 |
| Investment Income/Other | \$ 362,834 |
| Total Revenue | \$ 22,693,736 |
| Sub-total Program Costs | \$ 23,634,237 |
| Indirect Costs | \$ 2,302,375 |
| Total Costs | \$ 25,936,612 |
| Sub-total Gain/(Loss) from Operations | (\$ 3,242,876) |
| Prior Year Cash Balance | \$ 6,390,025 |
| Total Gain/(Loss) from Operations | \$ 3,147,149 |



FINANCIAL SUMMARY



GET INVOLVED: HOW TO SUPPORT HOME BASE

How to make a gift to Home Base



Planned Civing at Home Base

Support Veterans, Service Members, and Families receiving care at Home Base with gifts through your estate and retirement plans.

CONTACT: MONICA COLLINS mmcollins2@mgb.org

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RACE FOR HOME BASE HOME BASE FLORIDA

