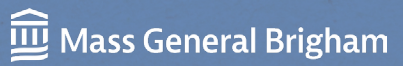




# RESILIENCE IN MOTION

Home Base's life-saving impact on Veterans, Service Members and Families.



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/ DONOR INFO

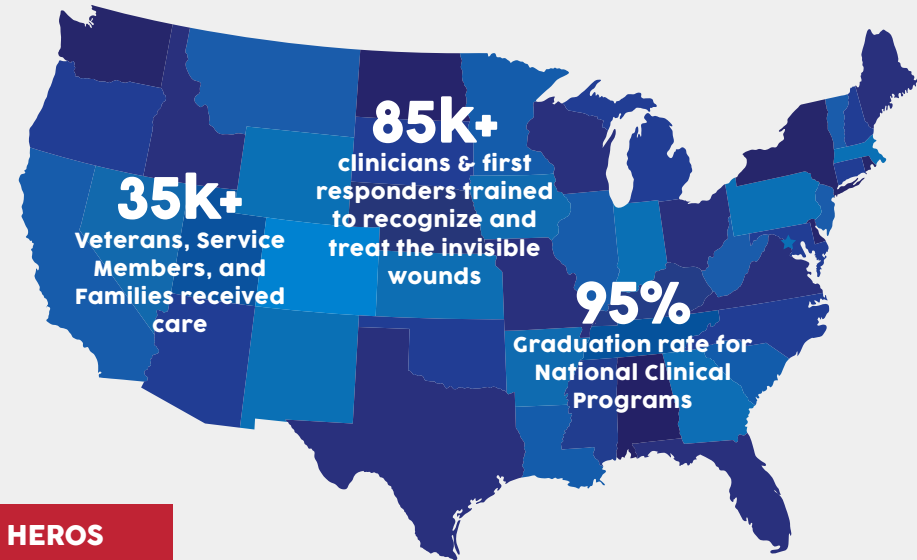


# HELPING HEROES HEAL

Home Base is a not-for-profit National Center of Excellence dedicated to healing the invisible wounds of war for Veterans, Service Members, and their Families. Thanks to a grateful nation, these brave Heroes and their Families have access to 21st century technology and nationally renowned clinicians who provide world class clinical care, wellness, training, and research, all at no out-of-pocket cost, regardless of service era or discharge status.



Since 2009, Home Base has served over 35,000 of the most injured U.S. Veterans and Service Members, and their Families. Our reach spans across all 50 states, 5 territories, and 13 countries.



## HELP OUR HEROS

**20**

**Veteran suicides per day**

**125k**

**Suicides since 9.11**

**20%**

**Increase in Military suicides since 2020**

**93%**

**of Veterans would recommended Home Base to a fellow Veteran**

### MULTIDISCIPLINARY TEAM

Home Base's care team includes clinicians from psychiatry, nursing, physical medicine and rehabilitation, sports medicine, imaging, eye and ear care, and nutrition. Home Base's team includes Veteran and Family outreach coordinators.

### SPECIALIZED PROGRAMMING

Home Base launched the nation's first and only programs for Special Operators & Families of the Fallen.

### INNOVATION

Home Base delivers best-in-class care solutions using state-of-the-art technology and conducts cutting-edge research to discover new treatments for the invisible wounds of war.

### AWARENESS

Home Base Nation podcast reaches a national audience of Veterans, Service Members, Families, and a grateful nation.

[homebase.org/homebasenation](http://homebase.org/homebasenation)



# HOME BASE PROGRAMS

## **+** DIRECT CLINICAL CARE FOR SERVICE MEMBERS, VETERANS, FAMILIES, & FAMILIES OF THE FALLEN

Providing timely, quality, and compassionate clinical care is one of the most critical components of healing the invisible wounds. Home Base has developed three clinical models to serve Veterans and Families who live around the globe:

### **NATIONAL INTENSIVE CLINICAL PROGRAM (ICP)**

This first-of-its-kind 2-week ICP compresses 2 years of mental health, brain injury, and/or substance use treatment into a 2-week program. Specially designed for Veterans of all eras, this program includes Family Members in the care model. A special iteration for Families of the Fallen is also offered to those who have experienced the suicide of their loved Veteran and need a path of recovery from grief and trauma.

### **NATIONAL SPECIAL OPERATIONS CLINIC**

The Comprehensive Brain Health and Trauma (ComBHaT) Program provides coordinated, integrated, multi-disciplinary specialist evaluation,

treatment, and care coordination for Special Operations Service Members and Veterans across the country.

## **REGIONAL OUTPATIENT CLINICAL CARE**

With clinics located in Massachusetts, Florida, and soon to be in Arizona, Home Base provides advanced in-person and telehealth care to Veterans, Service Members, and their Families in their local communities.

## **🏃 WARRIOR HEALTH & FITNESS**

Warrior Health & Fitness is designed to improve physical health and well-being through supervised exercise, nutrition, mind-body medicine, stress management, and sleep. Combined with a Veteran and Family Adventure Series that hosts our Military community through skiing, museum visits, apple picking, and more, the wellness mission recognizes the holistic importance of healing.

## **👥 TRAINING IN UNDER-RESOURCED COMMUNITIES**

The Home Base Training Institute has educated over 85,000 clinicians and first responders to recognize and treat the invisible wounds of war. This training propels strategic partnerships to address care in under-resourced community health centers caring for our Veterans of Color and a new initiative with Native American Veterans.

## **🧠 INNOVATION & FINDING NEW TREATMENTS**

Through leveraging 21st century technology to discover new treatments in healing the invisible wounds of war, Home Base harnesses the scientific community of Mass General Brigham, Harvard, and national partners to find the most innovative solutions of tomorrow.

## **🎙️ AWARENESS**

Home Base Nation Podcast reaches audiences across the country and features stories of people and topics that have an important impact on our Veteran, Military, and patriotic communities. Highlighted guests include Jake Tapper, Spike Lee, David “Big Papi” Ortiz, Sebastian Junger, and topics such as art therapy, psychedelics research, and the USS Intrepid with Prince Harry.



# HOPE IN MOTION



*"I left the program feeling lighter. Instead of isolating and blaming myself for Alan and Stephen's deaths, I can celebrate their lives and the love and the happiness we shared."*

**Kathy Colley,**

Families of the Fallen Program Graduate,  
California



*"Home Base isn't another cookie-cutter program, it gave me another chance at life. Today, I'm proud to say I served. Home Base helps bring us back into society. There is help, and we are not alone. Home Base doesn't leave us behind."*

**Navy Chief Darnel Johnson,**

Intensive Clinical Program Graduate,  
Florida



*"Home Base made me whole again. I was able to be a better husband and a better father. They didn't just treat the symptoms; they found the problem."*

**CWO3 Bill Bastable,**

Intensive Clinical Program & ComBHAT  
Program Graduate, Virginia



*"I had lost hope and was on the path to losing my family, my life, everything. Home Base gave me back my life."*

**SGT Travis Peterson,**

Intensive Clinical Program Graduate,  
Georgia



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



# IN APPRECIATION OF A GRATEFUL NATION

The year 2022 was a time of grounding, strategizing, and moving onward past the challenges presented by the COVID-19 pandemic and keeping our sights focused on what matters most: healing the invisible wounds of war for our Veterans, Service Members, and their Families.

Many brave men and women have selflessly served and continue to serve in the U.S. Armed Forces. Serving alongside them are their Family Members who sacrifice greatly and care for these Veterans when they returned home wounded or injured. All too often, the safety and freedoms we enjoy as Americans are taken for granted, but the cost for this security and freedom is high. Recent world events serve as a stark reminder of



the fragility of peace; the growing threats that continue to be addressed by our Military; and the price paid when freedom is taken for granted.

More than 20 years of combat have taken their toll on the 3 million Veterans who served in Iraq, Afghanistan and other “hot spots” around the world. More than 1.8 million of these Warriors have sustained some type of permanent disability, 7,070 were killed in action and over 30,000 post-9/11 Veterans have died by suicide. According to the [2022 National Veteran Suicide Prevention Annual Report](#) by the U.S. Department of Veterans Affairs (VA),

More than **125,000 Veterans**

from all combat eras have died by suicide in the U.S. since 2001.

Since our inception 13 years ago, we continue to see the lifesaving results of our programs. Home Base’s national programs include the Intensive Clinical Program (ICP), which provides up to two years of treatment in just two weeks, and Comprehensive Brain Health and Trauma Program (ComBHaT), which is designed specifically for Special Operators. Those, as well as our unique ICP for Families of the Fallen and Resiliency Programs, have reimaged what is possible in

mental health and brain injury care. Through the efforts of our team and your support, **Home Base is now recognized as one of the premiere clinical programs in the Nation and has cared for Veterans from all 50 states and 13 countries.**

On behalf of Home Base, I want to extend our thanks and deepest appreciation to the men and women, both past and present, who have stepped forward and stood watch over this Nation and the Families who continue to sacrifice and support our Warriors.

I would also like to express my gratitude to the loyal supporters of Home Base for their ongoing commitment to our mission — to heal the invisible wounds of war for Veterans and Military Families of all eras. Your support fuels our ability to deliver the best possible care for these extraordinary people who selflessly serve, place themselves at risk and too often require our assistance when they return home.

As we look forward, and onward, we remember: their mission is complete and ours has just begun.

Sincerely,

Brigadier General (ret.) Jack Hammond  
Executive Director, Home Base

# CO-CHAIRS LETTER TO JACK CONNORS

On behalf of the Home Base Board of Overseers, leadership team, staff, and, most importantly, our patients, we would like to thank Jack Connors for his many years of dedication and commitment to our mission of “Healing the Invisible Wounds of War”.



Dear Jack,

Words cannot adequately convey our deep and abiding appreciation for everything you have done to further the Home Base mission. From “Mission: Gratitude” master of ceremonies, to chairman of the Leadership Council to fearless door opener to future Home Base supporters, time and again you answered the call. Without your advice, counsel, and support, Home Base would likely be a far different program than the thriving National Center of Excellence it is today.

Few could imagine in 2009 that Veterans from every state, territory, and from international bases around the world would walk through our doors on their journey of healing and hope. As you move on to the next stage of your journey, we know that Home Base will forever be part of your legacy.

You often joked about the irony of Private Connors introducing generals and senior Military leaders at many Home Base events. There is a term in the Military: the strategic corporal. It means that even the most junior Service Member can make decisions or take actions that allow strategic objectives to be met. Home Base is better for having Private Connors as our very own strategic corporal. The U.S. Army should be proud that they helped mold Private Connors into a leader and citizen dedicated to service to others.

Thank you, Jack, for your steadfast dedication to Home Base, its mission, and our nation.

Sincerely,



**Tom Werner**  
*Chairman, Boston Red Sox*



**Dr. David F.M. Brown**  
*President, Massachusetts General Hospital*



# MASSACHUSETTS STATE FUNDING

Home Base received \$2 Million in funding from the State of Massachusetts to support its mission to heal the invisible wounds of war for Veterans, Service Members, their Families, and Families of the Fallen all at no out-of-pocket cost to them.

It is estimated that **1 in 3 Veterans** returns home with an invisible wound including post-traumatic stress, traumatic brain injury and co-occurring substance use disorder. Only half of those at-risk receive any mental health treatment, and if left unaddressed, these invisible wounds can lead to an increased risk of suicide.

Home Base is determined to reduce the number of Veteran deaths by suicide, saving lives by using prevention strategies that are guided by the gold standard evidence-based treatment of mental health care.

The funding from the State of Massachusetts supports Home Base to achieve the following objectives:

**1 Provide Clinical Care for the Invisible Wounds at No Cost to Veterans and Service Members in Massachusetts**

Home Base will provide evidence-based treatment for PTS, traumatic brain injury, co-occurring substance use disorder, and other invisible wounds for Veterans and Service Members across Massachusetts.

**2 Conduct Needs Assessments with Massachusetts Veterans' Service Officers**

Veteran Service Officers (VSOs) are uniquely positioned across the Commonwealth to connect with Veterans in their communities. Home Base will conduct a needs assessment and trainings with VSOs to support the identification and referral of Veterans in need of care.

**3 Expand Home Base's Statewide Suicide Prevention Campaign**

Expand Home Base's statewide suicide prevention campaign to raise awareness of the invisible wounds, eliminate the stigma associated with seeking mental health care, and to create a community driven ecosystem to identify at-risk Veterans in local communities.

**4 Partner with Community Health Centers in Underserved Communities to Better Serve Veterans**

Home Base will work with community health centers in underserved communities to provide tools and resources to better serve Veterans. This includes staff training on Military culture and invisible wounds and training mental health care providers in evidence-based treatments for PTS and case management.

Home Base remains committed to its mission of healing the invisible wounds of war and supporting Veterans and their Families throughout their journey to recovery. With the additional state funding and ongoing community support, Home Base will continue to expand its programs, provide vital care, and make a lasting difference in the lives of those who have served.



# FIRST LADY JILL BIDEN VISITS HOME BASE NATIONAL CENTER OF EXCELLENCE

On Thursday, July 14, 2022, in support of the White House's Joining Forces initiative, First Lady Jill Biden visited the Home Base National Center of Excellence in the historic Charlestown Navy Yard of Boston to shine a light on the impact Home Base has made on healing the invisible wounds of war. During the hour-long tour, she received briefings on the services provided at Home Base and met with Service Members, Military Families, and Veteran alumni of the program.

The First Lady, also joined by Senator Ed Markey (D, MA) and Representative Ayanna Pressley (D - MA - 7), was greeted by Home Base Executive Director **Brigadier General (retired) Jack Hammond** and Chief Operating Officer **Michael Allard**, as well as Massachusetts General Hospital President Dr. David F. M. Brown, Boston Red Sox Owner and The Boston Globe Chief Executive Officer Linda Henry, Mass General Brigham Chief Operating Officer Dr. Ron Walls, and President of the Spaulding Rehabilitation Network **Dr. Ross Zafonte**, who also directs the Brain Injury and Warrior Health and Fitness programs at Home Base.

At the first stop on the tour, the First Lady received an overview of the Intensive Clinical Program from **Laura Harward, LICSW** and **Dr. Kalo Tanev**. She also heard from **Dr. Louis Chow** and **Bill Davidson** about expanding Home Base programs to additional communities.

At the second stop, the First Lady proceeded to the fitness center where she heard about the Special Operations and Traumatic Brain Injury Program from Dr. Zafonte and **Dr. Alexis Iaccarino**. She also received a briefing on the wellness programming offered to Service Members, Veterans and Military Families from **Dr. Ron Hirschberg** and **Ryan Vanderweit**.

At the third and final stop, the First Lady learned about Home Base's Veteran, Service Member and Family-focused programming from **Dr. Daria Mamon** and **Jacque Francona**. She also spoke with two Veterans and one Military Family who shared their journeys and experiences while completing Home Base's programs, including Julian and Kalah' Kitching.

A short video recap of the First Lady's visit can be viewed [here](#).





INTRODUCTION

NOTEWORTHY  
NEWS

RESEARCH &  
INNOVATION

CLINICAL  
FEATURES

STORIES  
OF HOPE

HOME BASE  
NATION PODCAST

SIGNATURE  
EVENTS

RACE FOR  
HOME BASE

COMMUNITY  
FUNDRAISERS

FLORIDA  
UPDATES

FINANCIAL/  
DONOR INFO



# SECRETARY OF THE NAVY VISITS HOME BASE NATIONAL CENTER OF EXCELLENCE

On Friday, October 21, 2022, the Honorable Carlos Del Toro, 78th Secretary of the Navy, visited the Home Base National Center of Excellence in the historic Charlestown Navy Yard of Boston.



During the hour-long tour, Secretary Del Toro was greeted by Home Base Executive Director, **Brigadier General (retired) Jack Hammond** and Chief Operating Officer, **Michael Allard**. He received briefings on the services provided at Home Base, and met with Veteran alumni of the program.

At the first stop on the tour, Secretary Del Toro heard about the Special Operations and Traumatic Brain Injury (TBI) Program at Home Base's TBI Suite.

At the second stop, Secretary Del Toro proceeded to the fitness center where he also received a briefing on the wellness programming offered to Service Members, Veterans, and Military Families.

At the third stop, Secretary Del Toro received an overview of the Intensive Clinical Program and about Home Base's Veteran, Service Member, and Family-focused programming.



# 2022 NAVY SEAL FOUNDATION IMPACT FORUM

San Diego October 17 & 18, 2022

Home Base attended the Navy SEAL Foundation Impact Forum in October 2022. This event is specifically designed to meet the diverse interests and needs of attendees, while creating a powerful opportunity for networking, learning, and developing techniques to improve the provision of behavioral health services in the Military and community at large.

Dr. Lauren Brenner of Home Base (pictured below) and Dr. Sharmin Ghaznavi of Massachusetts General Hospital’s Center for Neuroscience for Psychedelics presented on the topics of Post-Traumatic Stress (PTS) and Traumatic Brain



Injury (TBI) care at Home Base, research efforts for psychedelic treatments for PTS, and how to make evidence-based decisions when treating Veterans suffering from PTS, TBI, and other wounds.

Dr. Lauren Brenner shared how her team at Home Base takes a multidisciplinary approach to help warriors who are experiencing symptoms of PTS as well as those who are experiencing symptoms of TBI. An evidence-based, comprehensive evaluation including cognitive, emotional/behavioral, and physical disturbances. Dr. Brenner encouraged providers to build a bridge with their patients by using tools that the Home Base care team implements in its clinical treatment programs:

- ✔ Treat them as human. This included developing trust by being a person first, and then a provider.
- ✔ Provide psychoeducation and truly understand the why and the what.
- ✔ Be honest about your limitations and work to coach them along the way.
- ✔ Be flexible and provide patient-centered care.
- ✔ Communicate the bigger picture and connections between their physical, emotional, and mental health.

In tandem with Dr. Brenner, Dr. Ghaznavi presented on the research being conducted to determine the efficacy of psychedelic treatment for PTS and other invisible wounds. Dr. Ghaznavi sees potential in the benefits of psychedelic treatment but notes that the field is in the early days of research. Her team takes a scientific, evidence-based approach and advocates for longer-term studies.

The Massachusetts General Hospital’s Center for Neuroscience for Psychedelics received the Distinguished Scientific Award at the Impact Form.



**Pictured Left:** Robin King, CEO, Navy SEAL Foundation

**Pictured Right:** Dr. Sharmin Ghaznavi, MD, PhD, Associate Director of the MGH Center for Neuroscience for Psychedelics

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



# SEAL LEGACY FOUNDATION 2022 PATRIOT DINNER AND WARRIOR OPEN

On Sunday, July 31st, the SEAL Legacy Foundation hosted its 6th annual Patriot Dinner at the Encore Boston Harbor in Everett, MA to recognize the courage, commitment, and sacrifice of the U.S. Navy SEAL community and Families.



The event, which benefitted Home Base, shined a spotlight on the mental health programs Home Base provides to the SEAL community. The room in which the dinner was held was decorated along its walls by candles, narratives, and pictures for each and every SEAL who has fallen since 9/11. At the end of the evening,

Home Base was presented with a

# \$50k gift

from the Kappa Sigma Fraternity.

The following morning, golfers took the green in a scramble tournament at the Charles River Country Club in Newton, MA for the Warrior Open golf tournament.

## About the SEAL Legacy Foundation and Home Base's Partnership

Home Base and the SEAL Legacy Foundation have partnered to develop new mental-health programs targeted to the SEAL community. Each year since, the SEAL Legacy Foundation has

worked closely with Home Base, referring SEALs for care and providing funding to cover costs for care. Since September 2001, the Naval Special Warfare community has lost many warriors during training and in combat, at home and on foreign shores. The SEAL Legacy Foundation has been at the forefront of supporting the SEAL community, helping current and former SEALs and their Families in a variety of ways, including survivor support, college scholarships, and now mental health-care services.

*“We have seen an increase in the number of SEALs seeking support for the symptoms of TBI and post-traumatic stress, including insomnia, anxiety, and cognitive impairment, among others,” McGinnis added. “We have worked diligently to identify a world-class partner so we can broaden our Foundation’s offerings to include mental-health programs.”*

- Commander Mark McGinnis

Home Base and the SEAL Legacy Foundation have worked together to expand Home Base’s two-week ICP to serve Navy SEALs and their Families.

# DIVERSITY, EQUITY, & INCLUSION ACCOMPLISHMENTS 2022

## AT HOME BASE

- ✔ Diversification of the Leadership council, to include more female membership.
- ✔ Updated Home Base Mission Statement that incorporates DEI values, which is used on all new job descriptions for weekly and monthly paid positions and practicum/post-doc job descriptions.
- ✔ Hiring of a dedicated HR operations person to help support DEI strategic aims in areas of recruitment, hiring, promotion, and retention.
- ✔ Online resource library established on internal database.
- ✔ DEI internal education series launched and recorded for staff/trainee onboarding including Cultural Humility 101; Anti Fat Bias; Understanding Perceptions of Asian Americans; Gender and Sexual Identity Training.
- ✔ Patient facing materials have been reviewed and adapted to increase inclusivity.
- ✔ Development of educational offerings incorporating DEI considerations.

- ✔ Didactics include DEI lens/framework.
- ✔ Safe Spaces established for all staff to process challenging events.
- ✔ Increased communications in/out of Home Base on holidays/dates/months of note related to DEI.
- ✔ Survey regarding staff perceptions of involvement in decision making at Home Base developed.

## IN THE COMMUNITY

- ✔ Developing relationships with key stakeholders within Indian Health Services and Urban Indian Health programs to serve as informal advisors to developing programs for Native American communities.
- ✔ Provided Cognitive Processing Training (CPT) and 6 months of consultation to 5 clinicians at Harvard Street Neighborhood Health Center, a local Federally Qualified Health Center.



## THOUGHT LEADERSHIP & CONFERENCES

- ✔ Michael Allard, COO and Dr. Louis Chow, Senior Director for Home Base Training Institute and Network Development, served as keynote presenters for the Annual MGH Public and Community Psychiatry Spring Symposium in March 2022. The title of the presentation was “Road Map for DEI: The Influence of Provider Culture on Outreach and Mental Health Care for Marginalized Veterans.”
- ✔ Dr. Chow served as an expert panelist on a DEI conference organized by YWBoston on October 11, 2022. The title, “How to pace your DEI strategy to ensure meaningful and lasting change.”



# INNOVATION RESEARCH TO REIMAGINE CARE

## 2022 Publications

Home Base is at the forefront of research and innovation in the realms of Veteran and Family mental health care. Below is a list of publications from Home Base staff relevant to the groundbreaking work conducted at the Home Base National Center of Excellence in Charlestown, MA.

1

### Associations Between Residual Hyperarousal and Insomnia Symptoms in Veterans Following a 2-Week Intensive Outpatient Program for Post-Traumatic Stress Disorder

Tanev KS, Lynch EA, Blackburn AM, Terry D, Goetter EM, Wright EC, Gupta C, Stasko CE, Spencer T. Associations between residual hyperarousal and insomnia symptoms in Veterans following a 2-week intensive outpatient program for posttraumatic stress disorder. Journal of Traumatic Stress. 2022 Apr;35(2):461-472. doi: 10.1002/jts.22758. PMID: 34811818.

2

### An Online Resilience Intervention for Military Personnel

Millstein RA, McCarthy MD, Chudnofsky R, Fredriksson S, Francona J, Winklosky T, Sampson B, Mulzoff A, Hirschberg RE, Park ER, Fricchione G, Mehta DH, Denninger J, Sylvia LG. An Online Resilience Intervention for Military Personnel. Psychiatric Annals. 2022 May 1;52(5):186-90. doi: 10.3928/00485713-20220513-01=

4

### The Effect of Intimate Partner Violence on Treatment Response in an Intensive Outpatient Program for Suicide-bereaved Military Widows

Blackburn AM, Xu B, Gibson L, Wright EC, Ohye BY. The effect of intimate partner violence on treatment response in an intensive outpatient program for suicide-bereaved Military widows. Military Psychology. 2022 March. doi: 10.1080/08995605.2022.2040918.

3

### Resilient Family: A Pilot Study of a Stress Management Program for Military-Connected Families

Sylvia LG, Chudnofsky R, Winklosky T, Mulzoff A, Francona J, Sampson B, Lynch E, Xu B, McCarthy MD, Gupta C, Denninger JW, Mehta DH, Park ER, Ohye B, Spencer T, Fricchione GL. Resilient Family: A Pilot Study of a Stress Management Program for Military-Connected Families. Psychiatric Annals. 2022;52(5):179-185 doi: 10.3928/00485713-20220506-02

5

### Intensive Outpatient Treatment of PTS and Complicated Grief in Suicide-Bereaved Military Widows

Ohye, B., Moore, C., Charney, M., Laifer, L.M., Blackburn, A.M., Bui, E., & Simon, N.M. Intensive Outpatient Treatment of PTS and Complicated Grief in Suicide-Bereaved Military Widows. Death Studies. 2022;46(2):501-507. doi: 10.1080/07481187.2020.1740832. PMID: 32212913





# INNOVATION RESEARCH TO REIMAGINE CARE CONT.

## 2022 Publications

Home Base is at the forefront of research and innovation in the realms of Veteran and Family mental health care. Below is a list of publications from Home Base staff relevant to the groundbreaking work conducted at the Home Base National Center of Excellence in Charlestown, MA.

6

### Clinical and Administrative Insights from Delivering Massed Trauma-Focused Therapy to Service Members and Veterans

Wright EC, Wachen JS, Yamokoski C, Galovski T, Morris K, Goetter EM, Klassen BJ, Jacoby V, Zweibach L, Sornborger J, Dondanville KA, Fina BA, Rauch SAM. Clinical and administrative insights from delivering massed trauma-focused therapy to Service Members and Veterans. Cognitive and Behavioral Practice. 2022 Jul. doi: 10.1016/j.cbpra.2022.06.005

8

### Telemental Health Uptake in an Outpatient Clinic for Veterans During the COVID-19 Pandemic and Assessment of Patient and Provider Attitudes

Goetter EM, Iaccarino MA, Tanev KS, Furbish KE, Xu BY, Faust KA. Telemental Health Uptake in an Outpatient Clinic for Veterans During the COVID-19 Pandemic and Assessment of Patient and Provider Attitudes. Professional Psychology: Research and Practice. 2022, 53(2), 151–159. <https://doi.org/10.1037/pro0000437>.

9

### Presence of Psychiatric Assistance Dogs and Relation to Post-Traumatic Stress Disorder Treatment Outcomes: A Nonrandomized, Observational Study in a Military Sample

Goetter EM, Sylvia LG, Tanev KS, Xu B, McCarthy BS, Lynch E, Stasko C, Hartvigsen N, Harward L, Wright EC. Presence of psychiatric assistance dogs and relation to post-traumatic stress disorder treatment outcomes: a nonrandomized, observational study in a military sample. Psychiatric Annals, 2022. 52(5):191–198. doi:10.3928/00485713-20220511-01

7

### PTS and Parental functioning: The Protective Role of Neighborhood Cohesion Among Black and White Veterans

Franz, M. R., Sanders, W., Nillni, Y. I., Vogt, D., Matteo, R., & Galovski, T. PTS and parental functioning: The protective role of neighborhood cohesion among Black and White Veterans. Psychological Trauma: 2022 Apr;14(S1):S4-S12. doi: 10.1037/tra0001123. PMID: 34591535.



# CATALYST FUND AWARDS

Home Base provides catalyst funding to be used toward innovative, Military-focused research to stimulate new ideas and exciting approaches to research designed to yield meaningful impact for Veterans, Active-Duty Service Members, and Military-Connected Families. Data from catalyst awards can then be used to seek larger-scale funding from other entities to conduct additional research. Proposals relate to advancing one or more of the following areas of clinical or translational research:

- ✓ Post-traumatic stress and its most common comorbidities including but not limited to depressive, anxiety, and substance use disorders.
- ✓ TBI and its most common comorbidities including but not limited to depression, anxiety, and sleep disorders.
- ✓ The impact of the invisible wounds on the Service Member’s or Veteran’s Family relationships, as well as interventions to improve these relationships.
- ✓ Interventions to improve wellness among Service Members and Veterans, irrespective of specific clinical diagnoses.

## Examination of the Role of Metal Exposure in Psychopathology of Veterans and Active Duty Servicemembers: A Pilot Study

PI: **Gabrielle Hoover**  
Home Base Catalyst Award Fund # 242190

This study utilizes a comprehensive battery of measures of psychopathology as well as clinical diagnoses assigned by a psychologist and leverages advancements in the field of exposure assessment via novel x-ray fluorescence (XRF) technology to measure lead exposure in bone, nails, and hair. Our primary aim is to build the foundation for a biobank or other service utilizing the XRF as a surveillance tool for the Home Base program. Within this aim are two core hypotheses:

- I. Among Veterans and Active Duty Service Members, determine whether higher lead exposure is related to higher levels of mental health symptoms, including PTS severity and suicidality.
- II. Among Veterans and Active Duty Service Members who served in Iraq and Afghanistan or operate lead producing weapons, determine whether there are higher levels of lead exposure and mental health symptoms as compared to those without the mentioned risk factors for lead exposure.

## A Meaning-Centered Cognitive Behavioral Group Therapy to Enhance the Transition to Civilian Life

PI: **Amanda Baker**  
Home Base Catalyst Award Fund # 242175

Many individuals who have completed trauma-focused therapy still experience “less diagnosable” symptoms like a lack of connection or meaning in life, which can interfere with day-to-day functioning. This study seeks to fill this treatment gap by evaluating the feasibility and acceptability of a group-based meaning-centered CBT, with the goal of increasing meaning in life and decreasing loneliness.



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO

# INTENSIVE CLINICAL PROGRAM FOR FAMILIES OF THE FALLEN PARTNERSHIP WITH TAPS/FISHER HOUSE

## Home Base Intensive Clinical Program for Families of the Fallen

Thanks to the generous partners at Fisher House and the Tragedy Assistance Program for Survivors (TAPS), Home Base provides support to Families of the Fallen through unique programming targeting their specific needs.



*The Home Base Intensive Clinical Program for Families of the Fallen (ICPFF), provides healing and hope to those grieving the death of a lost Veteran or Service Member. Noriko Stern participated in the ICPFF after the sudden loss of her husband, Chris.*

Sadly, more than 125,000 Veterans have died by suicide since 2001. An alarming number of Family Members have witnessed these events and the devastating aftermaths, yet Families of the Fallen are often overlooked for clinical care and support. To serve these Families, Home Base has partnered with [Fisher House](#) and [TAPS](#) to fill this critical gap.



Since 2016, Fisher House has provided lodging to hundreds of Veterans and Families who have sought care for the invisible wounds of war and saw an opportunity to extend that support after TAPS reached out to Home Base to develop programming for Families struggling with trauma and grief from their loss of a Military loved one by suicide. In tribute to the power of partnerships and healing, Home Base, with the support of Fisher House and TAPS, launched the first-in-the-country intensive clinical treatment program for Families of the Fallen, modeled after the ICP that provides care to Veterans.

*“Home Base gave me my confidence back and the courage to keep going, no matter how tough it gets. This program is a gift of life.”*

*Noriko Stern*

The two-week ICPFF is equivalent to up to two years of treatment for Families of the Fallen and starts them on a path of recovery. We have cared for more than 130 Family Members since its inception in 2017, with incredible results and no out-of-pocket cost to the participants. Learn more at [homebase.org/icpff](http://homebase.org/icpff).

“Fisher House is proud to partner with Home Base to enhance their ability to care for Veterans and their Families by providing transportation and lodging during the ICP for the participants,” said David Coker, President, Fisher House Foundation. “This allows Home Base to focus on the treatment they provide so well. It’s about two great nonprofits collaborating in service.”

“Home Base has developed a best-practice, Intensive Clinical Program for Veterans and their Family Members who are suffering from trauma. TAPS has proudly joined with Home Base to offer this treatment to survivors of Military suicide and to provide peer-based support to expand the continuum of care,” said Bonnie Carroll, President and Founder, TAPS.





INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/ DONOR INFO



# HOME BASE RESILIENT YOUTH PROGRAMMING FOR MILITARY CONNECTED CHILDREN AND TEENS

In September 2022, the Home Base Family and Resiliency Team launched the **Resilient Youth** program — a 6-week virtual skill building course available to any Military-connected child between grades 1-8. Resilient Youth was developed by the Massachusetts General Hospital Child Resiliency Program and The Benson-Henry Institute for Mind Body Medicine.

Throughout the course, children learn practical skills that help them reduce feelings of stress and anxiety, strengthen connections with friends and family, improve academic performance and much more.

Home Base is proud to offer **Resilient Youth** as part of its **Resiliency Programs**, which include training and support for **Veterans and Service Members, Family Members**, as well as a free library of **meditations and relaxation recordings**.



## RESILIENT YOUTH FOR MILITARY CONNECTED CHILDREN AND TEENS

FREE 6-WEEK SKILL BUILDING COURSE

Children are grouped by age and learn practical skills:

- 1 Reduce feelings of stress and anxiety
- 2 Strengthen connections with friends and family
- 3 Improve academic performance
- 4 Develop better work habits and organizational skills
- 5 Increase self esteem
- 6 Tap into your creativity and humor
- 7 Cope with big feelings like fear, frustration and anger



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



# HOME BASE ADVENTURE SERIES FEATURE

## Connecting Military Families in New England

The Home Base Adventure Series provides Military Families, including Families of the Fallen, with family-bonding activities.



Veterans, Service Members, Military Families, and Families of the Fallen may explore a new sport, meet other Military Families and learn more about the clinical services, education and research offered by Home Base.

Home Base collaborates with businesses, nonprofits, and community organizations, such as New England Paralyzed Veterans of America, Cranmore Mountain Resort, Warrior Ice Arena, throughout New England that host Adventure Series events free of charge to participants. Past activities have included skiing, skating, museum visits, sporting events, and more. They are open to both adaptive and able-bodied participants, and are available throughout the year.



In 2022, Home Base hosted

# 27 events with over 1,200 participants

INTRODUCTION

NOTEWORTHY  
NEWS

RESEARCH &  
INNOVATION

CLINICAL  
FEATURES

STORIES  
OF HOPE

HOME BASE  
NATION PODCAST

SIGNATURE  
EVENTS

RACE FOR  
HOME BASE

COMMUNITY  
FUNDRAISERS

FLORIDA  
UPDATES

FINANCIAL/  
DONOR INFO



## STORIES OF HOPE: LIEUTENANT COLONEL BRIAN KITCHING

Lieutenant Colonel Brian Kitching is a U.S. Army Ranger, who was a prestigious White House fellow and is actively serving as commander of the 2nd Battalion, 327th Infantry Regiment in the famed 101st Airborne Division in Fort Campbell, KY.

He came to Home Base after his fifth, and particularly challenging, deployment to Afghanistan.

*"I want you to know that Home Base can change your life. Put aside these notions, put aside the stigma and take care of yourself. There is so much work to be done here and so many people, so many Operators, so many Active Duty Veterans can benefit from this. And I just encourage folks to do so."*

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



# STORIES OF HOPE: LIEUTENANT COLONEL BRIAN KITCHING



*“Every day we would leave the gate to go on these patrols, I would just take a quick look back because you really never knew if you were going to come back.”*

In October 2012, Brian, then a Captain, was on patrol with his 1st Platoon during the second day of an operation. Suddenly, the platoon began taking fire from approximately 10-12 enemy insurgents. He began directing the platoon to return fire.

As the enemy fire intensified, one of Brian’s Soldiers received a gunshot wound to the arm and an Afghan Soldier received shrapnel wounds from a grenade. He ordered a medical evacuation for the wounded and continued to direct his Soldiers to suppress the enemy. Brian then exposed himself to enemy fire to better assess the location for the medical evacuation.

Brian then used a mine sweeping device to clear an area of safety for his platoon, during which a group of improvised bombs were detonated. After, he sprinted 100 meters through an open field and enemy fire to pull security for his advancing forces. He would earn the Silver Star on this day for his extraordinary heroism.

Brian and his unit were deployed in Afghanistan for 270 days and engaged in over 200 battles, in which five American soldiers were killed and many more were wounded. Upon returning home, he grappled with the thought that he should have been one of those soldiers who were killed. Brian knew he needed help — he replayed his decisions over and over again, feeling if any life was lost, it should have been his, as he was the senior commander.

A consummate leader, Brian understood the risk for those who do not seek help, to themselves and their team, so he took the brave step to get help and came to Home Base.

*“It is okay to get help. I’ll tell you what, this is going to be hard. This is going to be tough to open yourself up to exposing the things that you’ve been hiding. But it’s exactly what’s required to be the best version of yourself.”*



Brian described his time at Home Base as lifechanging, for both him and his family. As a highly decorated Ranger and now ambassador for Home Base, he has not only encouraged his brothers- and sisters-in-arms to seek care, but also convinced his own brother, **Sergeant First Class (Retired) Julian Kitching**, a decorated U.S. Army Green Beret, to come to Home Base for the care he needed.

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO

# HOME BASE FLORIDA STORY OF HOPE: DAN MCGUIRE

**U.S. Air Force Veteran Dan McGuire, who served our country for 29 years, received help and support to manage his physical and mental wellness through the Tampa program.**

After 12 deployments including Desert Storm, Dan faced many physical ailments including a mild traumatic brain injury that affects his balance as well as back and shoulder injuries. After being medically retired and transitioning to civilian life, his real battle began.



*“I struggled with PTS, survivors’ guilt and severe depression that caused me to isolate and have unhealthy habits that included gaining weight. I felt like a failure and that I no longer had a purpose anymore. It felt like life went on for everyone else around me, but not for me.”*

- Dan McGuire

After being introduced to Home Base at an outreach tent at the Valspar Championship PGA golf tournament in Tampa, Dan signed up on the spot for the Warrior Health and Fitness program.

He was motivated to start by the idea of losing the 35 pounds he had gained, but for him the benefits far outweighed the physical rewards.

*“I had an incredibly positive experience and feel amazing now. I had people who cared about me and my success in a judgement-free environment. I found I wasn’t isolating or frustrated. I couldn’t wait to go to the gym to be around other Veterans and the Home Base team. I was searching for camaraderie and didn’t even know it.”*

*“I am just scratching the surface of what Home Base Florida offers and look forward to learning more about how they can help me continue my journey to mental and physical wellness.”*

- Dan McGuire

Home Base Florida is grateful for the support of our donors who have an immediate and direct impact on the lives of Florida Veterans of all eras, Service Members, Military Families and Families of the Fallen through our expanding programs.



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



22



# HOME BASE NATION SEASONS 4 & 5

## ABOUT HOME BASE NATION

Home Base Nation (HBN) is the official podcast of Home Base. Currently in its fifth season, HBN has delivered over 85 intriguing conversations around hot topic issues in the Military community — primarily around the mental health and wellness of our Nation’s Warriors and their Families — with Veterans, Military Family Members, high-ranking Military officials, politicians, industry leaders, and celebrities.

## ABOUT THE HOST

The host of HBN is Ron Hirschberg, MD, Director of Health and Wellness at Home Base, Director of the Physical Medicine and Rehabilitation (PM&R) Consultation Service at Massachusetts General Hospital and Assistant Professor of PM&R at Harvard Medical School.



**LISTEN & SUBSCRIBE:**  
[Homebase.org/Podcast](https://Homebase.org/Podcast)

## GUEST HIGHLIGHTS



Brandi Benson | [S4:E6](#)



Craig Morgan | [S4:E7](#)



Eric Goralnick | [S4:E14](#)



JR Martinez | [S4:E8](#)



Mary Gauthier | [S4:E10](#)



Mistress Carrie | [S4:BE1](#)



Mo Southall | [S4:E16](#)



Patrick Downes | [S4:E4](#)



Patrick Johnson | [S5:E2](#)



Said Noor | [S4:E11](#)



Seth Moulton | [S4:E12](#)



Thom Tran | [S4:E2](#)

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



23



# 13TH ANNUAL RUN TO HOME BASE

PRESENTED BY RAYTHEON TECHNOLOGIES

The 13th annual Run to Home Base presented by Raytheon Technologies took place on Saturday, July 30, 2022 at historic Fenway Park. A total of

## 1,887 runners and walkers

participated, including 1,625 in-person and 252 virtual participants from 39 U.S. states and three countries. Among the participants were

- ▶ **520** Veterans and Active Duty Service Members,
- ▶ **183** Military Spouses and Family Members
- ▶ **60** family members of a Fallen Service Member.

Additionally, we welcomed 104 all-stars who raised \$2,500+ individually and 13 supporters who have participated in all 13 Runs.

The 2022 Run raised over **\$2.3 Million.**



## HIGHLIGHTS FROM THE WEEKEND:

On Friday, July 29, Home Base Executive Director Brigadier General (Ret.) **Jack Hammond** and Bekah Salwasser, Red Sox Foundation Executive Director and Boston Red Sox Executive Vice President of Social Impact joined Red Sox First Pitch on the New England Sports Network (NESN).



On Saturday, July 30, the Run to Home Base kicked off with its annual Opening Ceremony with remarks from various leaders across Home Base, the Red Sox, Military branches, and Massachusetts General Hospital. This year's ceremony had an exceptionally special guest speaker, First Lady Dr. Jill Biden, who joined via video. SFC (ret.) Julian Kitching, former Home Base participant, rounded out the ceremony with a testimony of his service and his healing at Home Base.



Following the Run, Home Base honored Black Veterans of all eras on the field of Fenway Park during a Pregame Ceremony before the Red Sox vs. Brewers game that evening.



Many thanks to presenting sponsor, Raytheon Technologies, other sponsors, and our partners at the Red Sox Foundation for a successful 2022 Run to Home Base!

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/ DONOR INFO

# 13TH ANNUAL RUN TO HOME BASE

*Pictured right:* Run to Home Base participants carried American flags and those of the six United States Military branches at the start line on Jersey Street alongside Fenway Park.



*Pictured below:* Medal of Honor recipient Alwyn Cashe's great nephew, William Maurice Everett Jr., threw the Ceremonial First Pitch before the Boston Red Sox versus Milwaukee Brewers game.



*Pictured above:* Brigadier General (Ret.) Jack Hammond, Executive Director of Home Base, addressed Run to Home Base participants and attendees during the Opening Ceremony.



*Pictured left:* World War II Veterans Marvin Gilmore and Enoch O'Del "Woody" Woodhouse II, a Tuskegee Airmen, and Korean War Veteran John O'Neal were honored during the Pregame Ceremony celebrating Black Veterans of all eras.





INTRODUCTION

NOTEWORTHY  
NEWS

RESEARCH &  
INNOVATION

CLINICAL  
FEATURES

STORIES  
OF HOPE

HOME BASE  
NATION PODCAST

SIGNATURE  
EVENTS

RACE FOR  
HOME BASE

COMMUNITY  
FUNDRAISERS

FLORIDA  
UPDATES

FINANCIAL/  
DONOR INFO



25



# 2022 VETERANS DAY DINNER

Presented by Hanscom Federal  
Credit Union Charitable Foundation

For the first time since 2019, Home Base brought together partners, donors and distinguished guests at the Home Base Veterans Day Dinner presented by Hanscom Federal Credit Union Charitable Foundation on Saturday, November 12, 2022.

The Dinner was hosted at the American Heritage Museum — a 66,000+ square foot building in Hudson, MA that, among its staggering variety of rare relics, features over 15 tanks and artifacts that are the only ones on public display in North America.



During the Dinner, attendees heard from Massachusetts Governor Charlie Baker and keynote speaker General Richard D. Clarke, a retired U.S. Army four-star general and the 12th Commander of U.S. Special Operations Command. Additionally, Voices of Service, a singing quartet of Veterans and top 5 finisher on Season 14 of America's Got Talent, performed the National Anthem and various songs throughout the evening.

Home Base also presented the Major General Joseph Warren, MD Awards to Jean C. Tempel (individual recipient), and the Navy SEAL Foundation (organization recipient). Ms. Tempel retired as Managing Partner of First Light Capital and serves on the Home Base Board of Overseers. Robin King, Executive Director of the Navy SEAL Foundation, accepted the award on behalf of the foundation.

*Pictured above: Between the rare relics of the American Heritage Museum, attendees gather around the stage to listen to keynote speaker General Richard D. Clarke.*



*Pictured right: Governor Charlie Baker was one of several featured speakers throughout the evening.*

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



## 2022 VETERANS DAY DINNER

Presented by Hanscom Federal Credit Union Charitable Foundation

The Dinner was attended by nearly  
**200 friends of Home Base**  
 and raised a total of  
**\$377,500**  
 in support of Home Base's mission.



*Pictured above:* Home Base Chief Operating Officer **Michael Allard** thanks presenting sponsor Hanscom Federal Credit Union Charitable Foundation.

*Pictured above (from left to right):* **Brigadier General (Ret.) Jack Hammond**, Jean C. Tempel, Robin King, General Richard D. Clarke and Michael Allard.

Home Base thanks Hanscom Federal Credit Union Charitable Foundation for its continued generosity and support of the Dinner as its presenting sponsor. We also thank all who attended this year and made our first Dinner in three years a very special one!



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/ DONOR INFO

# RACE FOR HOME BASE PROGRAM

The Race for Home Base Team is proud to participate in races across the country while raising vital funds to heal the invisible wounds of war for Veterans of all eras, Service Members, Military Families and Families of the Fallen.

## RACES

- ✓ BOSTON MARATHON
- ✓ ROCK N ROLL MARATHON-SAN DIEGO
- ✓ FALMOUTH ROAD RACE
- ✓ MARINE CORPS MARATHON
- ✓ TCS NEW YORK CITY MARATHON



**56**  
TOTAL RUNNERS

**\$290,000**  
TOTAL \$ RASIED

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



## RUNNER STORIES

# BOSTON MARATHON: BRITTANY FLETCHER

### A Marine in the Family Inspires Mass General Nurse to Run the Boston Marathon®

Written by Nancy Kilburn of the Massachusetts General Hospital Development Office

Growing up, Brittany Fletcher knew she wanted to be a nurse. She says helping people heal has been a passion of hers for as long as she can remember.

When Massachusetts General Hospital began its new graduate program last year, she jumped at the chance. Since November 2021, Brittany has been a nurse on White 9, an acute care unit that was critical to meeting the tremendous need for patient care during the COVID-19 Omicron surge.



*“Mass General is everything I’d hoped for — an incredibly positive, supportive environment where people can heal.”*

- Brittany Fletcher

After just a few months on the job, Brittany felt ready for another challenge. A two-sport varsity athlete in college, playing both soccer and basketball, she thought of running the Boston Marathon for the Mass General team and knew exactly what she wanted to fundraise for — Mass General’s Home Base program.

### LIFE-SAVING CARE AND SUPPORT

Home Base, a partnership between the hospital and the Red Sox Foundation, focuses on healing the psychological impacts, or “Invisible Wounds,” of Military service for Veterans of all eras, Service Members, Military Families and Families of the Fallen. Home Base is the first and largest private-sector clinic in the nation dedicated to developing and delivering life-saving clinical care and support for the full spectrum of conditions associated with Military service, including post-traumatic stress, traumatic brain injury, anxiety, depression, co-occurring substance use disorder, family relationship challenges and other issues.



*“The services Home Base provides are so important to Military Members and their Families, and their research is helping improve care for Veterans everywhere.”*

### CLOSE TO HOME

Brittany’s younger brother, Drew, joined the Marine Corps immediately after high school. She says he loves the Military — the sense of belonging, discipline and pride, and the knowledge that he is keeping a commitment he has made to his country. Brittany says Drew also understands the toll Military service can take. In 2020, his lieutenant died by suicide. Alarming, the rate of Military suicides has drastically risen over the past five years. In fact, four times as many Service Members have died by suicide since 9/11 than have died during Military operations.

RUNNER STORIES

# BOSTON MARATHON: BRITTANY FLETCHER CONT.

*“Home Base could have been life-saving for my brother’s lieutenant. When I think of the impact his death had on the whole unit, his family and his friends, it makes me want to do everything I can to support this work.”*

The center brings all of Home Base’s comprehensive and multifaceted services under one roof in the Charlestown Navy Yard, equidistant from the world-class medical and rehabilitation services of Mass General and Spaulding Rehabilitation Hospital.

*“I want to thank everyone at Home Base for the work they do to enrich the lives of Veterans, Service Members and their Families. Having a brother who will be returning to civilian life soon and knowing this program is available to him if he needs it is truly amazing. I feel lucky and honored to be representing this program in the Boston Marathon.”*

**In the meantime, representing Home Base in the Boston Marathon is an excellent way for those involved, including Brittany, to thank our Veterans, Service Members and their Families for their sacrifice for our nation.**

Brittany also has a special message for her brother:

*“I am truly humbled by your bravery and selflessness to defend our country, and do not know if there will ever be a way to thank you for it. I am so proud of you and honored to be your sister, and I cannot wait for you to come home!”*



## EXCELLENCE AT WORK

Home Base has provided care and support to more than 35,000 Veterans and their Family Members and training sessions for more than 80,000 clinicians, educators, first responders and community members, all at no cost to them. The Home Base National Center of Excellence, a state-of-the-art facility that opened in 2018, is the driving force for a comprehensive national program of care, education and research.

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO

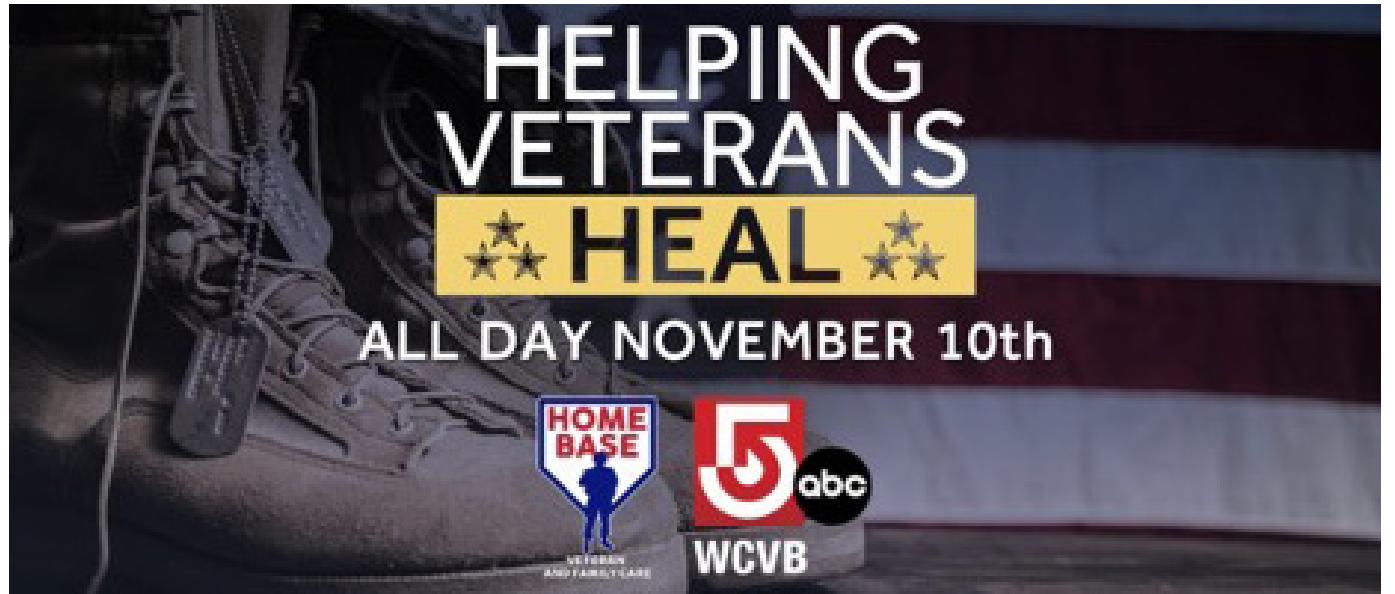


# VETERANS DAY TELEVENT

On Thursday, November 10, 2022, from 6:00am-8:00pm ET, Home Base once again partnered with WCVB Channel 5 Boston on the "Helping Veterans Heal" Televent.

The funds raised during the 14-hour Televent directly support Home Base and its mission to help heal the invisible wounds of war for Veterans of all eras, Service Members, Military Families, and Families of the Fallen.

**Thank you to all of our supporters who made a generous donation to our program during the Televent!**



## Featured stories that aired on WCVB Channel 5 Boston throughout the Televent:

- ✓ **Helping Veterans Heal:** Home Base has served more than 30K Veterans, Family Members
- ✓ **Veterans bond with horses through Home Base** program at Massachusetts farms by Matt Reed
- ✓ **Home Base director explains how organization helps thousands of Veterans**
- ✓ **'OK not to be OK:'** Veteran laces up for marathon for Home Base by Emily Maher
- ✓ **'You're not alone:'** Home Base helping vets overcome trauma, life changes by Brianna Borghi: [Read Here](#)
- ✓ **Warrior Health and Fitness Center helps Veterans** relearn how to move, live by Rhondella Richardson
- ✓ **Home Base working to fight food insecurity** for Veterans by Katie Thompson



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



# 2022 HOME BASE NO SHAVE

During November 2022, police officers from 112 departments across six states participated in the 8th Annual Home Base No Shave. The month-long campaign raises awareness and funds for the lifesaving care that Home Base provides to Veterans, Service Members and their Families.

Participants pledged \$100 to forgo shaving or wore a No Shave lapel pin for the month of November. Officers from the New England region — including Massachusetts, Maine, New Hampshire, Rhode Island and Vermont — and New Jersey joined this year’s campaign.

Thank you to all of the officers who participated this year, as well as the departments that made an exception to their facial hair policy!

At the conclusion of this year’s campaign, Home Base hosted the Closing Ceremony in the State Street Pavilion at historic Fenway Park on Wednesday, November 30.

Among the featured speakers at the event were Massachusetts Bay Transportation Authority (MBTA) Transit Police Officer and Boston Police Department Gang Unit Detective Kurt Power, founder and champion of Home Base No Shave. Kurt is a U.S. Army Veteran, Purple Heart



recipient and proud graduate of the Home Base Intensive Clinical Program, or ICP.

Following the speaking program, officers were given the chance to have the facial hair they grew throughout the month removed by a professional at Bostonian Barber Shop on Van Ness Street.

Nearly

# 2,500 officers

helped raise over

# \$179,000

in support of Home Base’s mission to heal the invisible wounds of war.

*Pictured above: Participating police officers who attended the Home Base No Shave Closing Ceremony posing with Home Base Chief Operating Officer **Michael Allard**, Director of Community Fundraising and Events **Maureen Roderick** and Executive Director **Brigadier General (Ret.) Jack Hammond** as well as Wally the Green Monster, the official mascot of the Boston Red Sox, inside Fenway Park.*

Thank you to all of our supporters who made a generous donation to our program during No Shave!

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



32



## 2022 HOME BASE PUSH-UP CHALLENGE PRESENTED BY PTC

During the week of Veterans Day 2022 – Home Base and PTC teamed up to host the 2nd Annual Home Base Push-Up Challenge presented by PTC to raise awareness for and funds to support Home Base and its mission to heal the invisible wounds of war for Veterans of all eras, Service Members, Military Families and Families of the Fallen.



An estimated 20 Veterans are tragically lost to suicide every day, but this is preventable with proper support and intervention. The goal of the Push-Up Challenge is to bring together Veterans and non-Veterans with a shared purpose of community, team, commitment and awareness while giving back to Home Base.

This year, each participant paid a \$25 registration fee to enter the Push-Up Challenge, which went directly to Home Base, and committed to 20 or more push-ups per day. Additional donations were also accepted throughout the week.

Home Base thanks PTC for its continued generosity and support of the Push-Up Challenge as its presenting sponsor.

A total of

**644** participants

nationwide accepted the challenge and helped us raise

**\$102,170**

to support Veterans, Service Members, and their Families.

Team PTC was also the top fundraising team, donating over \$34,000 this year. We also thank all who participated in and donated to this worthy cause.



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/ DONOR INFO

# 2022 COMMUNITY FUNDRAISERS

In 2022, Home Base benefitted from 24 community events from New England to Florida.

These events raised over **\$1.7 Million** in support of Home Base's mission.

**\$681,700** from Florida events

## 2022 Home Base Community Fundraisers - \$5,000+

7th Annual Home Base Golf Tournament at The Nest Golf Club

WCVB Helping Veterans Heal Televent

8th Annual Home Base No Shave Campaign

Kensington Golf & Country Club's 11th Annual Salute to SWFL Veterans

SEAL Legacy Foundation Patriot Dinner & Warrior Classic

9th Annual Home Base Golf Outing at Pocasset Presented by LABUR

2nd Annual Home Base Push-Up Challenge presented by PTC

Quail Creek Country Club's Salute to SWFL Veterans

Run to Home Base Florida at JetBlue Park

Race for Home Base - TCS New York City Marathon

Patriot Fund Invitational Dinner and Golf Tournament

Naples Lakes Golf Tournament Benefiting Home Base Florida

Kappa Sigma Fraternity Military Heroes Campaign

Copperleaf Community Salute to SWFL Veterans

Boston Bruins 2022 Season 50/50 Raffles

Home Base Fundraiser in Honor of Commander Richard Portillo and Suicide Awareness

Race for Home Base - Marine Corps Marathon

Heritage Palms Veterans Association Golf Outing

Home Base Fundraiser in Memory of Sue Corraro LaRosa

Race for Home Base - ASICS Falmouth Road Race

R.W. Sullivan Engineering's 15th Annual St. Patrick's Day Charity Auction

Fitness Within's Operation Run to Heal 5K

Colony Foods New England Conference

15th Annual Mass Elks Veterans Motorcycle Run



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO

# SUPPORTING THE COMMUNITY

## Home Base Florida Responds to Community Needs from Hurricane Ian

The Southwest Florida community was devastated by the physical destruction of Hurricane Ian. The mental health toll has been even greater for those in its direct path.

As Families struggle to make sense of losing their homes, cars and facing the uphill battle of rebuilding, the Home Base Florida Family rallied together to respond to the needs of our community through a variety of efforts that included volunteering to help those most impacted and providing community outreach and resources to provide mental health support for those struggling to cope.

After the storm, the team sprang into action and quickly deployed a [Hurricane Resources](#) page on our website to provide our Veterans, Service Members and Military Families with a list of resources to assist with everything from transportation and food to disaster relief and healthcare.

As we reached out to our partners to assess community needs, we joined forces with organizations such as the YMCA, Veteran MWR and the Naples Vet Center to provide hands on support to Veterans and neighbors with debris removal and clean-up efforts.

Veterans in our program and our staff have put in more than

# 119 hours

volunteering to help survivors.

Families who received support including a Gold Star family, an Army Veteran, a chemotherapy patient and a Vietnam Veteran residing in Bonita Springs, Naples and Fort Myers who were so grateful for the manpower and show of support removing drywall, furniture, downed trees and cars. Our volunteers also assisted unloading six tons of supplies that arrived by boat to Marco Island.

As electricity, phones and community resources came back online and immediate clean-up efforts were complete, our focus shifted to the mental health needs of our Veterans impacted by the lasting effects of Hurricane Ian.

For storm trauma survivors, the damage isn't limited to property destruction. The anguish of losing everything can take toll on mental health. As people tend to the immediate needs of food,

shelter, and clothing, mental health issues will linger. We saw an uptick in referrals to our outpatient clinic, which grew over time as the reality and challenges of rebuilding continued.

Feelings such as anxiety, constant worrying, trouble sleeping and depression-like symptoms are common. Warning signs that someone is struggling can include loss of appetite, low energy and loss of interest in things they previously loved. These are all signs that someone is struggling with depression, anxiety or PTSD. Home Base Florida outpatient clinical services were made available to assist Florida Veterans through our clinical partnerships with [Lee Health](#) and [David Lawrence Centers](#).

These services include convenient 100% telehealth services for those without transportation or who prefer to stay close to home.



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO

# HOME BASE FLORIDA AND TAMPA GENERAL HOSPITAL CELEBRATE ONE YEAR OF WARRIOR HEALTH FITNESS

Home Base and Tampa General Hospital have partnered to expand the Warrior Health and Fitness program outside of Southwest Florida and Boston to serve Veterans in the Tampa Bay area. The free health and fitness program designed specifically for Veterans is led by trained fitness specialists and dietitians.

The program improves health and well-being through supervised exercise prescriptions, nutritional education and living a healthy lifestyle, along with ways to incorporate stress management that emphasize the health benefits of physical activity.

Through a generous

# \$250k gift

from the Valspar Championship and Copperhead Charities,

the program was able to connect Tampa Bay area Veterans with resources to support healthy habits and ways to build resiliency against post-traumatic stress, depression and anxiety. This two-year commitment helped to connect and serve local Heroes through the Home Base Warrior Health and Fitness program at Tampa General. In the first year, the program has served 92 Veterans with several advancing to the intensive clinical program.



To ensure Veterans are utilizing the suspension trainer in the proper manner, TRX Elite has provided them with a 1-year membership subscription to their fitness app or TTC-TRX Training Club at no cost. Through TRX Training Club, Veterans can follow an array of guided workouts led by a certified TRX coach. Additionally, there are instructional videos on how to properly anchor the TRX and tutorials for proper execution of all exercises.



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO

## DLC PARTNERSHIP

### Home Base Florida and David Lawrence Centers Announce New Mental Health Services for Veterans and Families Impacted by the Invisible Wounds of War

State Senator Kathleen Passidomo, Home Base Florida Honorary Director 4-Star General Fred Franks (USA-Ret.), and David Lawrence Centers CEO Scott Burgess on hand for announcement.

There are more than

# 1.5 million Veterans

in Florida representing the

# third largest

Veteran population in the United States.

With more than 108,000 Veterans, their Families, as well Active Duty service men and women residing in Southwest Florida, many are lacking access to needed behavioral health services.

To improve access to care in Collier County, Home Base Florida and David Lawrence Centers for Behavioral Health (DLC), the largest non-profit behavioral health treatment center in Collier

County, announced a clinical partnership to offer mental health and substance use services for Veterans and Military Families who call Southwest Florida home – at no-out-of-pocket cost. State Senator Kathleen Passidomo, Home Base Honorary Director 4-Star General Fred Franks (USA-Ret.), DLC CEO Scott Burgess and many other government officials and community partners were on hand for the announcement.

Behavioral health services are provided at no cost to Veterans, Service Members, and their Families, regardless of ability to pay, experience level, or discharge status. The Home Base outpatient clinical services at DLC also offer a multidisciplinary approach to care and complements Home Base Florida’s Warrior Health & Fitness Program, which has served as a platform for hundreds of local Veterans to come together, reconnect with other members of the Military community, and embark on a path towards long-term wellness.

DLC clinicians received extensive clinical training in evidence-based therapies for post-traumatic stress disorder (PTSD) by Home Base’s clinical experts from Massachusetts General Hospital, which is one of the leading psychiatry departments in the nation. DLC will participate in weekly phone consultations to ensure the best

Staffed by DLC’s clinical team, Veterans can receive evidence-based clinical care for a variety of mental and emotional health needs, including post-traumatic stress, depression, anxiety, anger, grief and loss, and transitional challenges.

care is delivered to Southwest Florida Veterans, and will work in tandem with Home Base staff to best serve each patient, ensuring that no Veteran—and his or her family—falls through the cracks.



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO



## DLC PARTNERSHIP CONT.

Improving access to services for Veterans, as well as increasing evidence-based practices, is outlined in Collier County’s new five-year strategic plan for mental health and addiction services. The Board of County Commissioners approved plan serves as a road map for community partners, donors, and government leaders as they mobilize responses to address associated current and future challenges.

DLC recently launched a new Veterans Services Program designed to build meaningful partnerships with Veterans and their families to help them function better at home, in the community, on the job, in educational settings, and throughout life. Through the program, a Peer Veteran Case Manager helps Veterans access evidence-informed, trauma-specific treatments such as the new cognitive processing therapy (CPT).

Each year, more than

**6,000**  
**U.S. Veterans**  
take their own lives, including more than  
**500 in Florida**

Every day, Veterans are taking their own lives at a troubling rate, and it’s one that continues to climb.

Tragically, since 2010, more than

**125,000**  
**Veterans**  
**nationally have**  
**died by suicide,**

more than the total number of deaths from combat during the Vietnam War and the operations in Iraq and Afghanistan combined.

*“Home Base and DLC are partnering to help stem the tide of Veteran suicide and to provide healing and hope to those that have sacrificed so much for our country.”*

- Michael Allard  
Home Base Chief Operating Officer

*“It takes tremendous courage for a Veteran to step forward and ask for help — not all trauma of war or service is physical or apparent, and many of our returning Service Members need care and support.”*

- Fred Franks  
Home Base Florida Honorary Director  
Four-star General (USA ret)  
Vietnam and Desert Storm Veteran

General Franks was part of the Home Base Florida inception in 2014 which began with the Home Base SWFL Warrior Health & Fitness Program with a vision of being able to offer the full family of Home Base programs.

*“The establishment of these clinical services is the fulfillment of a trust. The trust between our Nation, our communities and our Veterans—that when their mission and duties are complete, we will be there for them at home.”*

- Fred Franks

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO

# FLORIDA STATE FUNDING

## Home Base Florida Receives \$1.5 Million in Funding from State of Florida

Home Base Florida, a leading organization dedicated to providing comprehensive care and support to Veterans and their Families, is applauding the approval of \$1.5 million by the Florida legislature in support of its mission. This \$500,000 boost in funding, compared to last year's allocation, will play a pivotal role in sustaining and expanding Home Base Florida's critical clinical programs in Southwest Florida and serving Veterans from across the state.

The additional funding will support Home Base Florida in 4 key areas:

- 1 BRAIN INJURY CARE**  
Between 2000 and 2022, more than 458,894 Service Members were diagnosed with a traumatic brain injury (TBI). Home Base, in partnership with Tampa General Hospital and Lee Health, will pilot clinical services for traumatic brain injury, providing a thorough diagnostic assessment for Veterans and Service Members with TBI, which may include, but not limited to, psychiatry, nurse case management, neuropsychology, psychology and physical therapy. Patients are provided a personalized treatment and rehabilitation plan.



- 2 BEHAVIORAL HEALTH SERVICES**  
Home Base's Outpatient Clinical Programs at Lee Health and David Lawrence Centers for Behavioral Health will provide evidence-based treatment for PTS, co-occurring substance use disorder, transitional anxiety and other invisible wounds, for Florida Veterans and Service Members and Military-connected Families across Florida. Telehealth services are available as well, expanding access to care for those in every corner of the state.

- 3 WELLNESS-BASED PROGRAMS & PEER SUPPORT**  
Home Base, in partnership with Florida Gulf Coast University and Tampa General Hospital, will offer our Warrior Health and Fitness Program to help improve physical health and well-being through supervised physical exercise, education about healthy eating, living, sleep hygiene, stress management and the health benefits of physical activity. This Program provides a portal for those in need of clinical care for the invisible wounds; 50% of the Florida Veterans from SWFL that have attended Home Base's 2-Week Intensive Clinical Program first initiated contact with Home Base through our wellness programs.

- 4 TRAINING AND EDUCATING FOR FIRST RESPONDERS, HEALTH PROFESSIONALS, VETERAN SERVICE OFFICERS AND OTHER COMMUNITY STAKEHOLDERS**  
Provide education to clinicians, first responders, veteran service officers, and other community support members and stakeholders to deepen their knowledge of the invisible wounds and mobilize the wide-spread effort of connecting at-risk Veterans to trusted mental health resources across Florida — improving care and outcomes for those affected by the invisible wounds.

Senator Jay Collins and Representative Lauren Melo sponsored the bill. Additionally, House Speaker Paul Renner, Senator Kathleen Passidomo, President of Florida Senate, Senator Danny Burgess, and Ret. General James Hartsell, extended their support for the additional funding.

Home Base Florida remains committed to its mission of healing the invisible wounds of war and supporting Veterans and their Families throughout their journey to recovery. With the additional state funding and ongoing community support, Home Base Florida will continue to expand its programs, provide vital care, and make a lasting difference in the lives of those who have served.

INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO

# YUNG FAMILY FOUNDATION

After years of success in the hospitality industry, philanthropists Bill and Marty Yung of Covington, KY formed the Yung Family Foundation to give back to their community.

The Foundation, which is comprised of the Yungs' daughters and spouses, felt compelled to support Veterans Service Organizations because the family held deep regard and honor for the sacrifices made by Veterans and their Families to protect American freedoms. Derek Haught, son-in-law of Mr. and Mrs. Yung and Yung Family Foundation spokesman, says that Home Base met the intersection of interests for the family.

The family's first major gift supported Homes for Our Troops, a Massachusetts-based program whose mission is to build and donate specially adapted custom homes nationwide for severely injured post-9/11 Veterans, to enable them to rebuild their lives. From this relationship came the connection to Home Base.

In August of 2021, Home Base Executive Director, Brigadier General (ret.) Jack Hammond, along with other Home Base Leadership, met with the Foundation to present a case of support. Mr. Haught noted that the family was moved by General Hammond's remarks, emphasizing the deep passion and commitment they felt from his words and vision. It became clear that the family wanted to support Home Base's mission and provide funding to help expand care to the Warriors and Families who need it most, and the Foundation agreed to support Home Base with a gift of \$1 million. Derek and his wife, Julie, were able to visit Home Base's National Center of Excellence in Charlestown, MA. He says that it was

“very rewarding” and “a very unique experience to see the facilities” in person. Now, the family says they are excited to see the expansion of Home Base's mission and care and feel proud to be part of that legacy.

In 2022, the Foundation gave an additional \$1 Million gift to support expansion of the Brain Health program and treatment space.

Additionally, Mr. Haught joined the Home Base Leadership Council as a representative of the family.

Home Base is grateful to the Yung Family for their continued support and commitment to our mission.



INTRODUCTION

NOTEWORTHY  
NEWS

RESEARCH &  
INNOVATION

CLINICAL  
FEATURES

STORIES  
OF HOPE

HOME BASE  
NATION PODCAST

SIGNATURE  
EVENTS

RACE FOR  
HOME BASE

COMMUNITY  
FUNDRAISERS

FLORIDA  
UPDATES

FINANCIAL/  
DONOR INFO

# OUR SUPPORTERS

## \$100,000+

American Online Giving Foundation  
Anonymous GoodNation Foundation Fund  
Mr. John M. Bankhead  
Beasley Media Group  
Boston Red Sox Foundation  
Mr. and Mrs. Brian B. Casey  
Copperhead Charities  
Mr. and Mrs. Paul J. Ferri  
Ferri Family Foundation  
Fidelity Charitable Gift Fund  
Fisher House Foundation  
Fox Rock Foundation  
Gordon Family Foundation  
Mr. Michael S. Gordon and Ms. Christina M. Gordon  
Mrs. Karen and Robert T. Hale, Jr.  
Hanscom Federal Credit Union Charitable Foundation, Inc.  
Home Base Golf Outing at Pocasset presented by LABUR: 9th Annual  
Home Base Golf Tournament at The Nest Golf Club: 7th Annual  
Home Base No Shave Campaign: 8th Annual  
Home Base Push-Up Challenge presented by PTC: 2nd Annual  
John Hancock  
Kelleher Family Foundation  
Nancy S. and Richard M. Kelleher  
Kensington Golf & Country Club's 11th Annual Salute to SWFL Veterans  
Mass General Brigham  
Morgan Stanley Global Impact Funding Trust, Inc.  
Navy SEAL Foundation  
Pritzker Military Foundation  
Col. Jennifer N. Pritzker and Ms. Erin E. Solaro  
New England Sports Network (NESN)  
Raytheon Technologies Corporation  
Mr. Scott A. Schoen and Ms. Nancy W. Adams  
Scottish Rite Masons of Boston  
SEAL Legacy Foundation  
Mr. Gregory P. Spier and Ms. Kathryn Crane-Spier  
Spier Family Foundation

Ms. Jean C. Tempel  
WCVB PROJECT COMMUNITY: Helping Veterans Heal Televent  
Mr. Thomas C. Werner  
Werner Family Foundation  
Wounded Warrior Project  
Yung Family Foundation

## \$50,000+

American Endowment Foundation  
Anonymous American Endowment Foundation Fund  
BAE Systems  
Mr. and Mrs. Richard S. Brown  
Cigna Foundation  
Healthcare Trust of America Holdings, LF  
Mr. and Mrs. Pliny Jewell IV  
John Hancock Adviser, Inc.  
John Hancock, Inc.  
Kappa Sigma Fraternity Military Heroes Campaign  
Klarman Family Foundation  
MetLife Foundation  
Naples Lakes Country Club Golf Tournament Supporting Home Base Florida  
The Gordon and Marjorie Osborne Foundation  
The Patriot Fund  
Pentagon Federal Credit Union Foundation  
Quail Creek Country Club's Salute to SWFL Veterans  
Run to Home Base Florida at JetBlue Park  
Robert & Alice Strobel Foundation  
TCS New York City Marathon: Race for Home Base  
Team Takeda  
The TJX Companies, Inc.  
Mr. Frank and Mrs. Paula Zavrl

## \$25,000+

AT&T, Inc.  
Bank of America Charitable Gift Fund  
The Boston Foundation  
Bowlers to Veterans Link  
Copperleaf Charitable Foundation  
Daymark Solutions  
Dell Technologies Veterans & Supporters  
Digital Federal Credit Union  
Dion Family Foundation  
Electric Boat Team Fast Attack  
First Lieutenant Derek S. Hines Memorial Fund  
Headpinz Entertainment Center  
Karpus Family Foundation  
Klein Family Charitable Fund  
Mr. Michael J. Klein and Mrs. Sharon Klein  
Mr. Edward and Mrs. Kathleen Ludwig  
Mr. Kevin and Mrs. Kerry Ludwig  
Mr. Michael and Mrs. Julia Ludwig  
The McKnight Foundation  
Mr. and Mrs. Michael J. Meehan  
Sudbury for Wounded Warriors  
Mimecast Charitable Fund  
Mr. and Mrs. Roger T. Morgan  
Naples Lakes Country Club Homeowners Assn., Inc.  
The Patriot Fund  
Pentagon Federal Credit Union  
PTC Foundation, Inc.  
PTC, Inc.  
Robert Irvine Foundation, Inc.  
Mr. Robert W. Rose, Jr. and Mrs. Corinne Rose  
The Ruth Lilly Philanthropic Foundation  
Schwab Charitable Fund  
Takeda Pharmaceuticals U.S.A., Inc.  
Team Daymark  
Team GJH  
Valerie Tews  
VMB Fund  
Wasabi Technologies, Inc.  
We Run for Heroes





INTRODUCTION

NOTEWORTHY  
NEWS

RESEARCH &  
INNOVATION

CLINICAL  
FEATURES

STORIES  
OF HOPE

HOME BASE  
NATION PODCAST

SIGNATURE  
EVENTS

RACE FOR  
HOME BASE

COMMUNITY  
FUNDRAISERS

FLORIDA  
UPDATES

FINANCIAL/  
DONOR INFO

## OUR SUPPORTERS CONT.

### \$10,000+

ALEX'S ARMY

Maj. Gen. and Mrs. Peter M. Aylward, (Ret.)

Amazon Robotics

Amica Insurance

Anonymous Collier Community Foundation Donor

Anonymous YouthBridge Community Foundation Donor

Anonymous to care for SEAL

Arizona Community Foundation

The Bank of America Charitable Foundation

The Blackburn Giving Fund by its agent, YourCause

Boston Bruins Foundation

Boston Duck Tours Quack Pack

Amanda Bourdeau

Mr. and Mrs. Thomas F. Boyle

Mr. Seth Burr

Ms. Kelly Carlson

Cluett's Crew

CMGA Event Fund

Collier Community Foundation

Commonwealth Financial Network

Mr. and Mrs. John M. Connors Jr.

CWA Asset Management Group LLC

The Devil Docs

Dan and Kathy Grubb Family Foundation Fund

Mr. and Mrs. Dan L. Grubb

Dr. and Mrs. Thomas J. Russell

Dunford Family Gift Fund

Mr. and Mrs. Michael Dunford

Mr. and Mrs. Edmond J. English

ET Trust

Mr. Brian Fredriksen

GovX, Inc.

Granite Bench Charitable Foundation

Mr. Alfred J. Hammond

Hammond Family Giving

Havas Health

Heritage Palms Veterans Association

The Highland Street Foundation

Home Base Fundraiser in Honor of Commander Richard

Portillo and Suicide Awareness

Home Base Staff

James O. Carey Association, Inc.

Janice Furtado's Troops

JNBA Financial Advisors, Inc.

Johnston-Churchill Family Fund

Patricia Churchill and Greg Johnston

JP Morgan Chase Bank, N.A.

Keel Foundation

Mr. Richard F. Kezer

Mr. and Mrs. Donald L. Laurie

Long Term Care Partners, LLC

Marine Corps Marathon: Race for Home Base

Marshalls4Vets

MassBio

MassMutual

McMillan Education

Mr. Richard McVey and Ms. Lara Spencer

Mr. Richard McVey Fund

Mr. Phillip Melton and Mrs. Brenda Melton

The Michael T. Sherman Foundation

Microsoft Corporation

Mildred's Dream Foundation

Mimecast Charitable Fund

Morgan Stanley

Mtobias Home Base

National Philanthropic Trust

Sevita

Newburyport Bank Charitable Foundation

Rear Adm. and Mrs. Roger T. Nolan, USN (Ret.)

Office of the Sheriff, Lee County Operating Account

OPERATION: HEALING OUR HEROES

Optum Serve

Mr. and Mrs. Victor J. Paci

Mr. and Mrs. Peter Palandjian

Mr. and Mrs. William W. Pilcher II

Rae of Hope

Raging Bulls

Recorded Future, Inc.

RSM Boston Foundation

RSM US Foundation

Mr. and Mrs. Peter H. Smyth

Peter and Catherine Smyth Family Foundation

The Sorgini & Wolkon Family Charitable Fund

Col. John P. Sorgini and Ms. Shari H. Wolkon

Nancy and Geoffrey Stack Family Foundation

Stop & Shop Supermarket Company LLC

Sunovion Pharmaceuticals, Inc.

Team Biogen

Team Michael Hogan Smith

Team TCC

The TJX Foundation, Inc.

Mr. Jay G. Tompkins and Mrs. Toshiko Tompkins

Turner Construction Company

Veterans' Support Fund

YouthBridge Community Foundation



41



INTRODUCTION

NOTEWORTHY  
NEWS

RESEARCH &  
INNOVATION

CLINICAL  
FEATURES

STORIES  
OF HOPE

HOME BASE  
NATION PODCAST

SIGNATURE  
EVENTS

RACE FOR  
HOME BASE

COMMUNITY  
FUNDRAISERS

FLORIDA  
UPDATES

FINANCIAL/  
DONOR INFO

# OUR SUPPORTERS CONT.

\$5,000+

Ace American Insurance Company

Anonymous Bank of America Charitable  
Giff Fund

Mr. Lee R. Anderson and Mrs. Penny Anderson

Mr. and Mrs. Joseph C. Antonellis

ASICS Falmouth Road Race: Race for  
Home Base

Mr. Adrien and Mrs. Pat Aube

The Ayco Charitable Foundation

Col. and Mrs. William A. Bachman

Mr. and Mrs. David W. Bernauer

The Arthur M. Blank Family Foundation

Heather Blasko

Boston HR Council

Mr. and Mrs. Laurence E. Brown

Mr. Benjamin S. Butcher and Ms. Linda M.  
McLaughlin

Mr. Matthew Cannata

The Chosin Descendants

Dave Clark

Mr. William Cosgrove, Jr.

Colony Foods New England Conference

Ms. Anne Marie Corraro

Cousin Brothers

Cox Engineering Company

Ms. Ellen Cunniff

Mr. and Mrs. Gilbert B. Dailey

Defense Credit Union Council

Mr. and Mrs. David J. DeRita

Mr. Jonathan Desmond

Ms. Kathleen T. Donohue and Mr. Mark  
Sanders

Donohue/Sanders Giving Fund

Mr. and Mrs. Thomas Donovan

Donovan Family Fund

Eugene and Mary E. Dooner Foundation

Stacey Drubner

Eastern Bank Charitable Foundation

Emfield Family Foundation

Farmers Group, Inc.

Fire/EMS/LEO's in the fight for Vet!

Fitness Within's Operation Run to Heal 5K

Mr. John J. Furanna

Mrs. Maila E. Furanna

Ms. Vivien Gattie

Germain Lexus of Naples

Gilley's Girls & Matt

Mr. Richard A. Govoni

Richard A. Govoni Revocable Living Trust

Les and Judy Greenberg Family Fund

Ms. Judith Greenberg

Heritage Palm Veterans Association

The High Pointe Foundation

Income Research and Management  
Charitable Fund

Income Research and Management, Inc.

Mr. and Mrs. Gary B. Jacobsen

John Hancock MiLE

Mr. Ron W. Jones and Ms. Carole C. Loveland  
Jones

Ryan Kelleher

Mr. Wesley D. Kremer and Ms. Kersten Kremer

Ladies in Bureaucracy

Lee Health

Liberty Mutual Insurance

The Loveland Jones Charitable Fund

Gregg Mahdessian

Marsh & McLennan Agency LLC

Jim Marshall

Mass Elks Veterans Motorcycle Run: 15th  
Annual

Robert Mayo

Jay Medailleu

Ms. Donna L. Melz

Paul Mercer

Middlesex Savings Bank

Mr. and Mrs. Douglas J. Miller

Lee Mish

The Morrison & Foerster Foundation

Norwich 1965

Not Even One

Gretchen and Mike Novak Family Fund

Ms. Patricia A. O'Keefe

Mr. and Mrs. Robert D. O'Leary

Ms. Kathleen Oreilly

Patriots

Kelsey Pepler

Mr. and Mrs. Gary J. Peters

PGA Superstore - Naples

Mr. Kevin Phoenix and Ms. Whitney Connolly

Pinellas Community Foundation

James Powell

Proud Dad

R.W. Sullivan Engineering's 15th Annual St.  
Patrick's Day Charity Auction

Mr. and Mrs. Daniel Revers

Caitlin Riga

Bryan Rosselli

Mr. and Mrs. Michael G. Salter

Mr. Mark Sanders and Ms. Kathleen T. Donohue  
Sanofi

Santander Veteran ERG Team

Mr. and Mrs. Ernest Schaub

Mr. and Mrs. Richard A. Schneider

Rick & Lea Schneider Charitable Fund

Mr. and Mrs. Robert Sebes

Mr. and Mrs. Douglas R. Shaw

Peter Sheeran

Richard Silva

Southern New Hampshire University

The Splendid Sprinters

Mr. and Mrs. Trey Stanley

Mr. and Mrs. Jay B. Stephens

Ms. Dorothy M. Stevens

Philip L. Stevens Memorial Fund

Mrs. Margaret A. Strawser

A. Clare Stupinski

Suffolk Construction

Mr. and Mrs. David T. Swallow

John Tackeff

Team Havas

Team of 2

Jason Thompson

TJ's Team

Trot for Cory

Uncle Sam and the Fiskdale Flyers

Mr. Neil Ungerleider and Ms. Diane Stern

Valor@Liberty

Vanguard Charitable

Crystal Verrier

Veterans of Foreign Wars

Veterans on the 48

The Wampatuck Country Club of Canton, Inc.

We Love Our Troops

Mr. Douglas Williams

Mr. Peter A. Wilson



42



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/DONOR INFO

# OUR LEADERS

## BOARD OF OVERSEERS

David F.M. Brown, MD, Co-Chair

Michael Gordon

Jean Tempel

Thomas Werner, Co-Chair

## EMERITUS

John Connors Jr.\*

David Ginsberg\*

## HONORARY BOARD

General (Ret.) Frederick Franks, Jr.

Maj. General (Ret.) Elder Granger, MD

Lt. General (Ret.) Patty Horoho

Captain Tom Kelley

Ambassador Caroline Kennedy

Victoria Kennedy

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John Parrish, MD

Lt. General (Ret.) James Peake, MD

Staff Sgt. Ryan Pitts

Laurence Ronan, MD

Sgt. Kyle White

Lee Woodruff

\*Rolled off in 2022

## LEADERSHIP COUNCIL

Christopher R. Anderson

Patricia Aube

The Honorable John E. Baldacci

Stephen Brackett

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David Bruce

Holly Bruce

John Casey

John Connors, Jr.

Karen Corrigan Tate

Kathryn Crane-Spier

Donald Dion

Michael H. Douvadjian

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Paul Ferri

William Fine

Daniel Foley

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David Ginsberg

Michael Gordon

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Carole Huntsman

Dr. Patricia A. Jacobs, PhD

Jeffrey Kaneb

Nancy Kelleher

Stacey Lucchino

Cathryn Morton

Donna Murphy

Kim Olson

James Peake, MD

Jerome R. Rossi

Michael Salter

Rebekah Salwasser

Scott Alan Schoen

Peter Smyth

Col. John Sorgini

Jean Tempel

Thomas Werner

Shari Wolkon

Lee Woodruff

Paula Zavrl

## RED, WHITE, AND BLUE ALLIANCE

William Bachman

Christopher Bencal

Cindy Brown

Seth Burr

Thomas Crohan

Jonathan Curran

Cheryl DeKorte

Alexa Demarco

Michael Dunford

Todd Faber

Patrick Flavin

Paula Goldfarb

Lubelia Goncalves-Getty

Carl Guild

Robert Haarde

Alfred Hammond

Michele Jalbert

Robert Kinder

Robert Knight

Laura Lakin

Darrin Lang

Michael Ludwig

Julia Ludwig

Thomas Lyons

Brendan Mahoney

Robert McDonald

Stephen Melz

Douglas Miller

Derek O'Brien

Derek Oliver

Jeff Pardo

Eric Philippi

Rich Rollins

R. William Rose

Grant Rowland

John Serafini

John Stadtler

Samantha Sullivan

Kevin Thurston

James Wylie

David Zabetakis

## 2022 FLORIDA LEADERSHIP COUNCIL

Darrell Adams

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Brigadier General Ed Dyer, Chair

Michael Klein

Sharon Klein

Roger Nolan

Roger Morgan

Cathy Morton

Heidi Raphael

Peter Smyth

Jean C. Tempel



INTRODUCTION

NOTEWORTHY NEWS

RESEARCH & INNOVATION

CLINICAL FEATURES

STORIES OF HOPE

HOME BASE NATION PODCAST

SIGNATURE EVENTS

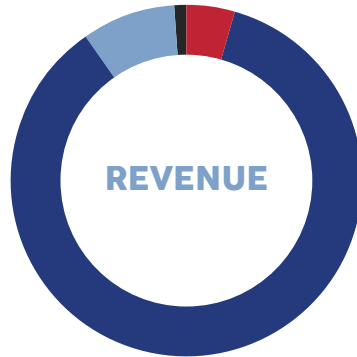
RACE FOR HOME BASE

COMMUNITY FUNDRAISERS

FLORIDA UPDATES

FINANCIAL/  
DONOR INFO

# FINANCIAL SUMMARY



● 3rd Party Revenue	1,077,241	4.6%
● Contributions	20,112,384	85.7%
● Government Contracts	2,062,185	8.7%
● Investment Income/Other	204,252	>1%

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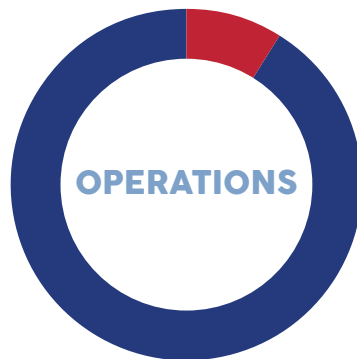
**Total Revenue** **23,456,062**



● Sub-total Program Costs	20,240,197	88.5%
● Indirect Costs	2,645,955	11.5%

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**Total Costs** **22,886,152**



● Sub-total Gain/(Loss) from Operations	569,910	8.9%
● Prior Year Cash Balance	5,820,116	91.1%

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**Total Gain/(Loss) from Operations** **6,390,026**



INTRODUCTION

NOTEWORTHY  
NEWS

RESEARCH &  
INNOVATION

CLINICAL  
FEATURES

STORIES  
OF HOPE

HOME BASE  
NATION PODCAST

SIGNATURE  
EVENTS

RACE FOR  
HOME BASE

COMMUNITY  
FUNDRAISERS

FLORIDA  
UPDATES

FINANCIAL/  
DONOR INFO



45



# GET INVOLVED - HOW TO SUPPORT HOME BASE

## HOW TO MAKE A GIFT TO HOME BASE



ONE-TIME DONATION



MONTHLY DONATION



EMPLOYER MATCHING GIFTS



DONOR ADVISED FUND



DONATE VIA MAIL

Please make checks payable to Home Base  
Mailing address:  
125 Nashua Street, Suite 540  
Boston, MA 02114

## OTHER WAYS TO GIVE:



HONORARY & MEMORIAL TRIBUTE



WIRE/STOCK TRANSFER



PLANNED GIVING



HOST A FUNDRAISER



