

2018
ANNUAL REPORT



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Dear Friends,

The past year has been one full of great milestones at Home Base and these accomplishments have all been important and positive steps toward building the best version of our organization. As we close the chapter of 2018, I find myself reflecting on the enormous progress we’ve made together and look forward to what is still to come.

Despite the challenges of transitioning out of the military, we have seen an incredible resilience in those who have served their country. Our Veterans carry a sense of purpose in everything they do—and when they need assistance as they pursue healthy lifestyles and seek support for mental health and wellness, that’s where Home Base comes in.

We are so proud of the profound impact detailed in this report. Through innovative partnerships and trailblazing initiatives, we have been able to develop programs that deliver effective, measurable outcomes for thousands of Veterans and Military Families from across the globe.

Of course, none of this would be possible without our partner organizations. Buoyed by the incredible success of Massachusetts General Hospital – which was ranked among one of the top psychiatric hospitals in the country – and the Boston Red Sox – our World Series Champions – we enter the new year with a promising stride.

As an organization, we’ve transitioned, we’ve healed, we’ve provided hope to thousands of Veterans and their Families, and just as vital to our success is the dedication of our staff and the support of our sponsors, donors, and volunteers who share our vision.

As our Nation’s military continues to serve in conflicts across the globe, we are mindful that the needs of our Veterans, Service Members, and Military Families will require our continued attention and commitment.

With your loyalty and support, we can – and will – make a positive difference in the lives of our nation’s warriors and their Families. We have much to be thankful for and we are already setting the stage for major growth and innovation in 2019.

Thank you for your enduring trust and confidence in our quest to provide hope to those who come through Home Base’s doors each day.

Jack Hammond

Brigadier General Jack Hammond
USA Retired
Executive Director
Home Base, a Red Sox Foundation and Massachusetts General Hospital Program

WHO WE ARE / WHAT WE DO

Home Base, a partnership between the Red Sox Foundation and Massachusetts General Hospital, leads regional, national, and international efforts to treat the invisible wounds of war for Veterans of all eras, active duty Service Members, Military Families and Families of the Fallen.



Operating the Nation's first and largest National Center of Excellence for the Invisible Wounds, Home Base has successfully impacted the lives of nearly 100,000 people through programs that range from complex clinical care, wellness-based programs, clinical training, and research.

Our multidisciplinary teams of experts across Massachusetts General Hospital, Spaulding Rehabilitation Center, and Harvard Medical School are trained in military culture and work synergistically to identify gaps in required care, develop new clinical models and treatment programs, perform research to identify improved therapies, and bring these ideas from concept to implementation.

Once clinical voids have been identified and programs are developed and tested—we pilot these initiatives, bring them to scale, and disseminate the treatment model with our national and international partners.

In 2018,
Home Base served
**2,862 VETERANS
AND THEIR FAMILIES**
with care and support

WHAT SETS HOME BASE APART

1. Home Base is the first program of its kind in the country, integrating clinical care, education, wellness, and research efforts aimed at improving care for those impacted by the invisible wounds.
2. Veterans of Post 9/11 conflicts and Military Family Members are part of the Home Base care team, offering peer-to-peer outreach and support.
3. The Home Base clinical team is multi-disciplinary and includes psychiatrists, psychologists, nurse practitioners, physical medicine and rehabilitation physicians, and clinical social workers.
4. All treatment, wellness programs, and research opportunities are provided to Veterans, Service Members and their Families at NO COST to them. Discharge status is not a determining factor for participation.
5. Home Base's Family Program offers comprehensive clinical care and support to Military Family members and children, regardless if their Veteran or Service Member is in care.



“Home Base is a life changer, it’s an attitude changer. When my husband came back from his deployments, we saw him as someone who wasn’t sure of himself. But Home Base was able to hone in on that for him. To see that he’s figured out how to connect back with us is the best thing in the world.”

– Debbie M., U.S. Marine Spouse

HOME BASE OPENS NEW NATIONAL CENTER OF EXCELLENCE

In 2018, Home Base officially opened the doors to its National Center of Excellence and cut the ceremonial ribbon for its new location in the Charlestown Navy Yard. This Center was funded entirely through the support of individuals and organizations in the community and doubles Home Base's program capacity, delivering a broad range of key innovations to its facility design. The new facility also combines wellness, nutrition and fitness into a first-of-its-kind brain health center.

Guests came from near and far to attend the ribbon cutting including nearly 250 Federal, State and City officials, business leaders to include U.S. Senator Ed Markey; Governor Charlie Baker; Attorney General Maura Healey; Mayor Martin J. Walsh; Secretary Francisco Ureña, MA Department of Veterans' Services; State Senator Mike Rush; Representative Dan Ryan; Boston City Councilor, Annissa Essaibi George; and Boston Veterans' Services Commissioner Giselle Sterling.

Military and Veterans' leaders included Major General Gary W. Keefe, The Adjutant General, Massachusetts National Guard; Brigadier General (ret.) Francis B. Magurn II, Former Assistant Adjutant General, Joint Force Headquarters-Massachusetts, Hanscom Air Force Base, MA; and Major Gen. William E. Rapp, Director of National Security Fellows Program, Harvard Kennedy School.

The event was also attended by first responder leaders from across the state including Commissioner Joe Finn, Boston Fire; Commissioner William Gross, Boston Police; Chief James Hooley, Boston EMS; Middlesex Sheriff Peter J. Koutoujian; Chief Jim Hicks, Natick PD; and Superintendent Richard Sullivan, MBTA Transit Police.

“Moving into our new home allows us to finally match the top quality care provided at Home Base with the space and environment that surrounds it. This Center will enable us to better meet the critical needs for our services by doubling our capacity and serving more people in need. I'm proud of this moment and of what we deliver to heal the invisible wounds of our Military, Veterans, and their Families.”

– Brigadier General (USA ret.)
Jack Hammond,
Executive Director, Home Base



“Home Base not only understands Veterans, but the interconnection between their service and mental health—and how to help them. Home Base is the model that gives the help and the care our Veterans and their Families need.”

– U.S. Senator
Edward Markey
(D-Mass.)



“Our expanded services at Home Base are a shining example of America's delivery on our debt of gratitude for the women, men, and Families who have sacrificed so much for our country's protection. They've earned and deserve the right to receive world-class care, healing, and hope—and we hope this new space illustrates our commitment to them and their well-being.”

– Michael Allard,
Chief Operating Officer, Home Base



BOLSTERING GLOBAL COLLABORATIONS: HOME BASE PRESENTS AT LONDON PSYCHIATRY FORUM

In May, Home Base and the Massachusetts General Hospital traveled to London to attend a series of events focused on key priorities in mental health care on both sides of the Atlantic in partnership with The Royal Foundation's 'Heads Together' campaign. Our organizations have a shared goal of reducing the stigma surrounding mental health and encouraging more people to talk openly about mental health. The forum brought together prominent academics, researchers, and mental health clinicians to share ideas around initiatives and best practices, and to discuss findings and progress on better supporting Veterans'

mental wellbeing. Home Base's Executive Director Brigadier General (USA ret.) Jack Hammond spoke to the unique challenges faced by Military Families and the innovative programs developed at Home Base to meet the growing mental health needs of the entire Military Family before, during, and after military service. This panel also featured presentations by Massachusetts General Hospital President Peter L. Slavin, MD, Massachusetts General Hospital Chief of Psychiatry Jerry Rosenbaum, MD, and Head of Armed Forces Programmes for the Royal Foundation David Wiseman.



HOME BASE TAKES A NEW SPIN ON WARRIOR HEALTH AND FITNESS



Home Base's 90-day Warrior Health and Fitness Program switched 'gears' in 2018, offering the program on a year-round basis, allowing even more Veterans and Service Members to access the benefits of this innovative program. A new "rolling admissions" policy will ensure that participating Veterans and Service Members will be able to more quickly—and effectively—reach their health and fitness goals. Warrior Health and Fitness was first established back in 2014, in large part due to Boston Red Sox Hall of Famer and Honorary Chairman of the Red Sox Foundation, Tim Wakefield. Wakefield, who had recently retired, understood how many Veterans have difficulty transitioning back to civilian life after

a career in the military. He envisioned a fitness program that could serve as a platform for these Veterans to come together and reconnect with other members of the Military Community.

With U.S. Army Veteran Ryan Vanderweit at the helm, Warrior Health and Fitness has become increasingly rooted in the Boston community over the last four years. Vanderweit has forged partnerships with other local organizations, providing Warrior Health and Fitness participants an opportunity to become part of a community of like-minded individuals. In August 2018, Vanderweit and his team partnered with Rev'd Indoor Cycling to host a first-of-its kind class

aboard the historic USS Constitution. The unforgettable event was attended by nearly 30 Veterans enrolled in Warrior Health and Fitness, as well as local community supporters.

"Veterans and Service Members are athletes in every sense of the word. The job of the Warrior Health and Fitness team now is to get them back on a path towards long-term wellness—both inside and outside of the gym."

— Ryan Vanderweit, U.S. Army Veteran,
Director of Health and Fitness, Home Base

CRAFTING SONGS OF HOPE WITH SONGWRITINGWITH:SOLDIERS



“Where traditional treatments, medication, and therapy left off, this songwriting experience picked up. I chose to speak, to tell my story because a few years ago another Veteran did the same and it forever altered my life. I’ve lost so much of the good parts of me, giving into the guilt, fear, and anger, why can’t I choose to lose myself in a way that helps me find the good parts?”

– Blair Morin, U.S. Air Force Veteran

In an exciting new collaboration with Songwritingwith:Soldiers (SWS), Home Base paired 10 Veterans with professional songwriters with a goal of using music to heal trauma. An initial pilot of this initiative set the stage for future incorporation within Home Base’s innovative two-week Intensive Clinical Program (ICP) as one of the integrative health modalities that accompanies clinical care for the invisible wounds.

While music is widely understood to have healing powers, the use of the arts to support the treatment of stress-related mental health conditions among Military and Veteran populations has only recently been on the rise. Collaborative songwriting has been shown to be effective in reducing anxiety and depression, and SWS offers a unique path to helping soldiers, their Families, and communities cope with the aftermath of combat duty and the challenges in returning home.

As part of the study, each of the 10 participating Veterans took part in a two-hour “songwriting intervention” session with a professional songwriter from SWS to create a unique song

about their experiences before, during, and after combat. The conversations were casual, but the results were profound: Participants reported a 22% drop in their depression symptoms and a 33% drop in PTSD symptoms. Notably, participants like Blair Morin, an Air Force medic who served two combat tours attached to infantry units, reported a calming effect while listening to their song and found it therapeutic to share it with their Family Members and friends.



SERVING FAMILY MEMBERS IMPACTED BY MILITARY SUICIDE

Suicide rates among Military Veterans, many of whom have battled post-traumatic stress disorder after repeated tours in Iraq and Afghanistan, have surged to alarming levels. Between 2005 and 2016, the suicide rate among Veterans younger than 34 rose almost 80%, by far the largest increase of any age group tracked by the U.S. Department of Veterans Affairs.

A vital commitment at Home Base is to address the needs of the underserved within the Military Family community. Caregivers and Family Members who have lost an active duty Service Member or Veteran cope not only with grief, but

also with a profound sense of isolation, guilt, and/or stigma. This is especially true when the loss is sudden, violent, and traumatic. In 2018, Home Base partnered with Tragedy Assistance Program for Survivors (TAPS) to expand treatment options for our Families of the Fallen impacted by suicide. The Intensive Clinical Program for these survivors is an innovative, first-in-the nation treatment for survivors of traumatic loss that combines evidence-based treatment for PTSD and Complicated Grief. This novel two-week program provides more than 60 hours of treatment, the equivalent of more than one year of weekly treatment.



The suicide rate is
1.5 x GREATER
for Veterans than for
non-Veteran adults*

* Source: https://www.mentalhealth.va.gov/docs/data-sheets/OMHSP_National_Suicide_Data_Report_2005-2016_508.pdf

Between 2005 and 2016,
the suicide rate among
Veterans younger than 34
ROSE ALMOST 80%



In 2018, Home Base partnered with Tragedy Assistance Program for Survivors (TAPS) to expand treatment options for our Families of the Fallen impacted by suicide.



“I think a lot of the time in the years after his death I didn’t want to talk about it, didn’t want to burden people with what happened or feel sad. All the women I met at Home Base had different stories but in the end the stories were all the same. Through therapy, I was able to place my husband’s death in a place that didn’t suffocate and stifle my growth as a person. When I returned home, my family and friends saw a new person in me, ready to begin to experience life in a new way. I became much more open to trying new things and trusting in others.”

– Tina M., Surviving Family Member

There was a reported
**300% INCREASE
IN SUICIDES**

for active duty members
of Special Operations
from 2017 to 2018

“We have seen an increase in the number of SEALs seeking support for the symptoms of TBI and PTSD, including insomnia, anxiety, and cognitive impairment, among others. We have worked diligently to identify a world-class partner so we can broaden our Foundation’s offerings to include a mental health and brain injury program— **and that partner is Home Base.**”

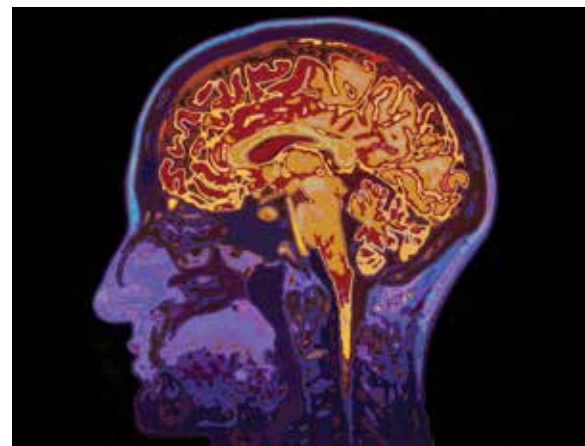
– Commander (SEAL) Marc McGinnis,
Managing Director,
SEAL Legacy Foundation

NEW TRAUMATIC BRAIN INJURY PROGRAMS FOR SPECIAL OPERATOR FORCES

Home Base has made a decade long commitment to identify and fill gaps in critical care for Veterans and their Military Family Members.

After two decades of conflict overseas, traumatic brain injuries (TBIs) have become the second most common injury in the military and our most recent discovery has identified a critical unmet need for our Special Operations Forces (SOF). Our SOF troopers, like the Navy SEALs and Army Special Forces, make up a unique segment of our military population. They have greater lifetime combat exposure based upon an increased number of combat deployments, high-intensity combat training with significant concussive exposures, and highly kinetic missions that result in significant concussive and trauma producing operations.

In 2018, Home Base expanded its Traumatic Brain Injury Program and partnered with the SEAL Legacy Foundation to offer Home Base’s two-week Intensive Clinical Program (ICP) to serve Navy SEALs and their Families impacted by TBI.



The ICP—a critical intervention for Veterans and Service Members struggling with the invisible wounds—provides participants with a head-to-toe multi-specialty treatment plan to address TBI from brain injury medicine, neuropsychology, clinical psychology, psychiatry, sports medicine, neuroendocrinology, musculoskeletal and vestibular physical therapy.

This program was developed based upon a decade of clinical care delivered to both combat veterans and former NFL players affected by brain injury by our Harvard/MGH/Spaulding faculty.

The services continue beyond the two-week ICP. Before they return home, Special Operators are connected to providers in their local communities, ensuring a continuity of care for them and their Family.

Home Base is proud to answer the urgent and emerging needs of our Special Operations Forces and their Families.



Chris G. (center) with his family, from left: son Tyler, daughter Brooke, wife Jennifer, and son Austin.



“Along with the exceptional care I received, and with the support of the other Veterans and active duty Service Members in my treatment cohort, I was able to look into the mirror, face many of my issues, and begin to deal with them. Home Base provided a path to healing I struggled to find on my own. Home Base gave me hope.”

– Master Chief Petty Officer (SEAL) **Chris Gemmer**

9TH ANNUAL RUN TO HOME BASE AT FENWAY



WE RAISED:
\$2.5 Million

NUMBER OF PARTICIPANTS:
2,600 participants
from across 37 states

LASTING MEMORY

Two “shadow runs” were hosted by Massachusetts National Guard units deployed overseas. Members of the 151st Regional Support Group at Camp Arifjan Kuwait and the 3rd Battalion, 126th Aviation Regiment at Camp Bondsteel Kosovo joined the ranks of Home Base supporters during their 5K / 9K runs, which were videotaped and broadcast on the jumbotron at Fenway Park.



LASTING MEMORY

This year's Run to Home Base aimed to remember, respect, and honor those who gave their lives in the defense of our nation and reinforce our commitment to care for Families of the Fallen. These Family Members were recognized with a dedicated pinning ceremony, as hundreds of supporters paid their respect through messages of gratitude on a wall of remembrance inside the ballpark. Later that afternoon, during the on-field pregame ceremony of the Red Sox vs. Minnesota Twins, Home Base and the Red Sox Foundation honored more than 500 Family Members of the Fallen in a powerful demonstration of unity and honor. Thanks to the Boston Red Sox, the Red Sox Foundation, and our longtime presenting sponsor New Balance for their steadfast support and to the 700 event volunteers who helped make this our largest event of the year.

WHAT IT IS

The Run to Home Base presented by New Balance is a 9K run / 5K run-walk through scenic Boston ending with a once-in-a-lifetime experience of finishing the race by crossing Fenway's famed home plate.

WHY WE DO IT

This is our largest fundraising event. It is a way to generate a large geographical footprint of involvement and engage with thousands of supporters while raising awareness and funds to support our mission.



6TH ANNUAL MISSION: GRATITUDE

PRESENTED BY HANSCOM FEDERAL CREDIT UNION CHARITABLE FOUNDATION

WHAT IT IS

Mission: Gratitude is the largest concert event in New England to benefit our Veterans, Service Members, and their Families. The magical evening is an opportunity for those in the New England business, civic, and philanthropic leadership communities to hear from our Military Heroes and enjoy entertainment by a legendary performer.



AMOUNT RAISED:

\$1.1 Million

NUMBER OF GUESTS:

600

LASTING MEMORY

Guests were treated to a cocktail reception aboard the USS Constitution before enjoying a dinner reception overlooking the Zakim Bridge and Charlestown Navy Yard waterfront. This year's Mission: Gratitude featured remarks by Congressional Medal of Honor Recipient Master Chief (SEAL) Edward C. Byers, who is one of twelve living Service Members to be awarded the Medal of Honor for heroism since 9/11, and the only enlisted Medal of Honor recipient still on active duty in the military. The event also featured a special performance by the nationally acclaimed a cappella group Straight No Chaser.



4TH ANNUAL VETERANS DAY SPECIAL



WHAT IT IS

A 60-minute, commercial-free television program highlighting stories from Veterans and their Families that experienced difficulties upon returning home who received help—and hope—at Home Base. The show is accompanied by a live phone bank, as well as options to text-to-give and to contribute online in support of Home Base's mission.

WHY WE DO IT

This Emmy Award-nominated show raises awareness of Home Base and its mission. It also helps connect Veterans and Military Families to care, and raises funds for the services Home Base provides at no cost to our patients.

LASTING MEMORY

The individuals who shared their stories on TV were so heartfelt, grateful, truthful and raw. Home Base is thankful to them for erasing the stigma associated with seeking help. A special thank you to the volunteers who worked staffing our live phone bank and to our TV partners for your unwavering support of Home Base's mission.

AMOUNT RAISED: \$91,000
UNIQUE GIFTS: 981

MAJOR GENERAL JOSEPH WARREN, MD AWARD: KEN FISHER, CHAIRMAN AND CEO OF FISHER HOUSE FOUNDATION



On any given night, more than 1,000 Military and Veterans' Families can call Fisher House their "home away from home" thanks to the Fisher House Foundation and its unwavering dedication to those who have served—and their Families. This "peace of mind" has been extended to Veterans and Family Members enrolled in Home Base's two-week Intensive Clinical Program (ICP) in Charlestown, MA.

Since 2016, the Fisher House Foundation has partnered with Home Base to provide lodging to hundreds of Veterans who seek care at Home Base for the invisible wounds. In 2018, Home Base presented Ken Fisher, Chairman and CEO of the Fisher House Foundation, with the annual Major General Joseph Warren, MD Award in recognition of the Foundation's commitment to Veterans, Service Members, and their Families.

"General Warren was a Patriot, a leader, and a healer - putting others before himself in service to our country," said Home Base's Executive Director, retired Brigadier General Jack Hammond. "When deciding upon this year's recipient, we looked at those principles and immediately thought of Ken Fisher and the team at the Fisher House Foundation."

Home Base's partnership with the Fisher House Foundation began back in 2016 when Home Base leadership approached Ken Fisher and the Foundation with a complex challenge: Home Base would launch a new two-week program for Veterans and Families across the country, but there was no place for them to stay. One of the goals of the ICP is to remove all barriers to care for those seeking treatment, so it was imperative that Home Base find a way to provide lodging at no cost to the participants.



"Although we have one of the best Fisher Houses in the country—right here in Boston led by Fisher House manager Elizabeth St. Pierre—the location at the West Roxbury VA was too far to make care feasible for our patients," explained Michael Allard, Home Base's Chief Operating Officer. "The ask fell outside of the organization's normal scope of giving, but Ken Fisher and his team at the Fisher House were determined to find a solution and did not hesitate to support Home Base's mission."

Delivering on their promise and mission, the Fisher House Foundation now provides lodging for Home Base's Veterans and their Families at a location convenient for them: the Marriott Residence Inn at Tudor Wharf, just steps from Home Base's National Center of Excellence in the Charlestown Navy Yard.

When it came time for Home Base to announce the recipient of the 2018 Major General Joseph Warren, MD Award, Ken Fisher was the obvious choice.

"He is a true American," said Hammond, who had the privilege of serving on a Presidential Commission with Ken Fisher. "He has put his own strengths and experience to work making a difference in the lives of our military and veterans. His recognition is well-deserved, and we are proud to call him a partner and friend of Home Base."

Through the generosity of Ken Fisher, Home Base can make good on a promise to remove all barriers to world-class care, giving hope to those who deserve it most.



4TH ANNUAL FIRST RESPONDER NO-SHAVE CAMPAIGN

WHAT IT IS

Founded and championed by MBTA Transit Police/Boston Gang Unit Detective Kurt Power, U.S. Army Veteran, Purple Heart recipient, and proud graduate of Home Base, the annual Home Base No Shave campaign raises awareness and funds for the critical, life-saving care that Home Base provides to Veterans and their Families. During the month of November, first responders made a pledge to forgo shaving and grooming for the month to evoke conversation and break the stigma associated with mental health care.



LASTING MEMORY

At the end of the month-long campaign, Home Base invited the first responders to a shave-off celebration at Fenway where every single state in New England was represented. Home Base presented each participating police department with a certificate of recognition, lunch, and a special opportunity to take photos with the 2018 World Series trophy.

AMOUNT RAISED:
\$275,000

NUMBER OF POLICE DEPARTMENTS:
117

FENWAY HOSTS ARMY-NAVY BASEBALL GAME



The notorious Army/Navy rivalry is consistently ranked amongst the nation's greatest college rivalries, dating back well over 100 years and steeped in history. It was only fitting that the rivalry should come to Fenway, one of the nation's most beloved ballparks. On April 20th, fans from both sides stood in solidarity to support the men and women who serve our nation. Proceeds from the game benefitted Home Base and our mission to heal the invisible wounds of war for Veterans, Service Members and their Families. Prior to the game, the Army baseball team paid a visit to Home Base to learn more about the program.

ADVENTURE SERIES FOR MILITARY FAMILIES



Home Base's Adventure Series events are aimed at strengthening Military Family bonds before, during and after military service. Families may explore a new sport, meet other Veterans and Military Families, and learn more about the clinical services, education, and research offered by Home Base.

Home Base hosted
16 ADVENTURE SERIES EVENTS
across New England for
**NEARLY 900 MILITARY-CONNECTED
FAMILY MEMBERS**



BIG GAME BATTLE: FISHING FOR A CAUSE

During its 17th Anniversary, Big Game Battle chose Home Base to benefit from their offshore sport fishing tournament. Fifty boats fished East or South of the historic Island of Nantucket for a wide variety of game fish from Bluefin, Yellowfin, Albacore, Mahi Mahi, Blue Marlin, White Marlin, Big Eye and more. They support competition between the participating boats and crews, however, the most important goal is to have a fun weekend away with friends and to go home with many memorable stories. In 2018, the Big Game Battle raised more than \$152,000 for Home Base with Charmer-Fish and Chip captains Don and Jeff O'Neill and Dana Bartholmew coming out on top as top fundraiser.

NEW YORK CITY MARATHON

On November 4th, 10 runners made the miles count when they participated in the 2018 TCS NYC Marathon and crossed the finish line in New York City's Central Park. Together, the team, which featured two Home Base staff members, two active duty Service Members, one Military Veteran, and supporters alike raised nearly \$30,000 in support of Home Base.



FALMOUTH ROAD RACE

For the first time ever, Home Base was selected as a charity partner for the 2018 Falmouth Road Race. Though the essence of the event remains a fun run, more than 11,000 runners gathered in Woods Hole, Massachusetts for one of the most popular summer races on the Cape. Of the thousands in attendance, a mighty team of six runners ran in support of Home Base, raising nearly \$6,000.

GIVING BACK TO HOME BASE

In 2018, 700 volunteers donated more than 3,200 hours in support of Home Base programs and events.



Though Home Base is headquartered in Boston, the program has long had a presence in Florida. In the five-county region of Southwest Florida, there are over 107,000 Veterans from all eras of service, equalling about 8-10 percent of the population.

With the understanding that Veterans do not come home to programs—they come home to communities, Home Base Southwest Florida engages with Veterans and Service Members in Southwest Florida through community-based initiatives. Drawn on the resources of the College of Health Professions and Social Work at Florida Gulf Coast University and the Greater Naples and Ft. Myers YMCAs, Home Base's Warrior Health and Fitness Program in Southwest Florida focuses on exercise, wellness, and camaraderie. In addition to supervised exercise, participating Veterans receive education about healthy eating and living, sleep hygiene, stress management, and the health benefits of physical activity.

For those impacted by post-traumatic stress, traumatic brain injury, substance use disorder, depression, anxiety, and other issues related to their service, Veterans and their Families can connect directly to care through Home Base's two-week Intensive Clinical Program (ICP) headquartered in Boston, MA. What would normally take up to a year for a traditional course of treatment has been condensed into two weeks. All services associated with the ICP—food, lodging, transportation, and clinical care—are provided at no cost to the Veteran and one Family Member.



700+ VETERANS AND FAMILY MEMBERS
have benefited from Home Base SWFL's
initiatives since its inception in 2014

PATRIOTISM AND ADVOCACY FUEL 2018 RUN TO HOME BASE FLORIDA

As Bruce Springsteen's "Born to Run" played through the speakers at JetBlue Park on Saturday, January 27, more than 600 runners and walkers charged through the starting line at the second annual Run to Home Base Florida charity race, benefiting Home Base programs in Southwest Florida. The goal? A home plate finish inside the ballpark, which for some runners signified a greater milestone in the race to heal the invisible wounds. For Will Blair III, a U.S. Air Force Veteran and Naples resident, this year's race marked a poignant milestone in his recovery—and the beginning of a new chapter for him and his family. During the Run to Home Base Florida's pre-race ceremony, Blair openly discussed his struggles with post-traumatic stress following the suicide of his best friend—and fellow Veteran—nearly 3 years ago. Blair credits the friendships and camaraderie fostered by Home Base SWFL's Warrior Health and Fitness Program and Home Base's two-week Intensive Clinical Program as his saving grace.



"When men and women from across America selflessly volunteer to serve in our Armed Forces—there is an implied trust that we will be there for them when their duty and mission are complete. Home Base and Home Base Southwest Florida is the fulfillment of that trust."

– Naples Resident and General (USA ret.)
Fred Franks

There are more than
1.5 MILLION VETERANS
living in Florida, including
5,000 POST-9/11 VETERANS
residing in the five counties of
Southwest Florida



KARPUS FOUNDATION GRANT

In July, the Karpus Family Foundation presented Home Base Southwest Florida (SWFL) with a \$12,500 philanthropic grant. The donation will provide support for social work and case management.



7TH ANNUAL FAMILY & GOLF OUTING AT KENSINGTON GOLF AND COUNTRY CLUB

Hosted by Home Base Honorary Director and 4-star U.S. Army General (ret.) Fred Franks and the Kensington community, this is the longest-running fundraiser directly benefiting Home Base initiatives in Southwest Florida. On the outside, the event is a golf tournament, but each swing of the club is a force easing Veterans back into a normal life. With the support of Kensington's volunteer event committee, the fundraiser has raised more than \$500,000 for Home Base SWFL, enabling 160 Veterans to participate in the Home Base SWFL Warrior Health and Fitness Program and connected 14 additional SWFL Veterans to world-class clinical care through Home Base's two-week Intensive Clinical Program in Boston.

3RD ANNUAL PELICAN'S NEST TOURNAMENT

On November 12th, Pelican's Nest Golf Club hosted its third annual golf tournament to benefit Home Base and its work with Southwest Florida Veterans. Pelican's Nest Golf Club, a private, member-owned club, has opened the Home Base tournament to all Southwest Florida residents in support of Veterans in the community. Kathy Swift, a resident at Pelican Landing and the head volunteer for the golf outing, is one of the driving forces behind adding this fall golf outing to support local Veterans. She is also the mother of a Post-9/11 Veteran.

"My number one reason for being involved is to help these young people who gave so much become healthy, happy Family Members. What affects one member of a family affects everyone."

– Pelican's Nest Committee
Member and Leader, Pat Phelan

We are grateful to the following partners, foundations, sponsors and supporters for their important and ongoing support.

\$100,000+

2018 Big Game Battle
4th Annual Home Base Golf
Tournament at Pelican’s Nest
Golf Club
7th Annual Home Base Golf &
Family Day at Kensington Golf
& Country Club
Anonymous
BAE Systems
Dion Family Foundation
Home Base No Shave
Fisher House Foundation
Hanscom Federal Credit Union
Charitable Foundation, Inc.
Havas Worldwide Health
Holly and David Bruce
John Hancock
Kelleher Family Charitable Trust
Mr. Christopher McGrath
Mr. Thomas C. Werner
Ms. Jean C. Tempel
New Balance
Raytheon Company
Red Sox Foundation
SEAL Legacy Foundation
Spier Family Foundation
Sudbury for Wounded Warriors
The Highland Street Foundation
Werner Family Foundation
Wounded Warrior Project

\$50,000+

3rd Annual Home Base Golf
Tournament at Quail Creek
Country Club
5th Annual Home Base/LABUR Golf
Outing at Pocasset Golf Club
Bank of America
Digital Federal Credit Union
General Dynamics
Keel Foundation
MetLife Foundation
Mr. and Mrs. Michael J. Meehan
Mr. and Mrs. Peter H. Smyth
Richard M. and Nancy S. Kelleher
Team GJH
The Boston Red Sox

\$25,000+

Boston Duck Tours
Federal Express Corporation
First Lieutenant Derek S. Hines
Memorial Fund
Mr. and Mrs. Edward J. Ludwig
Mr. and Mrs. Frank E. Zavrl
Mr. and Mrs. Glenn Alto
Mr. and Mrs. Jack Connors
Mr. and Mrs. Stephen M. Brackett
Mr. and Ms. Michael D. Ludwig
Mr. Brendan T. Mahoney
Mr. Steve Melz
Ms. Donna M. Murphy
Pliny Jewel IV
Shields Healthcare Group, Inc.
The TJX Companies, Inc.
The TJX Foundation, Inc.

\$10,000+

Amanda Hume
AT&T
BAE Systems Shared Services Inc.
BGLLC
Brian Bergson
BTIG, LLC
Cachats for the Troops
CBRE
Cigna
Commonwealth Financial Network
Cranmore Mountain Resort
Daymark Solutions
Dell EMC Veterans and Supporters
Doris L. Benz Trust
Eastern Bank Charitable Foundation
Ezra Levine
Framingham Police Department (MA)
Granite Bench Charitable Foundation
Hamilton Company
Charitable Foundation
Janice Furtados Troops
John P. Casey
Jordan L. Shapiro Charitable Trust
King-White Family Foundation
Margulies Perruzzi Architects (MPA)
Roof Deck Celebration
Mark Dearborn
Marshalls4Vets
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Mr. Michael Dunford and
Ms. Kathryn Dunford
Mr. Paul J. Marotta
Mr. Spencer Jordan Hitch
Mr. Travis M. Rhodes
Ms. Ellen Cunniff
Myevent.com Inc.

Nancy W. Adams and Scott A. Schoen
NeuroRestorative
New England Sports Network
Operation: Heal Our Heroes
Patricia A. Jacobs, PhD
Peter H. Smyth 2004 Trust
Pharmaceutical Research and
Manufacturers of America
Power Family
Red Sox Team 9
Service Credit Union
Shire Pharmaceuticals
Spaulding Rehabilitation Hospital
Suffolk Construction
Sugarbush Resort
TaRDy
Tea for the Troops
Team Daymark
Technical Communications
Corporation
The Ruth Lilly
Philanthropic Foundation
TJ’s Team
Wachusett Mountain
We Run for Heroes

\$5,000+

#MGH Information Systems
3-126 AVN KFOR Family and Friends
Ashley Hines Randi
Aspect Community
Commitment Fund
Ballybreen Ventures LLC
Berkshire Outdoor Center:
Becket-Chimney Corners YMCH
Boston Police Department (MA)
Charles E. Harwood Trust –
Janice Weyland Sinclair TTEE

Chelmsford Police Department (MA)
Coca-Cola Bottling Company
of Northern New England
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Mrs. Jane E. Bachman
Cousin Brothers
Dan Arkins’ 2018 Bataan Memorial
Death March Fundraiser
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Darrin Lang
Dave Clark
David F. Torchiana and Lisa
Torchiana
Deloitte
Dick George/101st Airborne
Division Association
Dom Taverna
Douglas Shaw
East Providence Police
Department (RI)
Everett Police Department (MA)
Frederick O. Watson Foundation
GE Greater Boston
Veterans Network
Horizon Beverage
Ice Stars for Wounded Warriors
Hockey Tournament
Income Research and Management
Jase Chasers
Kate Trevor
Ludwig Family Charitable Fund
Maj. Gen. (Ret.) Peter M. Aylward
and Sandra Aylward
Malden Police Department (MA)
Margulies Perruzzi Architects
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Police Department (MA)
Matthew Knight
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MetLife

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Mr. Joe Flynn
Mr. John Goetz
Mr. John P. Casey
Mr. John Tabor
Mr. Joseph D’Arrigo
Ms. Kersten L. Kremer
Ms. Margaret D. Goetz

Museum of Science
Paris Family Foundation
Pawtucket Police Department (RI)
Piet Gauchat
Rave Mobile Safety
Robert G. Yerks
RSM Boston Foundation
Run for the heroes
Sassy Soldiers & Brazen Bro’s
Senator and Mrs. Paul G. Kirk, Jr.
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Soldier On 2018
SoleMates
SPEC OPS
Stacey Drubner
Team Burrito!

Team Defiance
Team Impact
Team JCH 2018
Team Keohane
Team Kil
Team Michael Hogan Smith
Team Patin
Team SJ Rox the Sox
TeamWolf
The Angry 320
The Michael T. Sherman Foundation
Touchstone Trotters
Walking Warriors
Waltham Police Department (MA)
Wilmington Police Department (MA)





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FY18

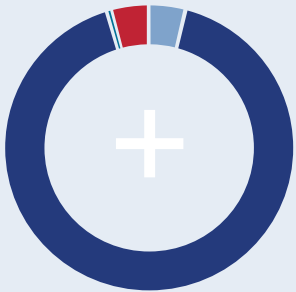
Home Base is a non-profit operating under the Massachusetts General Hospital 501c3 with an Overseers Board comprising the leadership of the MGH and Boston Red Sox.

When you donate, funds go directly to support the Home Base Program. Approximately 85% of funds raised go towards our mission to heal the invisible wounds of war for Veterans, Service Members and their Families through world-class clinical care, wellness, education, and research. 15% of funds raised philanthropically go towards the infrastructure costs that Massachusetts General Hospital provides, to include human resources, finance, legal, police, and security. In addition, costs and staff associated with raising funds at Home Base are provided at no cost to the Program by MGH.

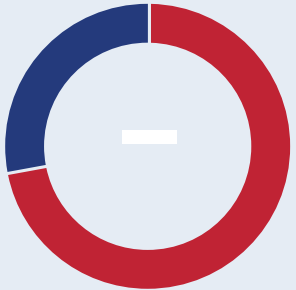
All services at Home Base are provided at no cost to Veterans, Service Members and Families. The education we provide to healthcare professionals and first responders to better recognize and treat folks suffering from the invisible wounds of war are also provided at no cost.

85% OF FUNDS RAISED support our mission to heal the invisible wounds of war for Veterans, Service Members and their Families

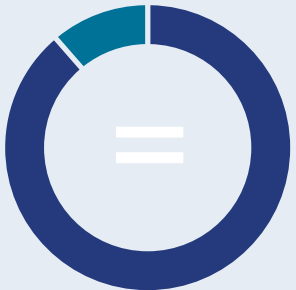
Third Party Revenue.....	641,364	●
Contributions.....	15,459,241	●
Government Funding.....	628,667	●
Investment Income.....	46,391	●
Total Revenue.....	16,775,663	



Sub-total Program Costs.....	10,742,131	●
Indirect Costs.....	1,336,513	●
Total Program Costs.....	12,078,644	



Sub-total Gain/(Loss) from Operations.....	4,697,019	●
Prior Year Cash Balance.....	1,846,050	●
Total Gain/(Loss) from Operations.....	6,543,069	



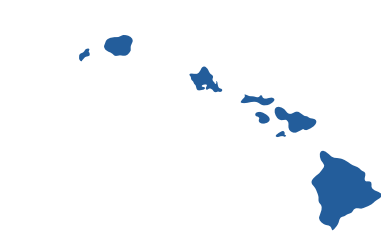
In-Kind Support.....	1,587,584
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3K new social media followers

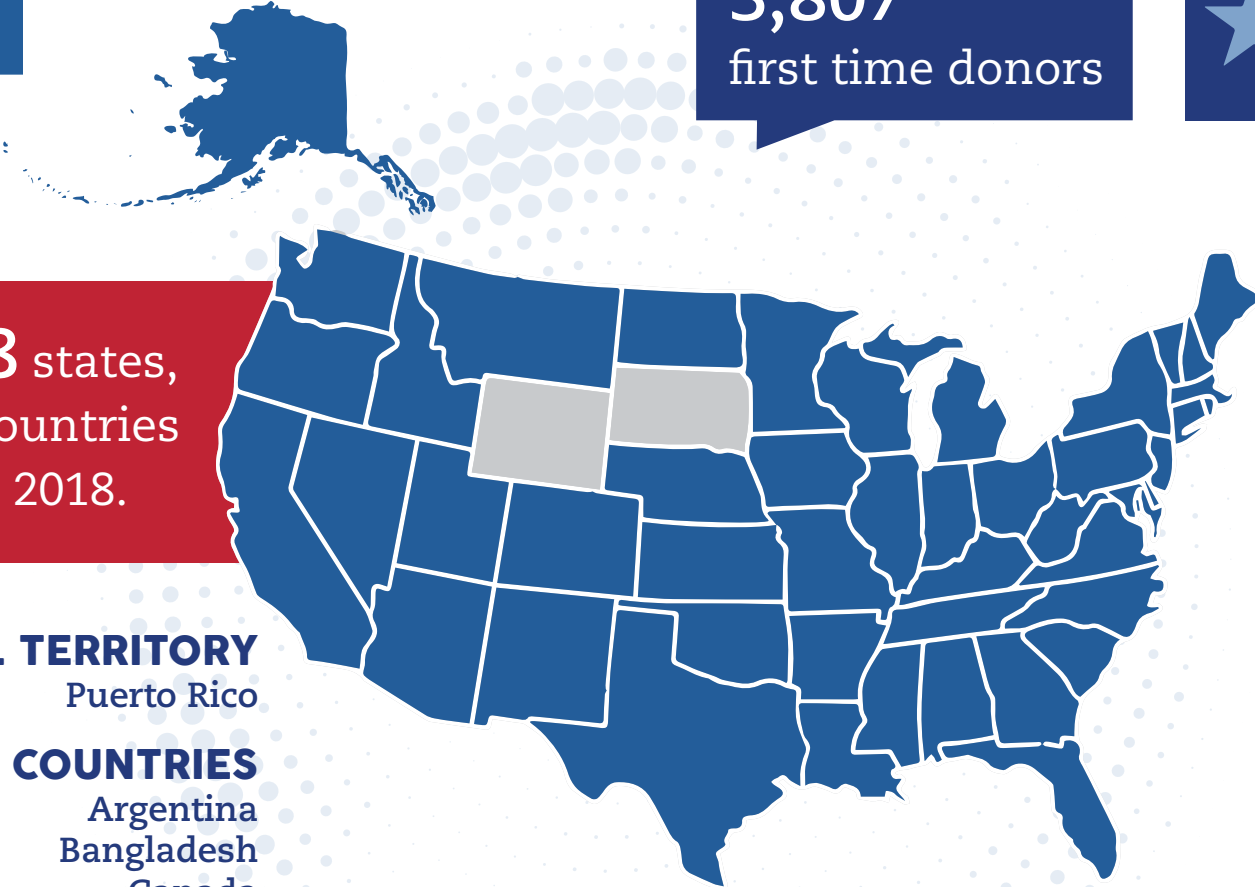
Home Base appears in more than 150 news stories

3,807 first time donors

6,526 donors from 48 states, 1 U.S. Territory, and 6 countries supported Home Base in 2018.



- U.S. TERRITORY
Puerto Rico
- COUNTRIES
Argentina
Bangladesh
Canada
Switzerland
United Kingdom
United States



34 community fundraisers were hosted in support of Home Base, raising more than \$1.16 million.

SUPPORT HOME BASE

Home Base is a philanthropically driven organization, operating on more than 80% of support from donors like you. Every dollar of your tax-deductible gift to Home Base will help fund programs that provide clinical care and support services to help Veterans, Service Members and their Families recover from the invisible wounds associated with Military service.

- One-Time Donation
- Monthly Donation
- Honorary & Memorial Tribute
- Donate via Mail
- Wire Transfer
- Stock Transfer
- Employer Matching Gifts
- Donor Advised Fund
- Planning Giving
- Major Gifts
- Celebration Gifts

★ www.homebase.org/contribute

If you or your company would like to support us, or wish to speak with us about becoming a strategic partner, please contact Karianne Kraus, Senior Director of Development, Home Base at (617) 724-3790 or email kkraus@partners.org.



VOLUNTEER

There are many ways you can lend your time, energy and support to Home Base to help the Veterans, Service Members and Military Families we serve. Opportunities include assisting at one of our fundraisers, spreading awareness about our care and services at outreach events, or helping Home Base staff in our clinic. To learn more about volunteer opportunities at Home Base, email homebasevolunteerdept@partners.org.

HOST AN EVENT

You can turn your efforts and/or hobby into a fundraiser to benefit Home Base. Encourage donations in lieu of birthday or wedding gifts, hold your own special community event, or create a custom page to raise money from friends and colleagues toward a specific milestone.



BECOME A SOCIAL AMBASSADOR

Home Base's social community is passionate about Veterans' issues, our mission, and are enthusiastic about engaging others in the conversation. If you have a willingness to use your social media power to spread the word about Home Base's impact, we welcome you to join our social community by following [@homebaseprogram](https://twitter.com/homebaseprogram) across all social channels.





homebase.org